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The Admiral
1970

Cradock High School
Portsmouth, Virginia
Volume 31

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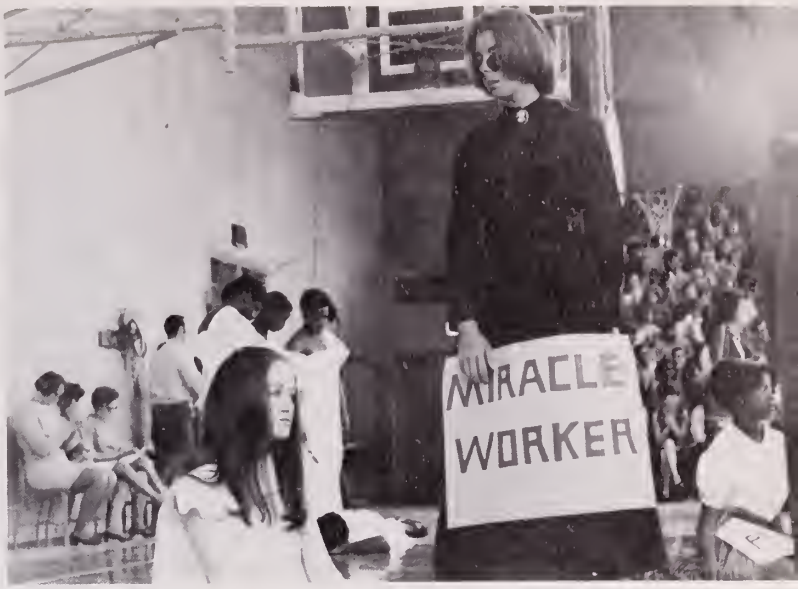


Cadence is a rhythmic pattern of man to enhance the progression of his life. The cadence of a year may be brief in length of time, but it can produce many changes in the personality of an individual. In year's when this book's pages have yellowed with age, the individual will still possess his own pattern in life. This book is dedicated to the preservation of one year of that pattern . . . of man's cadence at Cradock High School.

Life's Changing Tempo

. . . the warmth of concern,
. . . the satisfaction of teamwork,
. . . the security of friendship.

Harmony

. . . the blending of races,
. . . respect for authority,
. . . the ability to
love life.

Potpourri

Even as the beat of the bongo is rapid, abrupt, so are the follies of life at Cradock High . . . A dispersed cadence—fulfilling, exciting, yet at times, almost reverent.

Reflections

The silence echoes man's triumphs, as the pace of time drums forever in his mind . . . sometimes easy, sometimes hard fought, but evermore remembered.

C

Utopia

. . . Faith in wise counsel,
. . . Empathy for need,
. . . Suspension of cares.

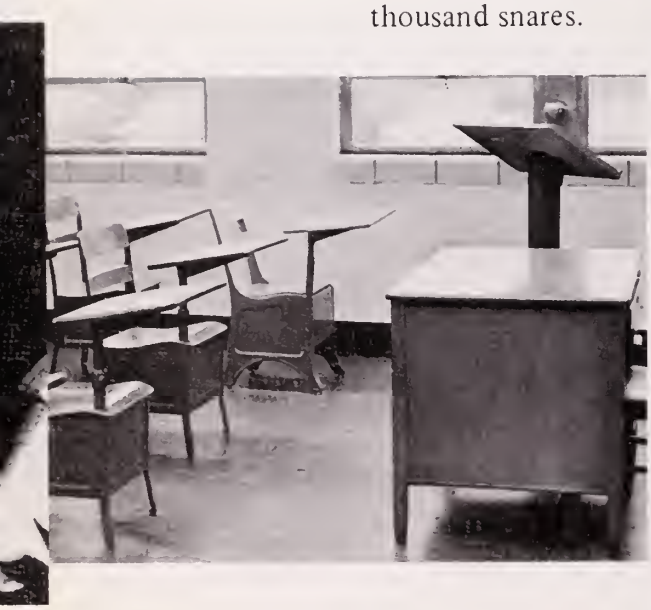
La Dedication Pour Madam Bruce

All hearts grow warmer in the presence
Of one who, seeking not his own,
Gave freely for the love of giving,
Nor reaped for self the harvest sown.
Thy greeting smile was pledged and prelude
Of generous duels and kindly words;
In thy large heart were fair guest-chambers,
Open to sunrise and the birds.

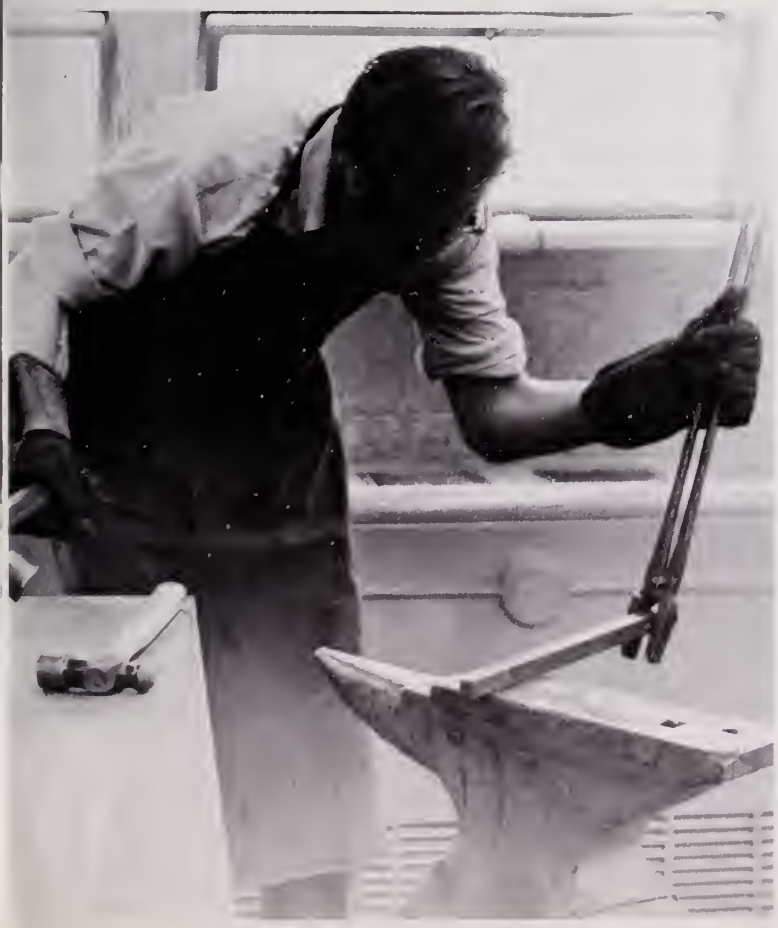
John Greenleaf Whittier

Classes

. . . flowing, restless; eager to
know what lies ahead,
. . . demanding reason;
questioning,
. . . the powers of a
thousand snares.



BOYS



Robert Earnest Adams
Perry Franklin Allison

Vickie Lou Allison
Dwight Maurice Andrews

Class Officers: Susan Grigas, Secretary; Acey Ballard, Vice-President; Mary McEachern, Treasurer; Billy Deal, President. Center: Satan Huneycutt.

John Arent Anton
Nancy Marie Babb
Barbara Ann Bailey
Michelle Renee Bailey

Clyde Furman Baker
Danny Lee Baker
Keith Baker
Jerry Franklin Ballard

Carlton Wayne Banks
Deborah Jean Barbour

Deborah Yvette Battle
William Thomas Beacham

Senior Class Sponsors—Mr. John Wulzer and Mrs. Elizabeth Morgan.

Class of '70 Well Guided By Sponsors And Officers

Adams, Robert Earnest . . . Porkey . . . D.E. No. 1 Candy Salesman, D.E. 1, Epsilon Tri Sigma, Sgt. of Arms, Jr.-Sr. Prom Comm., Track, Wrestling, 4 yrs., Baseball, Football.

Allison, Perry Franklin . . . Bible Club, 3 yrs., Treas., 1 yr., Chaplain, 1 yr., Homecoming Comm., 2 yrs., Student Forum Del, 1 yr., Participant in Talent Show.

Allison, Vickie Lou . . . D.E.C.A., 2 yrs., Treas., 1 yr., Kappa, 3 yrs., Scrapbook Comm., 2 yrs., Pep Club, 2 yrs., Role in "Dawn Will Come", Fresh.-Soph. Prom Comm., 1 yr.

Andrews, Dwight Maurice . . . Alt. to Boys' State, Able and Ambitious Program, Local White House Conference on Children and Youth, 1 yr., All-State Orchestra, 3 yrs., All-City Orchestra, 1 yr. Orchestra, 3 yrs., Solo & Ensemble Contest, 2 yrs., French Club, 1 yr. (Norcom), Prom Comm., 1 yr., Tutor at Riddick-Weaver.

Anton, John Arent . . . D.E., 2 yrs., Pres.

Babb, Nancy Marie . . . Admiralettes, 1 yr., Delta, 2 yrs., Historian, 1 yr., Pep Club, 2 yrs., Inter-Club Council, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Homecoming Comm., 2 yrs., Hrm. Treas., 1 yr., Stage Manager 1969 play.

Bailey, Barbara Ann . . . Service Award, Alt. to Girls' State, Rep. to Bellamy Award, S.C.A., 3 yrs., Sec., 1 yr., Student Forum Sec., Student Forum Del., Jr. Class Treas., S.C.A. State Advisory Board, S.C.A. Regional Rep., Del. to S.C.A. State Forum, 2 yrs., Del. to S.C.A. District Conference, 2 yrs., Del. to S.C.A. State Conference, 2 yrs., March of Dimes City Teen Chrm., 3 yrs., Devotions. Comm. Chrm., Point System Chrm., Service Awards Chrm., Calendar Comm. Chrm., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., Admiralettes. 2 yrs., Delta, 1 yr., "Miss Cradock" Contest.

Bailey, Michelle Renee . . . Science & Math Club, 1 yr., Bible Club, 3 yrs., Treas., 1 yr., Admiralettes, 1 yr., Fresh.-Soph. Prom Comm., Girls' Chorus, 8th Grade Chorus.

Baker, Clyde Furman . . . "Most Spirited," Cradock Admiral, 8th Grade Basketball, J.V. Wrestling, 1 yr., Varsity Wrestling, 1 yr.

Baker, Danny Lee . . . D.E., 2 yrs., Y.M.A., 1 yr., J.V. Football, 1 yr.

Baker, Keith . . . I.C.T., 2 yrs., Treas., 1 yr., Pres., 1 yr., 8th Grade Football, Fresh.-Soph. Prom Comm.

Ballard, Jerry Franklin . . . Acey . . . "Best All Around," Service Award, Boys' State, Perfect Attendance, 3 yrs., Disc-O-Ten Rep., Jr. Class Pres., Sr. Class V-Press., Student Forum Del., 2 yrs., S.C.A., 1 yr., Traffic Comm., Chrm., 1 yr., Christmas Mail Service Chrm., 1 yr., Y.M.A., 3 yrs., Monogram Club, 3 yrs., Homecoming Comm., 3 yrs., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Pep Club, 1 year, J.V. Basketball, 1 yr., Varsity Basketball, 3 yrs., J.V. Golf, 2 yrs., J.V. Football, 1 yr. Varsity Football, 1 yr., All-South-eastern District Football Team, Escort in Homecoming, 2 yrs., Escort in "Miss Cradock" Contest, Delta Sweetheart, 1 yr.

Banks, Carlton Wayne . . . Sugar Bee . . . Chorus.

Barbour, Deborah Jean . . . Debbie . . . "Cutest," Homecoming Rep., 1 yrs., "Miss Cradock" Contest, 1 yr., Admiralettes, 1 yr., Pep Club 1 yr., F.B.L.A., 1 yr., V-Pres., 1 yr., Student Forum Del., 1 yr., Alt., 2 yrs., Fresh.-Soph. Prom Comm., Jr.-Sr. Prom Comm., Girls' Chorus, 1 yr., Girls' Ensemble, 1 yr.

Battle, Deborah Yvette . . . Debbie . . . Band Letter and Stars, Band, 4 yrs., Regional Band, 2 yrs., Orchestra, 1 yr., Girls Track Team, 2 yrs.

Beacham, William Thomas . . . Tommy . . . D.E.C.A., 2 yrs., Chaplain, 1 yr., District D.E. Contest, 2 yrs., 8th Grade Chorus.

Seniors Remember Up-coming Classes In Will and Testament

Beaver, Dale Lamont . . . Baseball Letter, J.V. Baseball, 1 yr., Varsity Baseball, 1 yr., 8th Grade Basketball.
Bivens, Barbara Kay . . . Barb . . . N.H.S., 2 yrs., F.B.L.A., 1 yr., V.O.T., 1 yr., Admiralettes, 2 yrs., Bible Club, 2 yrs., Pep Club, 2 yrs., Fresh.-Soph. Prom Comm., 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Homecoming Comm., 1 yr., Dress & Appearance Comm., Main Office Asst., 1 yr., Ports. Jr. Miss Pageant.
Blake, John Wesley . . . V.I.C.A.
Bond, Robert David . . . All-Regional Band, 1 yr., Alt., 1 yr., Workshop Band. 1 yr., Science & Math Club, 5 yrs., F.M.A. , 2 yrs., Stage Band, 1 yr., Marching Band, 5 yrs., Concert Band, 5 yrs., Lab. Asst., 2 yrs.
Boone, Ruth Thomasine . . . D.E., 2 yrs., Debate, 1 yr., 8th Grade Chorus, Girls Glee Club.
Booth, John Gregory . . . Johnny . . . D.E., 1 yr., Industrial Arts Club, 1 yr.
Boston, Doneldia
Boyer, David Joseph . . . Gomez . . . Perfect Attendance, 4 yrs., 2nd place school debate, 1st place district, Debate, 2 yrs., Tennis, 3 yrs., Workshop Chorus, 2 yrs., Regional Chorus, 1 yr., Madrigal, 1 yr., Mixed Chorus, 2 yrs., Boys Chorus, 1 yr., Homecoming Comm., 2 yrs., Student Announcer, Role in "Guys and Dolls", and "Visit to a Small Planet".
Boyer, Debra Jean . . . Debbie-Jean . . . Perfect Attendance, 3 yrs., Del. To N.H.S. Convention, N.H.S., 2 yrs., Scrapbook Comm. Chrm., Kappa, 2 yrs., Scrapbook Comm. Chrm., F.T.A., 2 yrs., Sec., 1 yr., Fresh.-Soph. Prom Comm. 1 yr., Homecoming Comm., 4 yrs., Mixed Chorus, 1 yr., Girls Chorus, 1 yr., Girls Ensemble, 2 yrs., Alt. Student Forum Del., 1 yr., Hrm. Treas., 2 yrs.
Bracy, Joseph William . . . Joe Crip . . . Track Letter, 2 yrs., Spring Track, 3 yrs., Indoor Track, 2 yrs.
Bradshaw, Douglas . . . Doug . . . I.C.T., 2 yrs.
Briggs, Debra Lynn . . . Debbie . . . N.H.S., 2 yrs., Pep Club, 1 yr., Kappa, 2 yrs., Homecoming Comm., 1 yr., Fresh.-Soph. Prom Comm., Jr.-Sr. Prom Comm., Hrm. Treas., 1 yr.
Brinson, Robert Edward . . . Brindy . . . Student Forum Del., 1 yr., Fresh.-Soph. Prom Comm., Jr.-Sr. Prom Comm., Homecoming Comm., Role in "Visit to a Small Planet".
Broadnax, Earline . . . Mixed Chorus, 1 yr., Girls Glee Club, 2 yrs.
Brown, Delores Gayle . . . Student Forum Del., 1 yr., Alt., 1 yr., Delta, 4 yrs., Pep Club, 2 yrs., F.T.A., 1 yr., Jr.-Sr. Prom Comm., Varsity Cheerleader, 1 yr., Role in "Gentlemen Prefer Blondes", Library Asst., 1 yr., Infirmary Asst., 1 yr.
Brown, Michael Augustus . . . Mike . . . Band Letter and Star, Band, 3 yrs., Stage Band, 1 yr., Band Council, 1 yr., Monogram Club, 2 yrs., Homecoming Comm., 1 yr., Student Forum Del., 1 yr., J.V. Basketball, 1 yr., J.V. Baseball, 1 yr.
Brown, Steve James . . . Burns . . . Y.M.A., 3 yrs., Treas., 1 yr., Traffic Comm., J.V. Wrestling, 2 yrs.
Bryant, Debora Lee . . . Debbie . . . Art Dept. Award, 3rd place Log Art Award, N.Jr.H.S. (Quantico High School), N.H.S., 2 yrs., Pep Club, 1 yr., Admiralettes, 2 yrs., Homecoming Comm., Jr.-Sr. Prom Comm., Student Forum Del.
Buchanan, John Dante . . . N.H.S., 2 yrs., Debate, 1 yr., Golf, 3 yrs.
Bunting, Bruce Ashby . . . Pancho . . . Monogram Club, 4 yrs., Bible Club, 1 yr., Homecoming Comm., 1 yr., Jr.-Sr. Prom Comm., 1 yr., Debate, 1 yr., Student Forum Del., 1 yr., J.V. Wrestling, 1 yr., Cross-Country Track, 3 yrs., Indoor Track, 3 yrs., Spring Track, 1 yr., Tennis, 3 yrs.

Dale Lamont Beaver
Barbara Kay Bivens
John Wesley Blake
Robert David Bond

Ruth Thomasine Boone
John Gregory Boothe
Doneldia Boston
David Joseph Boyer

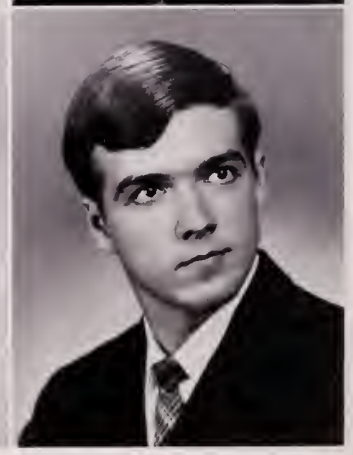
Debra Jean Boyer
Joseph William Bracy
Douglas Bradshaw
Debra Lynn Briggs

Robert Edward Brinson
Earline Broadnax
Delores Gayle Brown
Michael Augustus Brown

George Overton, Class Lawyer; Jim Malcolm, Carol Hamilton, Song Writers; Linda Wright, Poet.

Steve James Brown
Debora Lee Bryant

John Dante Buchanan
Bruce Ashby Bunting

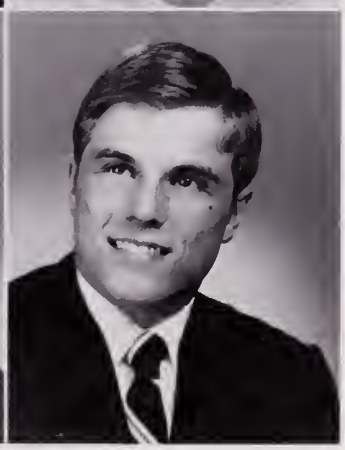


David Kee Butler
Solomon Jeremiah Carey
Juanita Lawrence Carr
Penelope Victoria Carter

Deborah Lorene Cassidy
Margaret Louise Chappell
Lynette Deleine Charity
Barbara Ray Coleman

Morris Hill Cooper
Katherine Anne Corprew
Jean Anne Cromartie
Regina Irish Cummings

Ronnie Lynn Curtis
Maurie Lynn Daughtry
Glenn Keith Davenport
Donald Dana Davis



Horace Durham Davis
Kenneth Wayne Davis
Roderick Daring Davis

Douglas Earl Day
Theresa Lee Daye
William Franklin Deal

Mary McEachern, Homecoming Queen, is popular with everyone!

Seniors Are Proud Of Their Homecoming Queen

Butler, David Lee . . . National Lomb Award, Scholastic Team, N.H.S., 2 yrs.
Carey, Solomon Jeremiah . . . Regional Chorus, 1 yr., Workshop Chorus, 2 yrs., 2nd and 3rd places in D.E. Sales Contest, D.E., 2 yrs., T.A.P.P., 2 yrs., Madrigal, 1 yr., Mixed Chorus, 2 yrs., Jr.-Sr. Prom Comm., Student Forum Del., 1 yr., Wrestling, 1 yr., Role in "Guys and Dolls".
Carr, Juanita Lawrence . . . Girls Glee Club, 1 yr.
Carter, Penelope Victoria . . . Penny . . . Perfect Attendance, Bible Club, 1 yr., Kappa, 2 yrs., Admiralettes, 1 yr., Pep Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Homecoming Comm., 2 yrs., Band, 1 yr., Main Office Asst., 1 yr., Admiral Staff, 1 yr., Back Stage Sr. Class Play.
Cassidy, Deborah Lorene . . . Debbie . . . Attendance Office Asst., 1 yr., Mr. Byrd's Asst.
Chappell, Margaret Louise . . . D.E.C.A., 2 yrs., F.B.L.A., 1 yr.
Charity, Lynette Delcine . . . Service Award, 1st place French Contest, Water Pollution Essay and Project, Able and Ambitious Program, N.H.S., 2 yrs., French Club, 1 yr., Tri-Hi-Y Club, 1 yr., Gra-Y, 1 yr., (Norcom), Science & Math Club, 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Co-chrm., Homecoming Comm., 2 yrs., Co-chrm., 1 yr., College Night Student Co-ordinator, S.C.A., 1 yr., Alt. Student Forum Del.
Coleman, Barbara Ray . . . Pep Club, Bible Club, G.A.A. (Churchland).
Cooper, Morris Hill . . . D.E.C.A., 1 yr., Pep Club, 1 yr., Y.M.A., 5 yrs., V-Pres., 1 yr., Homecoming Comm., 3 yrs., Delta Sweetheart, 1 yr., 8th Grade Basketball, J.V. Baseball, 1 yr.
Corprew, Katherine Anne . . . Kathy . . . Kappa, 1 yr., Pep Club, 1 yr., Band, 5 yrs., Office Asst., 2 yrs., Infirmary Asst., 1 yr.
Cromartie, Jean Anne . . . Jeannie . . . Service Award, Regional Chorus, S.C.A., 1 yr., Toys for Tots Comm., Chrm., Del. to District S.C.A. Conference, Tuberculosis Board, 1 yr., Homecoming Comm., 2 yrs., Chrm., 1 yr., Jr.-Sr. Prom Comm., 1 yr., Madrigal, 1 yr., Mixed Chorus, 1 yr., Girls Glee Club, 1 yr., Track, 2 yrs.
Cummings, Regina Irish . . . Gina . . . Regional Chorus, N.H.S., Chorus, Band 5 yrs., Flag Bearer, Orchestra, Girls Intramural Basketball.
Curtis, Ronnie Lynn . . . Ronnie . . . Homecoming Comm., 1 yr., J.V. Baseball, 1 yr., Tennis, 1 yr.
Daughtry, Maurie Lynn . . . Perfect Attendance, D.E., F.B.L.A., Track, 2 yrs.
Davenport, Glenn Keith . . . Y.M.A., 1 yr., I.C.T., 2 yrs., Boys Glee Club, 1 yr.
Davis, Donald Dana . . . Chorus, 4 yrs., Spring Track, 3 yrs., Indoor Track, 1 yr.
Davis, Horace Durham . . . Y.M.A., 2 yrs., Homecoming Comm., 1 yr., Traffic Comm., 1 yr., Fire Drill Comm., 1 yr.
Davis, Kenneth Wayne . . . Kenny . . . Y.M.A., 1 yr.
Davis, Roderick Daring . . . Rod . . . Track Varsity Letter and Stars, Science & Math Club, 3 yrs., Monogram Club, 1 yr., Student Forum Del., 1 yr., Cross-Country Track, 4 yrs., Indoor Track, 4 yrs., Spring Track, 4 yrs.
Day, Douglas Earl . . . Doug . . . D.E.C.A., 1 yr., Y.M.A., 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Homecoming Comm., 1 yr., Stage Crew, 1 yr., Cross-Country Track, 1 yr., Outdoor Track Manager, 1 yr.
Daye, Theresa Lee . . . Teddy . . . Basketball, Volleyball, Gymnastics.
Deal, William Franklin . . . Billy . . . Service Award, Football and Baseball Letters, Outstanding Teenager, N.H.S., 2 yrs., Fresh. Class V-Pres., Soph. Class V-Pres., St. Class Pres., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., Office Asst., 8th Grade Football, J.V. Football, 1 yr., Varsity Football, 8th Grade Basketball, J.V. Basketball, J.V. Baseball, 2 yrs., Varsity Baseball, 3 yrs.

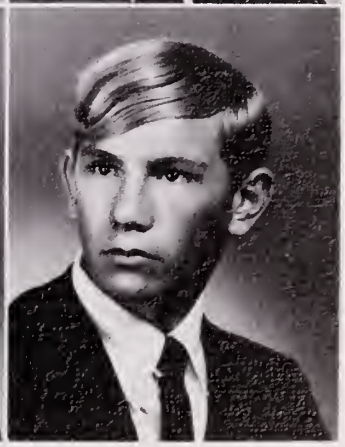
Senior Activities Keep Class Of '70 On Their Toes

Dempsey, Connie Raw . . . V.I.C.A., 1 yr., F.T.A., 1 yr., Pep Club, 2 yrs.
Diddle, David Arthur . . . Doc . . . Perfect Attendance, 5 yrs., Letter and Stars for Golf, Monogram Club, 3 yrs., Y.M.A., 2 yrs., Treas., 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Golf, 3 yrs., J.V. Golf, 2 yrs.
DiPietro, Joseph Samuel . . . Scooter . . . Athletic Merit Award, 3rd place in National Geometry Test, Alt. to Science Symposium, Band Letter, N.H.S., Science & Math Club, 4 yrs., Lab Asst., 1 yr., Gym Asst., 1 yr., Marching Band, 4 yrs., Stage Band, 1 yr., Festival Band, 4 yrs., Band Staff, 1 yr., Tennis, 2 yrs.
Dowell, Wanda Basada . . . Bugus . . . Tidewater Teens, 1 yr., Jr.-Sr. Prom Comm., Alt. Student Forum Del., 1 yr., Interacial Comm., 1 yr., Admiral Staff, 1 yr., Participant in Talent Show, Cafeteria Asst., 3 yrs., Girls Chorus, 2 yrs., Sec., 1 yr., Mixed Chorus, 1 yr., Workshop Chorus, 1 yr., Regional Chorus, 1 yr., Girls Intramural Basketball.
Edwards, Troy Ricky . . . Rick . . . D.E., 1 yr., Band, 4 yrs.
Elliott, Inez Kay . . . Kay . . . D.E.C.A., 1 yr.
Ellis, William Shelly . . . Perfect Attendance, 4 yrs., N.H.S., 1 yr., Homecoming Comm., 1 yr., Kappa Sweetheart, 1 yr.
Faircloth, Denise Thomasine . . . Necie . . . Dramatics, 1 yr., Pep Club, 1 yr., Admiralettes, 1 yr., Science & Math Club, 1 yr., Jr.-Sr. Prom Comm., Homecoming Comm., 2 yrs., Shipmate Staff, Student Director of Sr. Class Play, Lab. Asst.
Faircloth, Teresa Diane . . . Shorty . . . . Pep Club, 1 yr., Girls Glee Club, 1 yr., Student Forum Del., Girls Intramurals.
Faulkner, Charles Allen . . . Butch . . . V.I.C.A., 1 yr.
Fitton, David Mitchell . . . Sports Letters, D.E.C.A., 1 yr., Y.M.A., 3 yrs., Bible Club, 1 yr., Traffic Comm., 1 yr., Golf, 5 yrs., Track, 1 yr., Wrestling, 2 yrs., Basketball, 1 yr., Football Manager, 2 yrs., Bookroom Salesman, 2 yrs.
Fogleman, Brenda Darlene
Forbes, Philip Coleman . . . Phil . . . Y.M.A., 1 yr., Delta Sweetheart, 1 yr., Golf, 4 yrs., Wrestling, 2 yrs.
Ford, Lillian Jeanette . . . Perfect Attendance, 3 yrs., Del. to Southern Interscholastic Press Assoc., N.H.S., 2 yrs., Treas., 1 yr., Quill and Scroll, 2 yrs., F.T.A., 3 yrs., Chaplain, 1 yr., Point Chrm, 1 yr., Pep Club, 3 yrs., Kappa, 2 yrs., Delta, 1 yr., Student Forum Del., 4 yrs., Admiral Staff, 2 yrs., Co-Editor, 1 yr., 8th Grade Chorus, 1 yr., Girls Chorus, 1 yr., Mixed Chorus, 1 yr., Madrigal, 1 yr., Ports. Jr. Miss Pageant, 1 yr.
Freeman, Barbara Jean . . . Plump . . . D.E.C.A., 1 yr., Chorus, 2 yrs., Role in "Guys and Dolls", Modern Dance, 1 yr.
Freeman, Ulysses Sylester . . . Porgy . . . Role in "Visit to a Small Planet".
Futrell, Joan Fontaine . . . Mixed Chorus, 1 yr., Modern Dance, (Snyder High School), 1 yr.
Gainey, Linda Claudia . . . Little Bit . . . I.C.T., Girls Chorus, Mixed Chorus.
Garner, Robert David . . . Y.M.A., 3 yrs., Pres., 1 yr., Sec., 1 yr., Pep Club, 2 yrs., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., Fire Drill Comm., 2 yrs., Traffic Comm., 1 yr., Homecoming Comm., 2 yrs., Band, 2 yrs.
Gatling, Barbara Jean . . . Cookie . . . Homecoming Comm., 1 yr., Cafeteria Asst., 1 yr., Girls Intramurals.
Gent, Larry Douglas . . . "Most Athletic," Southeastern District Baseball Team, Jr. Class V-Pres., Monogram Club, 1 yr., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., 8th Grade Football, 1 yr., J.V. Football, 1 yr., Varsity Football, 3 yrs., Varsity Baseball, 4 yrs., Student Forum Del.
Gibson, Frank . . . Immortal . . . J.V. Football, 1 yr., J.V. Baseball, 1 yr., Varsity Baseball, 2 yrs.

Connie Rae Dempsey
David Arthur Diddle
Joseph Samuel DiPietro
Wanda Basada Dowell

Troy Ricky Edwards
Inez Kay Elliott
William Shelly Ellis
Denise Thomasine Faircloth

Tommy White and his "fianee" Mareia Reed talk with her mother, Barbara Flanagan, in the Senior Class Play.



Teresa Diane Faireloth
Charles Allen Faulkner
David Mitchell Fitton
Brenda Darlene Fogleman

Philip Coleman Forbes
Lillian Jeanette Ford
Barbara Jean Freeman
Ulysses Sylester Freeman

Joan Fontaine Futrell
Linda Claudia Gainey
Robert David Garner

Barbara Jean Gatling
Larry Douglas Gent
Frank Gibson

Judy Denise Gilliland
Drema Tilley Gore
Colleen Ross Green
Richard Lee Green

Robert Martin Green
Rosa Lee Green
Susan Lamar Grigas
Delitha Carol Hamilton

Dolores Starr Hand
Delvonia Mania Harris
Geraldine Harris

James Alexander Harris
David Edward Hartman
Teresa Lynn Hawkins

Friendliest–Hank Jacocks, Cynthia Ruiz. **Most Athletic**–Larry Gent, Lecta Riddle (absent).

Joe Benjamin Herring
William Donald Hogge
James Leroy Holt
Philip Taylor Hooper

Frederick Rudolph House
Charles Anderson Hundley
Sidney Augustus Hunt
Lynn E'vonne Jackson

Seniors Concentrate On Friendliness

Gilliland, Judy Denise . . . Judy . . . D.E., 2 yrs., Girls Chorus, 3 yrs., Mixed Chorus, 2 yrs.

Gore, Drema Tilley . . . V.O.T., 1 yr., Kappa, 1 yr., Delta, 1 yr., Pep Club, 3 yrs., Homecoming Comm., 1 yr., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., Student Forum Del., 2 yrs., Alt., 1 yr., Chorus, 1 yr.

Green, Colleen Ross . . . Service Award, Va. Girls State, 1 yr., N.H.S., 2 yrs., Pep Club, 2 yrs., Admiralettes, 1 yr., Homecoming Comm., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Student Forum Del., 1 yr., Alt., 1 yr., Hrm. Treas., 1 yr., "Miss Cradock" Contest, 2 yrs., Soph. Rep. for Track Carnival Queen, 8th Grade Cheerleader, J.V. Cheerleader, 1 yr., Varsity Cheerleader, 2 yrs., Co-capt., 1 yr.

Green, Richard Lee . . . Ricky . . . Cross-Country Track Letter, Indoor Track Star, Monogram Club, 8th Grade Football, 8th Grade Basketball, J.V. Baseball, 1 yr., Cross-Country Track, 1 yr., Indoor Track, 1 yr.

Green, Robert Martin . . . Football Letter, Latin, 2 yrs., Football, Tennis.

Green, Rosa Lee . . . Jr.-Sr. Prom Comm., Homecoming Comm., 1 yr.

Grigas, Susan Lamar . . . Susan . . . Perfect Attendance, 3 yrs., Best Citizen, Va. Girls State, Delta, 1 yr., Admiralettes, 1 yr., Pep Club, 1 yr., Student Forum Del., 1 yr., Soph., Jr., and Sr. Class Sec., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 1 yr., Homecoming Rep., 1 yr., "Miss Cradock" Contest, 2 yrs., 8th Grade Cheerleader, Co-capt., J.V. Cheerleader, 2 yrs., Co-capt., 1 yr., Varsity Cheerleader, 2 yrs., Co-capt., 1 yr.

Hamilton, Delitha Carol . . . Carol . . . Sr. Class Song Writer, Homecoming Comm., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Student Forum Del., 1 yr., Alt., 1 yr., Talent Show Co-Charm., Girls Ensemble, 1 yr., Treas., Madrigal, 2 yrs., Mixed Chorus, 1 yr., Workshop Chorus, 1 yr., "Guys and Dolls".

Hand, Dolores Starr . . . 3rd place Long Poem in Log Contest, V.O.T., Kappa, 1 yr., Fresh.-Soph. Prom comm., 1 yr.

Harris, Delvonia Mania . . . DeDee . . . Admiralettes, 1 yr., Girls Glee Club, 2 yrs., Track Team, Gymnastics, Basketball Team.

Harris, Geraldine . . . Geri . . . D.E.C.A., 1 yr., Girls Glee Club, 1 yr., Sec., Mixed Chorus, 1 yr., Role in "Visit to a Small Planet."

Harris, James Alexander . . . Jamie . . . Perfect Attendance, 1 yr., Band, 1 yr.

Hartman, David Edward . . . David.

Hawkins, Teresa Lynn . . . "Wittiest," Quill and Scroll, 2 yrs., Del. to Interscholastic Press. Assoc., Pep Club, 2 yrs., Admiralettes, 3 yrs., V-Pres., 2 yrs., Most Valuable Member, 1 yr., Student Forum Del., 1 yr., Alt., 1 yr., Main Office Asst., 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Admiral Staff, 2 yrs., Co-Editor, 1 yr., 8th Grade Chorus, 1 yr., Mixed Chorus, 1 yr., Usherette for Talent Show and Band Concert, Majorette, 4 yrs., Gymnastics, 1 yr.

Herring, Joe Benjamin . . . Pool . . . Basketball Letter, Basketball.

Hogge, William Donald . . . Don . . . V.I.C.A., 2 yrs., V-Pres., 1 yr., Pep Club, 2 yrs., Office Asst., 1 yr., 8th Grade Football, 1 yr., J.V. Baseball, 2 yr.

Holt, James Leroy . . . James . . . Track Letter and Stars, Jr.-Sr. Prom Comm., Tutor at Riddick-Weaver, J.V. Football, Varsity Track, Cross-Country Track.

Hooper, Philip Taylor . . . Phil . . . D.E.C.A., 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr. Student Forum Del., 1 yr., Baseball, 2 yrs.

House, Frederick Rudolph . . . Freddy . . . I.C.T., 2 yrs., Bible Club, 1 yr., Science & Math Club, 1 yr., Band, 3 yrs., Manager Track Team, 1 yr.

Hundley, Charles Anderson . . . Chick . . . D.E.C.A., 1 yr., V-Pres., 1 yr., 3rd place District Sales Demonstration, Voting Del. to D.E.C.A. State Convention, I.C.T., 1 yr., Student Forum Del. Alt., 1 yr.

Hunt, Sidney Augustus . . . Von Zip . . . Pep Club, 1 yr., Outdoor Track, 1 yr., J.V. Football, 1 yr.

Jackson, Lynn E'vone . . . Twiggy . . . 1st place Science & Math Conference, 2 yrs., Delta Phi Epsilon, Dramatics Club, Guidance Club, Drill Team (Crestwood), Student Forum Del.

Seniors Anxiously Await Their Last Prom

Jacocks, Henry Morgan . . . Hank . . . "Friendliest," N.H.S., 2 yrs., Parliamentarian, 1 yr., N.H.S. Convention, Del. to Jr. Academy of Science Convention, Quill and Scroll, 1 yr., Thesbian Sociaty, 4 yrs., Pres., 2 yrs., Y.M.A., 1 yr., Science & Math Club, 2 yrs., Pep Club, 1 yr., Chess Club, 1 yr., Admiralettes Sweetheart, Student Forum Del., 1 yr., Role in "Annie Get Your Gun." Stage Crew, 5 yrs., Manager, Tennis Team.
Jenkins, Billy Robinson . . . "Best Dressed," N.H.S., 2 yrs., N.H.S. Convention. Jr. Academy of Science Convention, Student Forum Del., 1 yr., Baseball, 1 yr.
Jenkins, Peggy Marie . . . Peg . . . Scholastic Team, 3 semesters, Tuberculous Board, Del. to Sipa, N.H.S., 2 yrs., Quill and Scroll, 2 yrs., Language Arts Club, 2 yrs., Kappa, 3 yrs., Pres., 1 yr., Pep Club, 1 yr., Inter-Club Council, 1 yr., Homecoming Comm., 2 yrs., Shipmate Staff, 2 yrs., Co-Editor, 1 yr., Library Asst., 2 yrs., Ports. Jr. Miss Pageant.
Johnson, Kathy Dianne . . . Delta, 2 yrs., V-Pres., 1 yr., Sec., 1 yr., Pep Club, 1 yr.
Jones, James Ernest . . . Jimmy . . . D.E.C.A., 1 yr.
Jones, Jerry Lee
Jones, Timothy Leon . . . Tim . . . S.C.A., 1 yr., Pep Club, 2 yrs., Y.M.A., 4 yrs., Sec., 1 yr., Homecoming Comm., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Traffic Comm., 1 yr., Band, 1 yr., Band Staff, 1 yr.
Jordan, William Leon . . . Billy . . . D.E., 2 yrs., Homecoming Comm., 2 yrs.
Jordan, Reginald Lee . . . Oscar . . . Football Awards, Football, Co-capt., 1 yr.
Joyner, Deborah Yvonne . . . Debbie . . . Girls Glee Club, 1 yr., Office Asst., 1 yr., Cafeteria Asst., 1 yr.
King, Lannie Carolyn . . . V.O.T., 1 yr., F.T.A., 1 yr., Delta, 1 yr., Admiralettes, 2 yrs., Chaplain, 1 yr., Pep Club, 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 2 yrs., Student Forum Del., 1 yr., Hrm. Treas., 1 yr., Admiral Staff, 1 yr., Flag Bearer, 1 yr.
Kitchen, Paul Grant . . . Y.M.A., 1 yr., Pep Club, 2 yrs., Science & Math Club, 2 yrs., Kappa Sweetheart, Jr.-Sr. Prom Comm., Homecoming Comm., 2 yrs., Dress and Appearance Comm., Traffic Comm., 1 yr., Admiral Staff, 1 yr., Stage Crew, 3 yrs., Tennis, 3 yrs.
Kumm, Kenneth Ray . . . D.E., 2 yrs., V-Pres., 1 yr.
Langley, Roberta . . . F.H.A., 1 yr., Epsilon, Sec., Jr.-Sr. Prom Comm., Homecoming Comm., Orchestra, 1 yr.
Latham, Patricia Ann . . . Pat . . . Perfect Attendance, 4 years., L.P.N., Bible Club, 1 yr., 8th Grade Chorus, Girls Glee Club, Girls Ensemble.
Lewis, Linwood Emanuel . . . Bean . . . Varsity Basketball.
Lewis, Reginald . . . Ching Chang . . . Letters and Stars, Track Team.
Lewis, Robert Leon . . . Leon . . . Science & Math Club, 1 yr., Lab. Asst., 2 yrs.
Light, Pamela Ann . . . ram . . . Kappa, 1 yr., Delta, 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Homecoming Comm., 1 yr., Admiral Staff, 1 yr., Make-up Sr. Class Play, Infirmary Asst., 2 yrs., Majorette, 2 yrs., Band, 5 yrs., "Guys and Dolls" Stage Band.
Lloyd, John William . . . Hot Lips . . . Band Letter and Stars, N.H.S., 2 yrs., V-Pres., 1 yr., Quill and Scroll, 1 yr., Science & Math Club, 4 yrs., Pres., 1 yr., Inter-Club Council, 1 yr., Shipmate Staff, Editor, 1 yr., Band, 5 yrs., Band Staff, 2 yrs., Sgt. at Arms, 1 yr., All-Regional Workshop, 1 yr., All-Regional Band, 4 yrs., First Chair, 3 yrs., All-City Stage Band, 1 yr., Stage Band, 1 yr., All-City Orchestra, 2 yrs., String Orchestra, "Guys and Dolls," Broadcasting Corp., 2 yrs., Track, 1 yr.
Loehr, Glenn Marco . . . Baseball, 4 yrs.
Machingo, Thomas Andrew . . . Tommy . . . Vocational Convention, Y.M.A., 2 yrs., Pep Club, 2 yrs., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 3 yrs., Fire Drill Comm., Traffic Comm., "Miss Cradock" Contest Comm., Student Forum Del., 4 yrs., Guidance Office Asst., 8th Grade Football, J.V. Baseball, 2 yrs.

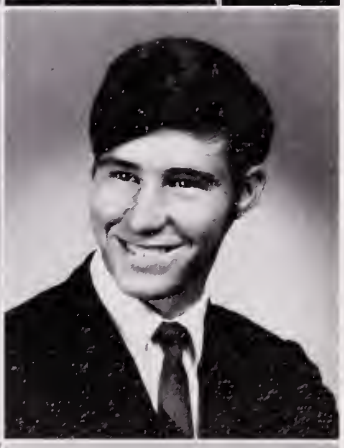
Henry Morgan Jacocks
Billy Robinson Jenkins
Peggy Marie Jenkins
Kathy Dianne Johnson

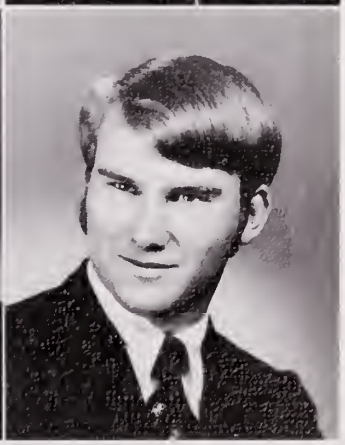
James Ernest Jones
Jerry Lee Jones
Timothy Leon Jones
William Leon Jordan

Reginald Lee Jordan
Deborah Yvonne Joyner
Lannie Carolyn King

Paul Grant Kitchen
Kenneth Ray Kumm
Robert Langley

Most Talented—Jim Malcolm, Debbie Thomas. **Best All Around**—Maureen McNabb, Acey Ballard.





Patricia Ann Latham
Linwood Emanuel Lewis
Reginald Lewis
Robert Leon Lewis

Pamela Ann Light
John William Lloyd
Glenn Marco Loehr
Thomas Andrew Machingo

David Thomas Malbrough
Lucius James Malcolm
Karen Lynne Marsh

Doreen Elizabeth Maselka
Mary Elizabeth McEachern
Mary Christine McFarland

Steven Harold McFarlin
Phillip Curtis McKee, Jr.
Maureen Lavinia McNabb

Andrew Scott Meeks
Michael Eugene Miller
William James Miller

Student Forum Delegates–Cynthia Ruiz, Debbie Bryant, Lillian Ford, Bruce Bunting, Patty Selley, Hank Jacocks.

Walter Frederic Miller
Cathy Anne Modlin
Kathleen Marie Moore
John Martin Moore

Nancy Lee Morgan
Donna Lee Moose
Allie Jo Morris
Andrea Lee Moyer

Seniors Work Together

Malbrough, David Thomas . . . Dave . . . Track Stars, Letters, and Medals, Indoor District Champion, Alt. Va. Boys State, High Ability Program, Monogram Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Homecoming Comm., Track, 4 yrs.

Malcolm, Lucius James . . . Jim . . . "Most Talented," Outstanding Teenager, Tennis Letter, Letter and Star in Literature, Band Letter, 1st place S.C.A. Talent Show, Sr. Class Song Writer, Thespians, 3 yrs., N.H.S., 2 yrs., Student Forum Del., 2 yrs., 8th Grade Pres., Mixed Chorus, 4 yrs., Pres., Student Director, Madrigal, 4 yrs., All-Regional Chorus, 4 yrs., Band, 2 yrs., Workshop Band, 1 yr., All-Regional Band, 1 yr., Role in Festival Play, 2 yrs., "Annie Get Your Gun," and "Guys and Dolls," 8th Grade Football, 8th Grade Basketball.

Marsh, Karen Lynne . . . Perfect Attendance, 1 yr., V.O.T., F.T.A., 1 yr., F.B.L.A., 1 yr., Kappa, 1 yr., Chorus, 3 yrs., All-Regional Chorus, 1 yr., Workshop Chorus, 1 yr.

Maselka, Doreen Elizabeth . . . Train . . . V.I.C.A., 2 yrs., F.T.A., 1 yr., F.H.A., 1 yr.

McEachern, Mary Elizabeth . . . "Most Popular," Service Award, S.C.A., 2 yrs., Del. to S.C.A. Conference, Homecoming Queen, 1 yr., "Miss Cradock" Contest, 2 yrs., Admiralettes, 3 yrs., Sec., 2 yrs., Pep Club, 2 yrs., Student Forum Del., 1 yr., Sr. Class Treas., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Homecoming Comm., 2 yrs., Spirit Comm. Chrm., 1 yr., Band, 3 yrs., 8th Grade Band Sec., Band Staff, 1 yr., J.V. Cheerleader, 1 yr., Varsity Cheerleader, 2 yrs., Gymnastics, 1 yr.

McFarland, Mary Christine . . . Literary Award, I.C.T., 1 yr., Sec., N.H.S., 2 yrs., Quill and Scroll, 1 yr., 8th Grade Chorus.

McFarlin, Steven Harold . . . Steve.

McKee, Jr., Phillip Curtis . . . Bible Club, 2 yrs., Indoor Track, Spring Track.

McNabb, Maureen Lavinia . . . "Best All Around," Perfect Attendance, 3 yrs., Best Citizen, 3 yrs., Most Outstanding Teenager, Cradock's Optimist Club Winner, Va. Girls State, Homecoming Rep., 1 yr., "Miss Cradock" Contest, 3 yrs., 2nd Runner-up, S.C.A., 3 yrs., Pres., 1 yr., V-Pres., Del. to S.C.A. Forum, Del. to S.C.A. Workshop, Del. to S.C.A. District Conference, Del. to S.C.A. State Convention, Discussion Leader, City March of Dimes Sec., Member of Mock City Council, Fresh. Class Sec., Admiralettes, 2 yrs., Delta, 1 yr., Pep Club, 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., Soph. Chrm., Homecoming Comm., 3 yrs., Remembrance Comm. Chrm., "Miss Cradock" Contest Ticket Chrm., Queen and Court Comm. Chrm., Disc-O-Ten Rep., 8th Grade Cheerleader, J.V. Cheerleader, 2 yrs., Co-capt., Varsity Cheerleader, 2 yrs.

Meeks, Andrew Scott . . . Andy . . . Varsity Football Letters, Varsity Wrestling Letter, Monogram Club, 3 yrs., Y.M.A., 1 yr., Admiralettes Sweetheart, Traffic Comm., 1 yr., Student Forum Del., 2 yrs., Hrm. Treas., 1 yr., 8th Grade Football, J.V. Football, 1 yr., Varsity Football, 3 yrs., Varsity Wrestling, 1 yr., J.V. Baseball, 1 yr.

Miller, Michael Eugene . . . Mike . . . Perfect Attendance, 1 yr., Y.M.A., 2 yrs., Pep Club, 1 yr., Science & Math Club, 2 yrs., Treas., 1 yr., Homecoming Comm., 2 yrs., Traffic Comm., 1 yr., Fire Drill Comm., 1 yr., Admiral Staff, 1 yr., Lab Asst., 1 yr., Gym Asst., 1 yr., Indoor Track, 1 yr., Outdoor Track, 3 yrs., Track Manager, 1 yr.

Miller, William James . . . Bill . . . National Merit Scholarship Semi-finalist, 2nd place Short Poetry in Log Creative Arts Contest, Debating, Science & Math Club, 2 yrs., Boys Glee Club, 1 yr., Va. Eastern Regional chorus, 1 yr., Role in "Gentlemen Prefer Blondes," and "Visit to a Small Planet."

Miller, Walter Frederic . . . Wally . . . "Most Considerate," N.H.S., 1 yr., 8th Grade Basketball, J.V. Baseball, 1 yr., Varsity Baseball, 3 yrs.

Modlin, Cathy Anne . . . "Most Considerate," Service Award, S.C.A., Treas., 1 yr., Inter-Club Council Pres., Homecoming Comm., 1 yr., Guidance Office Asst.

Moore, Kathleen Marie . . . Kathy . . . F.B.L.A., 2 yrs., F.H.A., 1 yr., Chorus, 2 yrs.

Moore, John Martin . . . Dramatics, 1 yr., Inter-Club Council, 1 yr., Boys Glee Club, Treas., 1 yr., Band, 5 yrs., Pres., 1 yr., Stage Band, 1 yr., Regional Band, 2 yrs., Role in "The Music Man," and "Gentlemen Prefer Blondes," Boys Costume Manager, Pit Drums for "Guys and Dolls."

Morgan, Nancy Lee . . . D.E.C.A., 1 yr., N.H.S., Attendance Office Asst., 1 yr.

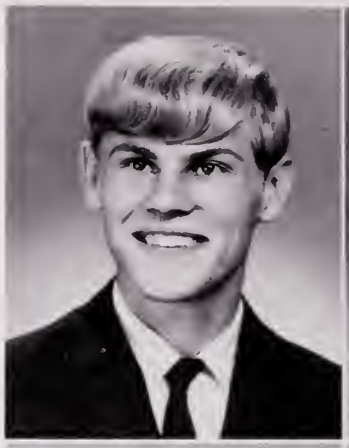
Moose, Donna Lee . . . Bullwinkle . . . Co-Ed Magazine Correspondent, Kappa, 1 yr., F.T.A., 3 yrs., F.N.A., Sec.; 1 yr., Annual Staff, 2 yrs., Library Asst., 2 yrs., (Smithfield).

Morris, Allie Jo . . . Allie . . . D.E.C.A., 1 yr., Student Forum Del., 1 yr., Library Asst., 1 yr.

Moyer, Andrea Lee . . . Kappa, 1 yr., Homecoming Comm., 1 yr., Library Asst., 1 yr., 8th Grade Chorus, 1 yr., Girls Chorus, 1 yr., Girls Ensemble, 2 yrs.

Class of '70 Leads In Spirit

Murray, Michael James . . . Mike . . . 3rd place **Log** Literary Contest, F.T.A., 1 yr., Del. to State F.T.A. Convention, 1 yr., Alt. Student Forum Del., 1 yr., **Shipmate** Staff, 1 yr.
Nagy, Nancy Carol . . . D.E.C.A.
Neeley, Robert Charles . . . National Achievement Semi-finalist, Hi-Q Team, Va. Boys State, Debate, 2 yrs., Science & Math Club, 3 yrs., **Shipmate** Staff, Spring Play, Role in "Visit to a Small Planet."
Nixon, Teresa Carole . . . Whatey . . . V.O.T., 1 yr., D.E.C.A., 2 yrs., F.B.L.A., 1 yr.
Normile, Jane Alice . . . Pep Club, 1 yr., Art Service Club, 1 yr., Girls Chorus, 2 yrs.
Nyman, Lance Dennis . . . Industrial Arts Award, J.V. Baseball, 1 yr., Varsity Baseball, 1 yr.
Odom, Renee . . . "Best Looking," "Miss Cradock" Contest, 1 yr., D.E.C.A., 1 yr., Admiralettes, 3 yrs., Chaplain, 1 yr., Pep Club, 1 yr., Jr.-Sr. Prom Comm., Fresh.-Soph. Prom Comm., Student Forum Del., Guidance Office Asst., Flag Carrier, 1 yr.
Overton, Doris Anntionette . . . DeDe . . . Negro Scholarship Fund Foundation Finalist, D.E., 1 yr., F.T.A., 1 yr., Jr.-Sr. Prom Comm., **Shipmate** Staff, 1 yr., Tutor at Riddick-Weaver.
Overton, George C. . . . G . . . "Best Looking," Sr. Class Lawyer, Y.M.A., 2 yrs., Monogram Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Traffic Comm., 2 yrs., Varsity Tennis, 4 yrs.
Patterson, Willie . . . Big Will.
Person, Wayne Darnell . . . Football Letter, F.B.L.A., 1 yr., Traffic Comm., 1 yr., Varsity Football, 1 yr.
Pharom, Patricia Ann . . . Pat . . . Banner Carrier, Role in "Visit to a Small Planet."
Porter, Herbert Shedrick . . . Little Herb.
Ramsey, Teresa Diane . . . F.T.A., 1 yr., Girls Glee Club, 2 yrs.
Ray, Sheila Nancy . . . D.E.C.A., 2 yrs., F.H.A., 1 yr.
Raynard, Trudy Marie . . . V.I.C.A., 1 yr.
Reed, Marcia Élaine . . . Perfect Attendance, 1 yr., I.C.T., 1 yr., N.H.S. 1 yr., F.T.A., 2 yrs., F.B.L.A., 1 yr., Kappa, 1 yr., Bible Club, 1 yr., Admiralettes, 1 yr., Homecoming Comm., Student Forum Del., 1 yr., 8th Grade Chorus, Girls Glee Club, Girls Ensemble, Role in "Visit to a Small Planet," Job Corp, 1 yr.
Reneau, Cecil Hoyte . . . 2nd place Poetry in **Log** Literary Contest, V.C.U. Editors Workshop, 1 yr., High Ability Program, Va. Jr. Academy of Science, Tuberculosis and Respiratory Disease Board, 2 yrs., Art Club, 2 yrs., Treas., 1 yr., Science & Math Club, 2 yrs., Quill and Scroll, 2 yrs., Homecoming Comm., 2 yrs., **Shipmate** Staff, 2 yrs., Editor, 1 yr., Role in "Annie Get Your Gun."
Respass, James Vernon . . . Vernon . . . V.I.C.A., I.C.T., Boys Glee Club, Mixed Chorus, 2 yrs., Regional Chorus, Role in "Guys and Dolls."
Reynolds, Larry Stanford . . . Y.M.A., 1 yr.
Reynolds, Verna Sue
Rhoton, George W. . . . Chuck . . . Football Letter, Basketball Letter, 8th Grade Football, 8th Grade Basketball, J.V. Basketball, 2 yrs., Varsity Basketball, 2 yrs.



Michael James Murray
Nancy Carol Nagy
Robert Charles Neeley
Teresa Carole Nixon

Jane Alice Normile
Lance Dennis Nyman
Renee Odom
Doris Anntionette Overton

Most Spirited—Furman Baker, Patty Selley. Best Dressed—Billy Jenkins, Beverly Stone.

George C. Overton
Willie Patterson
Wayne Darnell Person

Patricia Ann Pharom
Herbert Shedrick Porter
Teresa Diane Ramsey

Sheila Nancy Ray
Trudy Marie Raynard
Marcia Elaine Reed
Cecil Hoyte Reneau

James Vernon Respass
Larry Stanford Reynolds
Verna Sue Reynolds
George W. Rhoton

Lecta Mary Riddle
Patricia Jimmie Riffe
Fred Alvin Riley

David Leland Ripley
Edward Joseph Rumberg
Cynthia Ruiz

A penny for Hank's thoughts . . .

Pamela Ellen Salley
Sidney Marcell Salley
William Sidney Savoy
Donald Edward Seburn

Marjorie Patricia Selley
Barbara Ann Shinault
Ray Edward Shoemaker
Norma Lee Shook

Jan Knight Shuler
Diane Sigda
Patricia Dianne Sigmon
Brenda Diane Snipes

Clementine Spellman
Ronald Steele
Harriet Blanche Stevens
Edward Lesley Stewart

Much Talent Is Shown In Class Play

Riddle, Lecta Mary . . . "Most Athletic," Band Letter, F.T.A., 1 yr., Science & Math Club, 3 yrs., Marching Band, 5 yrs., Concert Band, 5 yrs., Band Staff, 3 yrs., Band Librarian, 3 yrs., Asst., 1 yr.
Riffe, Patricia Jimmie . . . Trisha . . . N.H.S., Student Forum Del., 1 yr., Kappa, 1 yr., Office Asst., 1 yr., Infirmary Asst., 1 yr., Band, 5 yrs.
Riley, Fred Alvin . . . D.E., 2 yrs., 8th Grade Football, J.V. Football, 2 yrs.
Ripley, David Leland . . . Band Star, Athletic Letter, Science & Math Club, 1 yr., Log Staff, 1 yr., Band, 5 yrs.
Rumbrug, Edward Joseph . . . Eddie . . . Y.M.A., 1 yr.
Ruiz, Cynthia . . . Cin . . . "Friendliest," 1st place in Tidewater National Spanish Test, 8th place in Virginia National Spanish Test, F.T.A., 1 yr., Bible Club, 3 yrs., Pres., 1 yr., Chaplain, 1 yr., Admiralettes, 2 yrs., Pep Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 1 yr., Dress and Appearance Comm., 1 yr., Student Forum Del., 2 yrs., Library Asst., 1 yr., Admiral Staff, 1 yr., 8th Grade Chorus, Participant in Talent Show, Role in "Visit to a Small Planet."
Salley, Pamela Ellen . . . Cookie . . . Pep Club, 1 yr., Girls Glee Club, 3 yrs.
Salley, Sidney Marcell . . . Boys Glee Club, 2 yrs.
Savoy, William Sidney . . . "Wittiest," Football All-Metro 1st Team, All-Tidewater 2nd Team, All-Southeastern District 1st Team, All-State Honorable Mention, J.V. Football, 1 yr., Varsity Football, 3 yrs., Co-capt., Wrestling, 2 yrs., Traffic Comm.
Seburn, Donald Edward . . . Don . . . V.I.C.A., 2 yrs., Reporter.
Selley, Marjorie Patricia . . . Patty . . . "Most Spirited," S.C.A., 1 yr., Del. to S.C.A. Workshop, Student Forum Del., 2 yrs., Hrm. Treas., 1 yr., Pep Club, 1 yr., Delta, 3 yrs., Treas., 2 yrs., Admiralettes, 1 yr., Jr.-Sr. Prom Comm. Chrm., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 4 yrs., Welcoming Comm. Chrm., "Miss Cradock" Contest Chrm., 2 yrs., Admiral Staff, 1 yr., J.V. Cheerleader, 1 yr.
Shinault, Barbara Ann . . . Barbara . . . Bible Club, 2 yrs., Pep Club, 1 yr.
Shoemaker, Ray Edward . . . D.E., 1 yr., I.C.T., 1 yr., Band, 1 yr.
Shook, Norma Lee . . . Art Club, 3 yrs., Pres., 1 yr., V-Pres., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Art Asst., 4 yrs.
Shuler, Jan Knight . . . Jan . . . Quill and Scroll, 2 yrs., Delta, 1 yr., Admiralettes, 3 yrs., Pres., 1 yr., Treas., 1 yr., Pep Club, 1 yr., Inter-Club Council, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., 8th Grade Class Sec.-Treas., Alt. Student Forum Del., 1 yr., Admiral Staff, 2 yrs., Disc-O-Ten Rep., 1 yr., "Miss Cradock" Contest Usherette, 1 yr., Mixed Chorus, 2 yrs., Rec. Sec., 1 yr.
Sigda, Diane
Sigmon, Patricia Dianne . . . Pat . . . Perfect Attendance, 1 yr., F.B.L.A., 1 yr., Pep Club, 2 yrs., Admiralettes, 4 yrs., Historian, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 1 yr., Alt. Student Forum Del., 1 yr., Hrm. Treas., 1 yr., 8th Grade Chorus, 1 yr., Girls Glee Club, 1 yr., Girls Ensemble, 1 yr., Mixed Chorus, 1 yr.
Snipes, Brenda Diane . . . Snipe . . . Basketball, 1 yr.
Spellman, Clementine . . . Tine . . . National Merit Scholarship Semi-finalist, White House Conference on Youth, Admiralettes, 1 yrs., Pep Club, 1 yr., Quill and Scroll, 1 yr., Jr.-Sr., Prom Comm., 1 yr., Homecoming Comm., 2 yrs., Shipmate Staff, 1 yr., Tutor at Riddick-Weaver, Girls Glee Club.
Steele, Ronald . . . Ronnie . . . Varsity Football Letter, 3 yrs., Track Letters, 3 yrs.
Stevens, Harriet Blanche . . . Dramatics Club, 1 yr., Pep Club, 1 yr., Admiralettes, 1 yr., Jr.-Sr. Prom Comm., Homecoming Comm., 1 yr.
Stewart, Edward Lesley . . . Stew . . . Blue Ribbon in Art Contest, Y.M.A., 1 yr., Bible Club, 1 yr., Prom Comm., 2 yrs., Homecoming Comm., Log Staff, 2 yrs., J.V. Baseball, 1 yr., J.V. Wrestling, 2 yrs., Varsity Wrestling, 1 yr.

Howard Wesley Stewart
Lonnie Stilley, Jr.
Beverly Carmela Stone

Janis Kay Strickland
Billie Sue Taylor
Peggy Ann Taylor

Deborah Cleo Thomas
Vivian Marie Thomas
Robert Dale Thompson
Jo Anne Truitt

Samuel Wayne Turner
Jimmy Upton
David George Wade
Orrin Reginald Walke

Most Likely To Succeed—Linda Wright, Larry Mancuso (absent). **Most Considerate**—Wally Miller, Cathy Modlin.

Seniors must protect their eyes from the glare of the junior rings.

Charles Richard Wall
Gerald Lee Wall
Virginia Carol Ward

John Patrick Waters
Kenneth Dale Watson
Paul Wesley Weathers

Seniors Say "Nothing Succeeds Like Success"

Stewart, Howard Wesley . . . Y.M.A., Pep Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Homecoming Comm., 1 yr., Student Forum Del., 2 yrs., 8th Grade Basketball, J.V. Basketball, 1 yr., J.V. Football, 1 yr.

Stilley, Jr., Lonnie . . . Shakey . . . Chorus, 2 yrs.

Stone, Beverly Carmela . . . "Best Dressed," Service Award, S.C.A., 2 yrs., Del., to S.C.A. State Meet, 2 yrs., "Miss Cradock" Contest, 1 yr., Quill and Scroll, 1 yr., Admiralettes, 4 yrs., Treas., 2 yrs., Historian, 1 yr., Most Valuable Member, 1 yr., Pep Club, 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 3 yrs., Fresh. Class Float Comm., 1 yr., Interacial Comm., 1 yr., S.C.A. Honor Comm. Chrm., 1 yr., Thanksgiving Drive Co-Chrm., 1 yr., Student Forum Del., 1 yr., Alt., 1 yr., Admiral Staff, 1 yr., "Miss Cradock" Contest Usherette, 3 yrs.

Striekland, Janis Kay . . . V.O.T., 1 yr., Admiralettes, 2 yrs., Delta, 1 yr., Pep Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Student Forum Del., 2 yrs., Guidance Office Asst., 2 yrs., Band, 1 yr.

Taylor, Billie Sue . . . Admiralettes, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 1 yr., Homecoming Comm., 1 yr., Student Forum Del., 1 yr.

Taylor, Peggy Ann . . . Ann . . . Band Star and Letter, Majorette Letter, I.C.T., 2 yrs., Treas., 1 yr., Delta, 1 yr., Student Forum Del., 1 yr., Flag Carrier, 2 yrs., Band, 3 yrs.

Thomas, Deborah Cleo . . . Debbi . . . "Most Talented," F.T.A., 2 yrs., Kappa, 2 yrs., Pep Club, 2 yrs., Homecoming Comm., 2 yrs., Admiral Staff, 1 yr., 8th Grade Chorus, Girls Glee Club, 1 yr., Girls Ensemble, 2 yrs., Pres., 1 yr., Mixed Chorus, 1 yr., Business Manager, 1 yr.. Madrigal, 2 yrs., Eastern Regional Workshop Chorus, 3 yrs.

Thomas, Vivian Marie . . . D.E., 1 yr., Kappa, 1 yr.

Thompson, Robert Dale . . . Herc . . . Student Forum Del., 1 yr.

Truitt, Jo Anne . . . Jo Anne . . . 3rd place Short Poem in Log Contest, N.H.S., 2 yrs., Sec., 1 yr., F.T.A., 1 yr., Language Arts Club, 1 yr., Admiralettes, 1 yr., Bible Club, 3 yrs., Sec., 1 yr., V-Pres., 1 yr., 8th Grade Chorus, 1 yr., Girls Chorus, 1 yr., Girls Ensemble, 1 yr., Mixed Chorus, 1 yr., Madrigal, 1 yr., Role in "Guys and Dolls."

Turner, Samuel Wayne . . . Sam.

Upton, Jimmy . . . Ports. Jaycees Rep. in Va. Jaycees Basketball Contest, S.C.A., 1 yr., Y.M.A., 3 yrs., Monogram Club, 3 yrs., Pep Club, 2 yrs., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 3 yrs., Fresh. Class Float Comm., 1 yr., Traffic Comm., 1 yr., Chrm., Fire Drill Comm., 2 yrs., Back-to-School Dance Chrm., 1 yr., Golf, 4 yrs., Co-capt., 1 yr., Fresh. Basketball, 1 yr., J.V. Basketball, 1 yr.

Wade, David George . . . "Most Popular," Va. Boys State, Sr. Class Historian, Fresh. Class Pres., Soph. Class Pres., Monogram Club, 2 yrs., Y.M.A., 1 yr., Pep Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Fire Drill Comm., 1 yr., Traffic Comm., 1 yr., Student Forum Del., Admiral Staff, 1 yr., 8th Grade Basketball, J.V. Basketball, 2 yrs., J.V. Baseball, 1 yr., Varsity Baseball, 3 yrs.

Walke, Orrin Reginald . . . Bubba . . . Y.M.A., 1 yr., Homecoming Comm., J.V. Baseball, 2 yrs., Varsity Baseball, 2 yrs.

Wall, Charles Richard . . . D.E., 3 yrs., Y.M.A., 1 yr., Cross-Country Track, 1 yr., Indoor Track, 1 yr.

Wall, Gerald Lee . . . N.H.S., 1 yr.

Ward, Virginia Carol . . . Carol . . . V.I.C.A., 1 yr., I.C.T., 1 yr., F.T.A., 2 yrs., Debate Club, 1 yr., Band, 5 yrs., All-Regional Workshop Band, 2 yrs.

Waters, John Patrick . . . Football and Wrestling Letters.

Watson, Kenneth Dale . . . Kenny . . . Science & Math Club, 1 yr.

Weathers, Paul Wesley . . . Stormy . . . Monogram Club, 1 yr., Pep Club, 2 yrs., Y.M.A., 1 yr., Jr.-Sr. Prom Comm., Hrm. Treas., 1 yr., 8th Grade Football, 8th Grade Basketball, J.V. Basketball, 2 yrs., Varsity Basketball, 2 yrs., J.V. Baseball, 1 yr., Varsity Baseball, 3 yrs.

Good Humor Carries Us Through Our Last Year

Weiss, Patricia Ann . . . Pat . . . Perfect Attendance, 3 yrs., N.H.S., 2 yrs., Admiralettes, 2 yrs., Chaplain, 1 yr., Bible Club, 2 yrs., Pep Club, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Homecoming Comm., 1 yr., Dress and Appearance Comm., Student Forum Alt., 1 yr., Hrm. Treas., 2 yrs., Admiral Staff, 1 yr., "Miss Cradock" Contest Usherette, 1 yr., Teen Volunteer Corp.

Wertz, Ronald Nathan . . . Sleepy . . . Placed in District Meet, 2 yrs., Indoor Track, 3 yrs., Outdoor Track, 3 yrs., J.V. Football, 1 yr., Varsity Football, 1 yr.

White, Melvin Wayne . . . "Cutest," Basketball Letter, Letterman Club, Office Asst.

White, Thomas Neal . . . Tom . . . Band Letter, Science and Math Club, 1 yr., Shipmate Staff, 1 yr., Band, 5 yrs., V-Pres., 1 yr., Drum Major, 2 yrs., Stage Band, All-Regional Band, 3 yrs., Tennis Team, 2 yrs., Role in "Visit to a Small Planet."

Whitley, James Edward . . . Jimmy . . . V.I.C.A., 2 yrs., Band, 4 yrs.

Widener, Sheila Jean . . . D.E., 2 yrs., Sec., 1 yr., Kappa, 1 yr., Delta, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., 2 yrs., Mixed Chorus, 4 yrs., Sec., 1 yr., Madrigal, 1 yr., Student Forum Del., 1 yr.

Wilkins, Milton Blaine . . . D.E., 2 yrs., Homecoming Comm., 1 yr., Traffic Comm., 1 yr, Fire Drill Comm., 1 yr.

Williams, Chris

Williams, IV Edward Bismark . . . Bonehead . . . Science & Math Club, 3 yrs., Student Forum Del, 1 yr., Band, 4 yrs., All-Regional Band Alt., Cross-Country Track, 3 yrs., Indoor Track, 2 yrs., Outdoor Track, 3 yrs.

Williams, Maggie Lynn . . . Peggy. . . D.E., 1 yr., Attendance Office, 1 yr.

Wilson, Jr., Charles Alfred . . . Chuckie.

Wiseman, Pamela Joy . . . Pam . . . F.T.A., 2 yrs., Bible Club, 1 yr., D.E.C.A., 1 yr., Homecoming Comm., 1 yr., Student Forum Del., 2 yrs., "Miss Cradock" Contest Usherette, 1 yr., Madrigal, 1 yr., Girls Chorus, 1 yr., Mixed Chorus, 1 yr.

Wright, Linda Sue . . . "Most Likely to Succeed," Literary Letter, Outstanding Teenager, Scholastic Team, 7 semesters, All-Tidewater Team, 1 semester, 1st place Long Poem and Short Poem, 1 yr., 1st place Short Story, 2 yrs., 2nd place, 2 yrs., Forensics, 2 yrs., Girls Prose, 1 yr., Girls Public Speaking, 1 yr., N.H.S., 2 yrs., Thespians, 2 yrs., V-Pres.; 1 yr., Quill and Scroll, 2 yrs., F.T.A., 4 yrs., Pres., 2 yrs., District Parliamentarian, 1 yr., District V-Pres., 1 yr., Delta, 1 yr., Kappa, 2 yrs., Pep Club, 2 yrs., Inter-Club Council, 2 yrs., Tutor at Riddick-Weaver, 1 yr., Jr.-Sr. Prom Comm., 1 yr., Fresh.-Soph. Prom Comm., Homecoming Comm., 2 yrs., Role in "Our Town," "Gentlemen Prefer Blondes," and 1969 Festival Play, 8th Grade Cheerleader, 1 yr., Varsity Cheerleader, 1 yr.

Yates, Richard Alan . . . Rick . . . D.E., 1 yr., Stage Crew, 1 yr.

Patricia Ann Weiss
Ronald Nathan Wertz

Melvin Wayne White
Thomas Neal White

Wittiest–Sidney Savoy, Lynn Hawkins. **Most Popular**–Mary McEachern, Billy Deal.

James Edward Whitley
Sheila Jean Widener
Milton Blaine Wilkins
Chris Williams

Edward Bismark Williams, IV
Maggie Lynn Williams
Charles Alfred Wilson, Jr.
Pamela Joy Wiseman

Cutest–Wayne White, Debbie Barbour. **Best Looking**–Renee Odom, George Overton.

Linda Sue Wright
Richard Alan Yates

Ulysses thinks of his next line during play rehearsal.

Juniors Display Class Officers

Our Junior year marks a period of changes of tradition. We have realized the changes and accepted them, for life never remains the same. These changes help to mark an unforgettable last year as lower classmen.

The Junior Class of 1970 was the first to receive their rings in early spring. This was one of many high points of the year. Another was the planning and striving to make our Junior-Senior Prom the most remembered by the honored Senior Class.

Juniors are soon to take that final step to the mighty Senior Class, but we will not now or will we ever forget our former years at CHS.

Left to right: Marilyn Gatling, President, Jackie Drew, Vice-President, Pam Bryant, treasurer and Robyn Gomer, Secretary.

Janice Alford
Michael Bailey
Randy Bailey
Bobby Baker
Susan Balsor
Eppa Barkley

Mary Barnes
Arnold Barrow
Peter Bastinelli
Marilyn Battle
Randy Beaver
Clark Bennett

Theresa Biernot
Larry Bilko
Billy Black
Andre Blackwell
Steven Blackwell
Terry Boles

Cathy Kramer loses her head over pep rally.

Rachael Borum
David Bosewell

Curtis Bowens
Debbie Boyette

Carolyn Bradley
David Bradley

Jerry Britt
William Britten

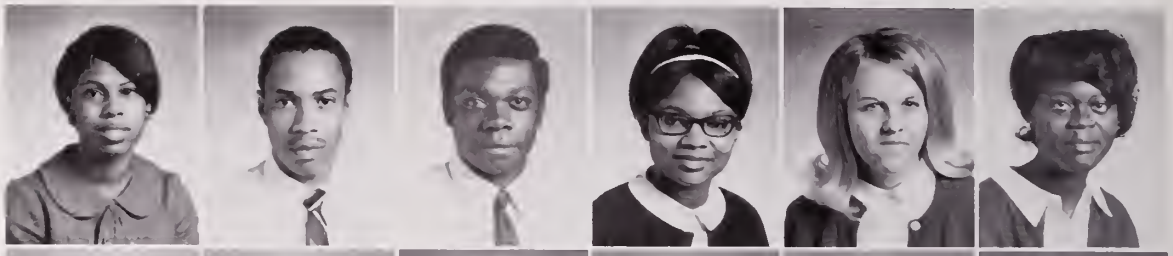
Beverly Brown
Denise Brown
Mack Brown
Pam Bryant
Warren Bryant
Charles Buchannan

Janis Buchanon
Jennifer Bullock
Pamela Butts
Anne Buzzard
Charles Cahoon
Janet Callaghan

Tommy Caminer
Earl Campbell
Susan Canady
Earl Carnegay
Gail Carrington
Charlotte Carter

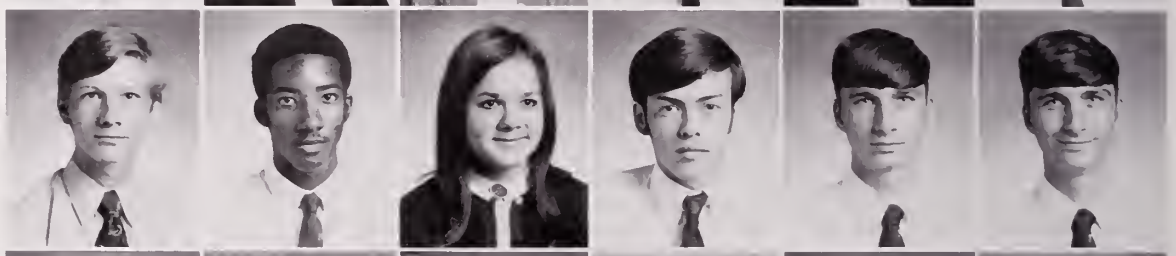
Class Rings Arrive Earlier

Angela Carver
Clifton Carver
Lawerence Chambers
Millicent Chancey
Debbie Charles
Alfredia Chesson



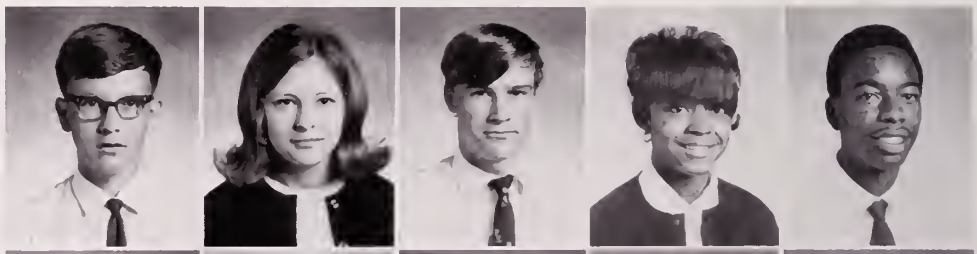
Donald Clanton
Brenda Clark
Brenda Cooper
Kenneth Corder
Connie Corprew
Riley Cowan

Steve Cowart
Milton Cox
Pat Cox
Charles Cockrell
Ronnie Cuthrell
Donnie Cuthrell



Ricky Dail
Connie Davis
Lois Davis
Michael Davis
Alice DeArmond
Carol De Luka

Billy Dew
Jackie Drew
Carl Dunlow
Gloria Elliot
James Elliot



Frances Etheridge
David Fannings
Terri Farrell
Frances Fraley
Luther Freeman

Sandra Freeman
Sylvia Fox
Darlene Foxworth
Mary Gartley
Marilyn Gatling

This Year

Class rings reflect memories.

Jobynia Gary
Mike Gilmore
Karen Gingras

Patricia Greer
Robyn Gomer
Sharon Gordon

Olivia Grant
Dwight Green
Donald Gwaltney

Debbie Hall
Edythe Hardy
Dianne Harrell

Wanda Harrison
Steve Hawkins
Juanita Hayes
Sharon Haywood
Andrew Hester
Alice Hervey

Rick Hines
Kay Hooker
Jackie Horan
Susan Howard
Ray Huelit
Robbie Hughes

Bunny Humphries
Varetta Hunt
John Jackson
Richard Jackson
Janice Jacobs
Clarence Johnson

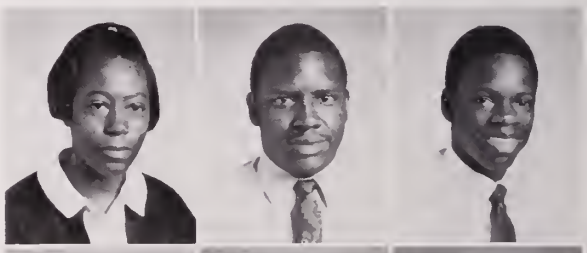
James Johnson
Joey Johnson
Ronnie Johnson
Toni Johnson
Willie Johnson
Steven Jones

Ronnie Joyner
Lou Knight
James Koziana
Cathy Kramer
Kris Kuder
Danny Lacassio

Veronica Lamb
Emily Langford
Sheila Lane
Bobby Larsen
Michael Latham
Patricia Latham

Robyn Gomer's smile reflects her excitement over representing the Junior class at Homecoming.

Phyllis Lawerence
Keith Leacraft
James Lee



Jimmy Lee
Marilyn Lewis
Michael Liverman

Umfort Locus
Constance Longacr
Gail Lopresti

Charles Madeira
Juliet Mangubat
Ruth Mangus

Homecoming - Juniors Well Represented

Larry Mason
Donna McAlpin
Cathy McCain
Donna McClellan
Mary McCubbin
Patricia McEachern

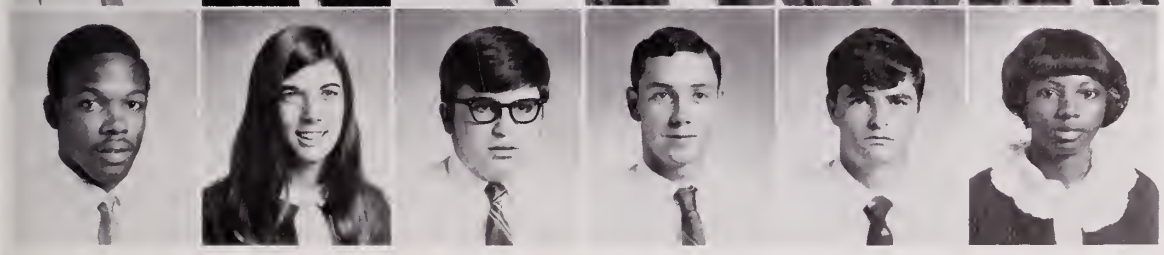
Debbie McGavian
Mike McKay
Becky Mckee
Sharon Mitchell
Lucille Mohring
Roger Moncovich

Larry Moore
Cynthia Moore
JoAnne Morgan
Kenny Morgan
Jacquillen Morse
Elnora Mosley

Freddie Murphy
Cathy Myers
Dixie Neal
Anna Neece
Denise Oliver
Carlton Page

Jim Pardo
Vivian Parker
Anita Pearson
Corinne Perdue
Ted Philpott
Sharon Philpott

Preston Piercy
Susan Piland
Jimmy Powell
Lila Printz
Valencia Pruitt
Becky Quattlebaum



Harold Rawls
Betsy Remnet
Dean Richardson
Wayne Riggs
Eddie Riley
Cynthia Rogers

Shirley Root
Beverly Ross
Eddie Sanderfer
Ruth Santo
Brad Saunders
Joseph Saunders

Jerry Seager
Leora Sellers
Hope Sheppard
David Shipley
Wade Shuler
Katy Skelton

Debra Smith
James Smith
Pansy Smith
Brenda Snyder
Moscow Spencer
Vincent Stevens

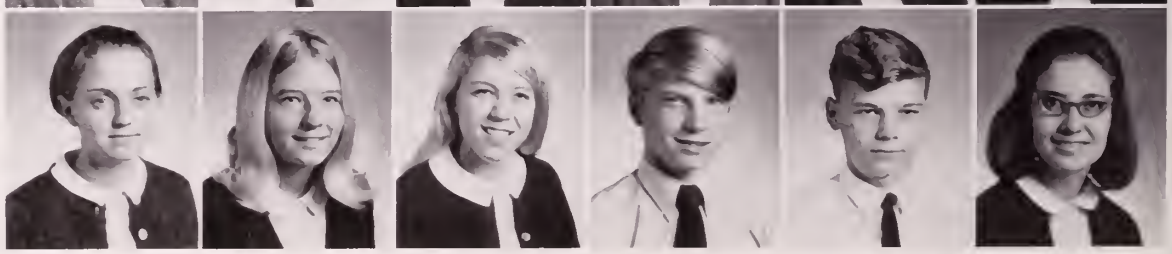
Myrtle Stringer
Pat Stringer
Pam Story
Dixie Stroupe
David Sturgill
Marvin Swimpson

Forum Members Gather Information

Mike Szwydek
Bill Tatum
Brenda Taylor
Michael Taylot
Paula Teal
Hosea Terry

Nancy Tessenear
Mark Thame
Anna Thompaon
Brenda Thrower
Debbie Tebbits
Debbie Tidmore

Darlene Townsend
Leslie Trent
Carol Turner
Ray Vann
Jerry Varney
Paula Varney



Student Forum Delegates; Left to Right—Bev Ross, Cheryl West, Vivian Parker, Leora Sellers, Jackie Drew, and Anita Pearson. Standing—Lila Printz and Mike Mays.

Lynn Vinsant
Ann Marie Vogler

Jimmy Waters
Sandra Wattlington

Jo Ann Watts
Debbie Weaver

Cheryl West
Ann Whitaker

Cloyce Whitaker
Dale White
Doris White
Beverly Whitley
Susan Whitley
Joyce Wilborn

Bobby Wilburn
Cynthia Williams
Janet Williams
Ronald Williams
Veronica Willis
Modia Witherspoon

Zebedee Wooten
Susan Wyer

Sophomore Leaders Prove Efficient

Mike Adams
Jim Alexander
David Allison

Mary Ellen Ashley
Dennis Askew
Clerrissa Armstrong

Renee Baggett
Bud Ballard
Patricia Barnes

Patricia Barb
Lucinda Barrett
Charles Bazemore

Rudolph Bazemore
Jo Ann Beacham
Stanley Beal

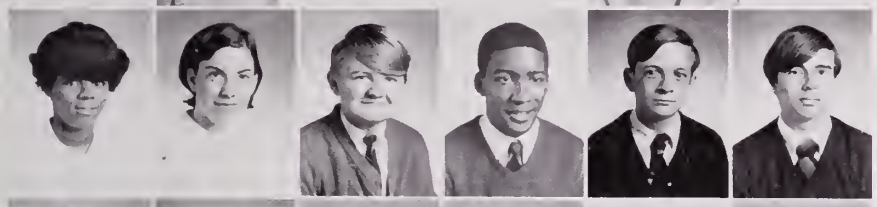
Under the guidance of its sponser, Mr. Shackelford, and the leadership of its president, Jackie Smith, the Class of 1972 had a busy and successful year. The most important goal was the success of the Freshman-Sophomore Prom. The prom committee sponsored several car washes and doughnut sales to meet the expenses.

The sophomores not only displayed their class spirit but their school spirit as well. They supported Cradock's various school projects and athletic activities. Many members of the class excelled in these. They showed great promise and enthusiasm as they readied themselves for their future.

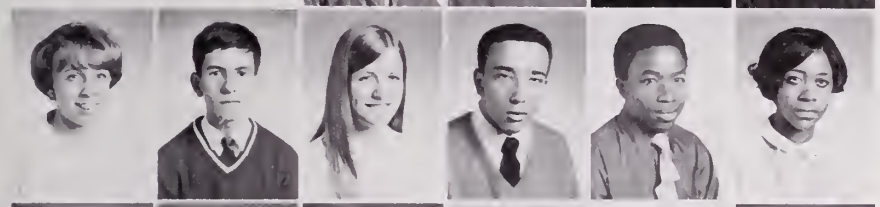
Sophomore members of the Student Forum are (standing left to right) are Jackie Smith, Jeryl Carr, Pat Crutcher, Vanessa Martin, Bambi Festa, and (sitting left to right) Robin Brown, Loretta Lane, Denise Lamb, Regina Davis, Sally Virnelson, Dorsey Stuart, and Kenny Underhill.

Jon Bellomy
Larry Black
Martha Blyth
Ralph Blyth
Betsy Bonner
Joe Bordelon

Betty Anne Borum
Wanda Bowers
Barbara Bowmar
Valarie Boyd
Peter Boykins
Carol Bradshaw



Burlene Branch
Robin Braswell
Mike Brewer
Donald Britt
Aubrey Brock
Bill Brock



Deborah Brown
Farris Brown
Joey Brown
Mike Brown
Preston Brown
Robin Brown

Mike Buck
Alice Bunting
Susan Bunting
Toeshane Bush
Michael Butts
Eddie Cahoon

John Cantwell
Jeryl Carr
Debbie Carroll
Beverly Cash
Eddie Cassidy
Ingrid Chapman

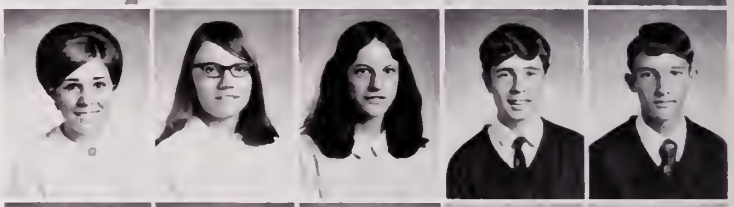
Patricia Cherry
Kathy Christopher
Gwendolyn Clark
Linda Clarke
Gail Cockrell
Mary Coleman

The sophomore class is ably led by (left to right) Dee Dee Kramer, Treasurer, Jackie Smith, President, Terry Halstead, Secretary, and Betty Ann Borum, Vice-President.

Mary Jo Coley
Billy Collins
Debbie Combs
Rita Connor
Arthur Cooper

Janet Coston
Odell Cromwell
Pat Crutcher
Donna Cummings
Steve Cummings

Barbara Curtis
Debbie Curtis
Martha Dreon
Stuart Dorsey
Bob DePriest



Jack DeHart
Charles Dennis
Stephanie Dean
Paula Dayton
Regina Davis

Maria Davis
Pat Davenport
Norman Davenport
Paul Darden
Talmadge Daniels

The expression on Betty Ann Borum's face shows her delight over representing the Sophomore class in the Homecoming Court.

Ann Etheridge
Anita Edwards
Shelia Edwards
Audrey Elliot

Larry Elliot
Margaret Elliot
Charles Faulkner
Charles Faust

Robert Feazell
Bambi Festa
Jan Fields
Jeannette Fields

Rudy Flanagan
Randy Florke
Tommy Frazier
Marilyn Forte

Spirit of '72 Shines Through

Dianne Fowler
Debra Fuss
Henry Gable
Jack Gann
John Garner
Beverly Gatling

Paul Geneste
Myra George
Lee Gifford
Ramona Giles
Steve Godwin
Darnell Goodrich

Albert Gordon
Karen Gowdy
Jackie Grandison
Pat Grant
Susan Griffin
Debbie Gunnell

Kenneth Gunnell
Fred Gustafson
John Haag
Sharon Hall
Terri Halstead
Robby Hammond

W.J. Hargrove
Wayne Harrell
Alvernon Harris
Bernard Harris
Cynthia Harris
Marion Harris

Patty Harris
Deborah Hawkins
Larry Hayden
John Herron
Phyllis Hogge
Sidney Holt

Libby Honeycutt
Paulette Howard
Millicent Hunt
Peter Hunt
Joyce Hunter
Theresa Hunter

Charles Insley
Robert Jackson
Clyde Jacobs
Le Anna Jepson
Daniel Jimenez
Shelly Jobson

Anderson Johnson
Cecilia Johnson
Charles Johnson
Mike Johnson
Donna Johnston
Bill Jones

Janice Jones
Margaret Jones
Rowan Jones
Vanessa Jones
Doris Jordan
Shirley Jordan

Lynne Kelly
Wynne Kelly
Ramon Kendall
Valerie Kendall
Dan Kerrins
Constance King

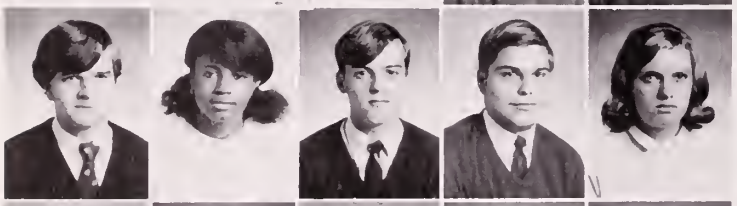
Anita Klecka
Debbie Klecka
Dee Dee Kramer
Lorretta Land
John Landers
Doug Lane

Marvin Lane
Donna Large
Mary Ann Larsen
Tommy Lavin
Lea Ann Lawrence
Stanford Lawrence

Bernard Lee
Hoover Lee
Becky Leighton
Valerie Lindsay
Roy Loehr
Rosaleto Logan

Mr. Shackleford Supervises Student Activities

Linda Lowers
Vickie Lucas
Vickie Lukas
Garland Majette
William Mancel



Kenny Mann
Wanda Mapp
Richard Martin
Steve Martin
Vanessa Martin

Angela Mason
Frances Mason
Mary Meade
Anthony Miller
Tony Miller

Connie Mills
Jesse Mitchell
Janet Mitchell
Dale Moore
Danny Moore

Carl Moose
Rodney Moorefield
Betty Morgan
Calvin Morris
Steve Morris
Renee Morton

Virginia Mosberger
Robert Murphy
Shelton Mutter
Raymond McClenny
Susie McCormick
Steve McKee

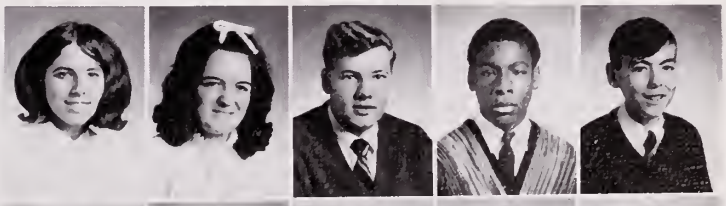
Robert McVicker
Ruth Nelson
Tim Nesbit
Vicki Oakey
Barbara Parker
Robert Parrish

Angela Parson
David Perrot
Donald Peterson
Glenda Pharom
Gwen Pharom
Larry Philpott

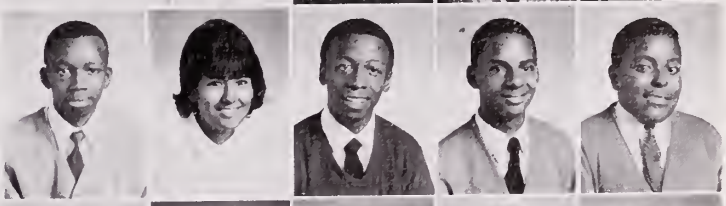
Peggy Pittman
Tommy Pollock
Debbie Polson
Joni Porter
Anthony Powell
Robert Power

. . . Mr. Shackleford?

Suzanne Powers
Patricia Prado
Lonnie Prater
Gene Preuit
John Prather



Lance Pugh
Elda Ramerez
Anthony Ray
Eugene Richardson
James Ricks

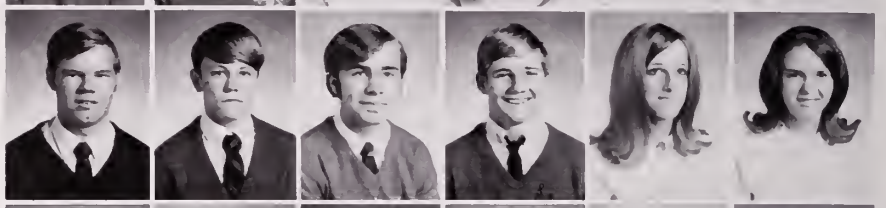


Pat Riddick
Richard Riddle
Douglas Rivers
Reginald Robinson
Lloyd Rodgers

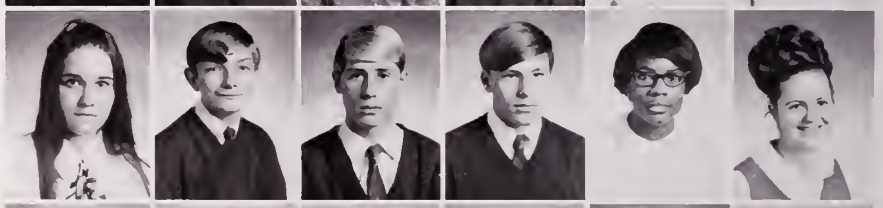
Pam Rogerson
Willis Rogerson
Rawles Roland
Judy Roseboro
Bobby Savage

Robbie Savage
Richard Seburn
Theotta Scott
Linda Secor
Brenda Sharp
Linda Shelburne

Tommy Shipley
Butch Sigda
Bill Sigmon
Steve Slager
Jackie Smith
Joy Smith

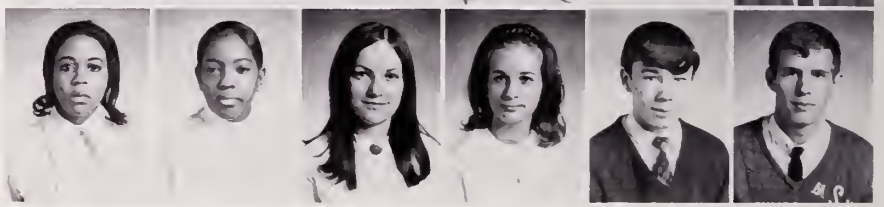


Jimmie Smith
Jimmy Smith
Phil Smith
Randy Smith
Yvonne Smith
Vickie Snyder

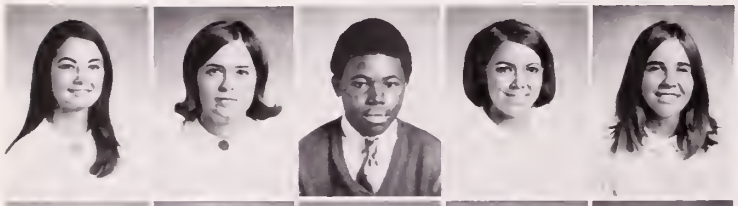


Charisse Spencer
Sarah Spencer
Carolyn Stanley
Debbie Stanton
Yolanda Staton
Quinton Stephens

Beverly Stevenson
Shirley Stewart
Brenda Stone
Jolee Stone
Tim Sutton
Murray Sylvester

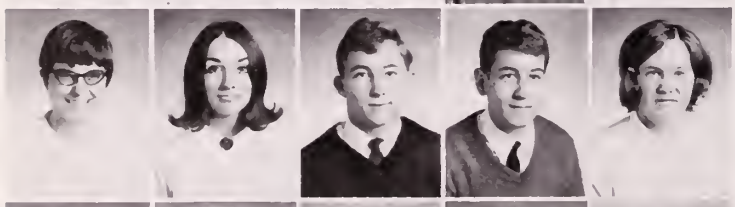


Sophomores Help Make Prom a Success



Marcella Taylor
Teresa Taylor
Raymond Terry
Teresa Thacker
Marijke Thamm

Darnetta Thomas
Denise Thomas
Debbie Thornton
Frank Thrift
Jeannie Timberlake



Lu Ann Tillery
Kathy Trent
Chris Turner
Robert Turner
Donna Tuttle

Robin Tyler
David Tyndall
Kenny Underhill
Thomas Ussery
Clarence Vann

Mr. Shackleford, Sophomore class sponsor, gets ready for a pass from . . .

Brenda Varney
Sally Vernelson
Cathy Walker
Robin Ward
Daphne Waring
Terry Warren

Jo Ann Watson
Marcia Weaver
Tommy Weaver
Teresa Webster
Evelyn Wertz
Carol Whitaker

Rosa Whitaker
Cannon White
Lorimer White
Vanessa White
Roosevelt Wiggins
Alice Williams

Eugene Williams
James Wilson
Karen Wilson
Keith Wilson
Marie Wilson
Robert Winn

Dexter Woodard
Edward Woodard
Angela Wright
Kevin Wyatt
Terri Wyer
Earl Yeckley

Interested members of the Sophomore prom committee meet to discuss a car wash and a dough-nut sale.

Freshman Class Officers Lead

Although they were new to Cradock and high school life, the Freshman class soon fit smoothly into the rapid pace of a high school's many activities. At first there were feelings of insecurity and confusion as they searched for their various classrooms and met new people. These feelings were overcome as they took part in pep rallies, athletics, food drives, the Childrens' Christmas party, and other activities.

The major event of the year was the Freshman-Sophomore Prom. This activitiy took long hours of planning and working as the Freshman participated in candy sales, doughnut sales, and car washes to make the prom a success.

Everyone in the class of '73 will take a different path in life, but their Freshman year will always have a special place in their memories because it will bring back thoughts of a new adventure in a totally new atmosphere.

Florence Ward, treasurer; Michele Maxon, vice-president; and Tyrome Belton, president; have decided that no goal is too high for the Freshman class.

Richard Abrams
Lynton Adams
Robin Alexander

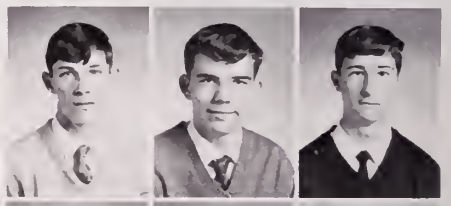
Susan Allen
Linda Amory
Marquerita Anderson

Eddie Aronder
David Arrington
Timmy Askew

Randy Atchison
Michelle Atwater
Mike Atwater

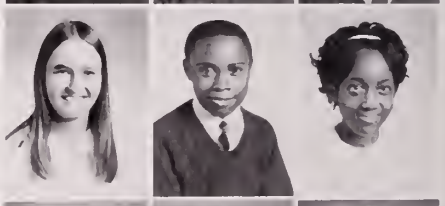
Dale Baker
Larry Baker
Deanna Baldwin

Darwin Bales
Michael Bandy
Tommy Barb

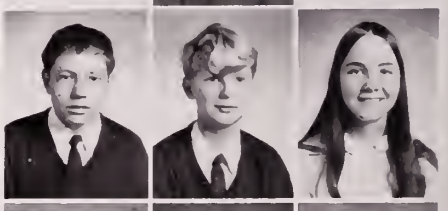


Danny Barker
Leslie Barnak
Honney Barner

Denise Barnes
Jesse Barnes
Monica Barnes

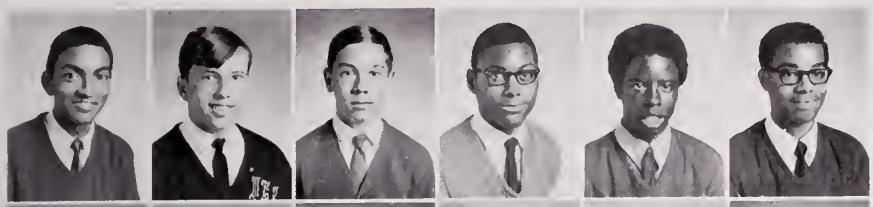


Richard Barnette
Billy Bass
JoAnne Bass



Judie Beazley
Sharon Bein
Melissa Bellamy

The Way to a Successful Year



Tyrome Belton
Mike Bickley
Robert Bilko
David Birden
Ronald Black
Andrew Blackburn

Terry Bleckley
Eugene Boatwright
Teresea Boggs
Cynthia Boone
James Boone
David Boshinski

Delores Boush
William Bowers
Edwin Bozoti
Susie Bradley
Carol Brady
Debbie Bridgeman

Cindy Broaddus
Carolyn Brown
Robin Brown

Clifton Browning
Brenda Bullock
Janet Burke

Karen Burkeholder
Marilyn Butts
Michael Butts

Lester Cahoon
Teri Callen

David Canada
Henry Caprio

Virginia Carter
Doryce Cary

Constance Causer
Renee Chapman
Jesse Chase
Alton Chesson
Lavern Clanton
Henry Cole

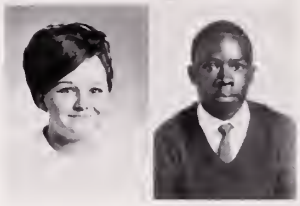
Alex Coleman
Ralph Collins
DeCarlos Combo
Lecunte Conaway
Barbara Conner
Richard Copeland

Carolyn Corbett
Holt Cox

Debra Cradle
Sheila Cross

Wanda Curles
Robyn Dail

Norma Daughtry
Paul Daughtry



Carolyn Elliot
Eddie Elliot
Frank Elms
Butch Evans

Frank Fate
Nancy Faust
Ronald Feazell
Kathie Fincher

Susan Foeller
Michelle Forbes
Annette Fox
Steve Francis

David Frye
Donna Gable
Pam Galbraith
Sandra Garner

Barbara Davis
Randy Davis
Willa Davis

Jeffrey Day
Hazel DeHart
Leonard Derleth

Philip Dobrosky
Johnny Doleman
Karen Dorson

Sandra Dowell
Mike Draughon
Mary Dunlow

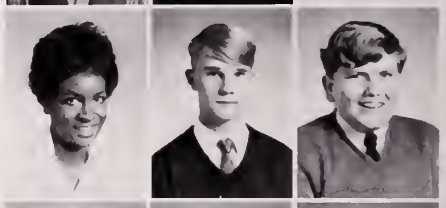
Luanne Dunn
Beth Eddy
Gregory Edwards

Alice Garris
Emma Garris
Jacqueline Gatling

Anne Geneste
Linda Giles
Cheryl Gilmore

David Gowdy
Doug Green
Paulette Green

Robin Greene
Billy Griggs
Billy Grimsley

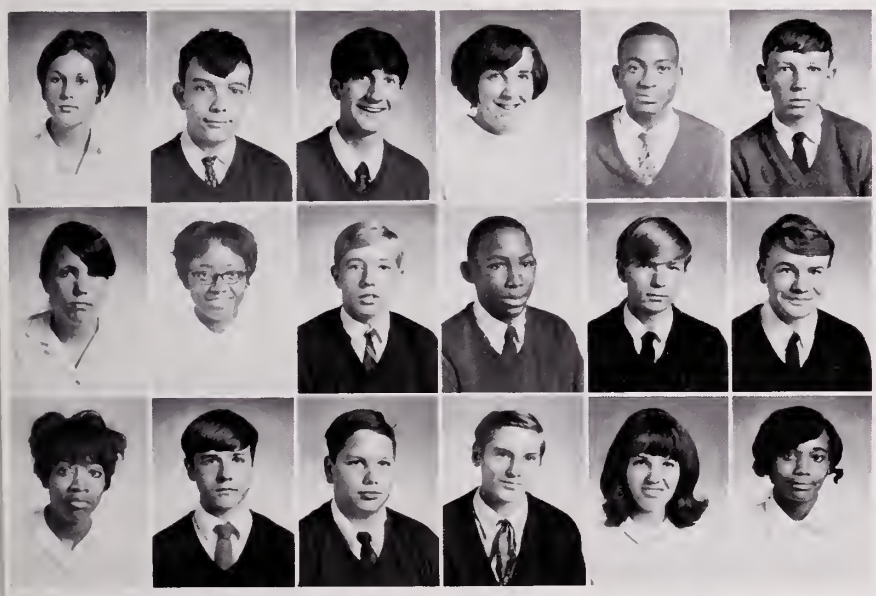


Steve Harmon
Gary Harrell
Gayla Harris

Miss Pond Sponsors the Freshman Class

Miss Pond takes a break between classes.

Vickie Jepson
Debbie Jernigan



Kathy Harrison
Charles Harvey
Mark Hatcher
Janice Havner
Donald Hawkins
Freddie Hemmings

Susan Herron
Sherlyn Hester
Richard Hill
William Hilliard
Billy Holland
Charles Holloman

Diane Holloway
Neil Hooks
Michael Hooper
Chuck Hoover
Pam House
Sylvia Howard

Jeffrey Hoyt
Gwendolyn Hudson
Randy Hunt

Jackie Hunter
Karen Hunter
Debbie Hurt

Gary Hyler
Sol Ingram
Joe Ivey

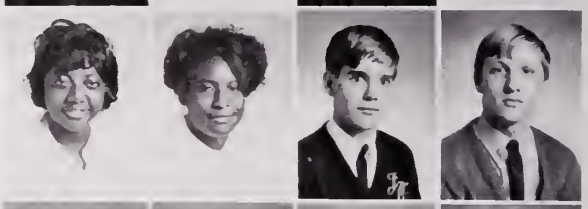
Frederick Jacobs
Charles Jenkins
Diane Jenkins

Freshmen Help Sophomores With Prom

Prom Committee: Deanna Baldwin, Teresa Kretzer, Norma Lowman, Carol Brady, Susan Rudy.

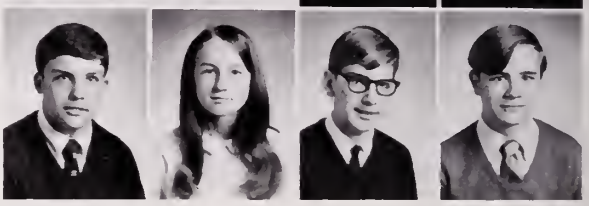
Rusty Jobson
Arlette Johnson
Jimmy Johnson
Connie Jones

Delphine Jones
Sharon Jones
Russell Jordan
Sam Jordan

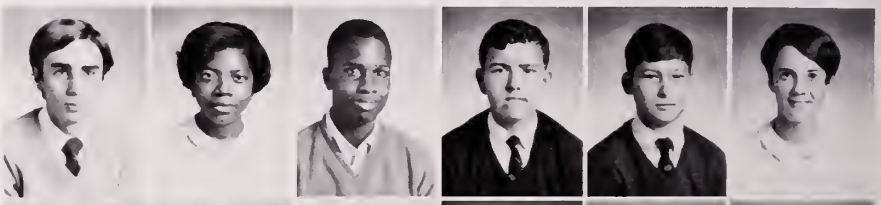


Vickie Joyner
Debbie Jumba
Charles Kinnison
Thomas Klecka

Mike Knight
Teresa Kretzer
Reid Kuder
Larry Kumm



Lester LaFontaine
Deborah Lamb
Theodore Lamb
Ricky Lawrence
Gary Layden
Kathy Lee



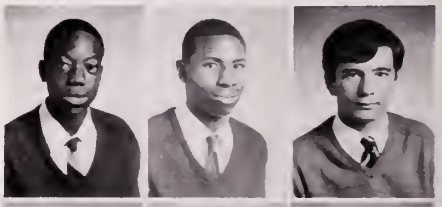
Marion Lee
Alvin Lewis
Ovetta Lewis
Debbie Liljegren
Kim Locascio
Debbie Locke

Norma Lowman
Gilbert MacDonald
Freddy Madeira
Roxanne Marshall
Larry Martin
Steve Martinez

Walter Maselka
Nancy Mason
Romney Mason

Michele Maxon
Paul McCarthy
Debbie McGlinchey

Billy McIntyre
Larry McIntyre
John McKay



Rhonda McKay
Janet Mears
Kim Miller

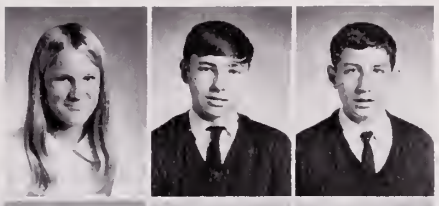
Sharon Miller
Susie Miller
Terry Miller

Theresa Miller
Monica Millner
Bill Minnix

Dwight Mitchell
Marie Mitchell
Evelyn Mondy

Davis Monell
Doryce Moore
Mary Ann Moore

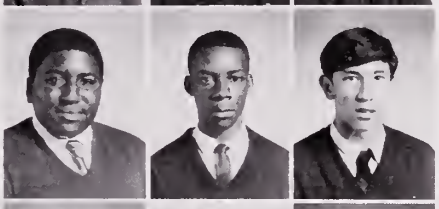
Teddy Moring
Freda Morrell
Robert Murphy



Gail Murray
Craig Nash
John Neece

Jesse Nelson
Frederick Nesbit
Derrick Nicholson

Raymond Nipper
Rodney Nipper
T.J. Nipper



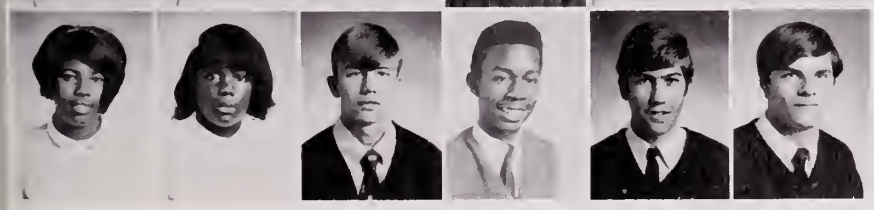
Joseph Nixon
Thomas Nixon
Benny Nocon

Bobby Nocon
Frances Norman
Renee Oliver

Evelyn Owens
Lennel Owens
Susan Palmer
Kenneth Parker
George Parks
Cardell Patillo

Janice Patrick
Bobby Paul
Sterling Paul
Antonio Payne
Donna Pennington
Sandy Pennington

Brenda Perryman
Carolyn Powell
Geneva Powell
Eugene Ramsey
Patty Rasnick
Judy Respass



Stephanie Respass
Deborah Revish
Ronald Rhoton
Michael Riddick
Terry Riffe
Paul Risi

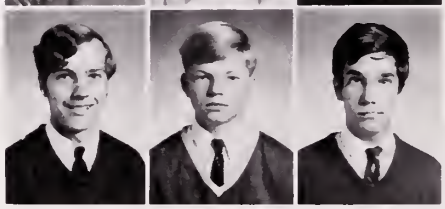
Phyllis Robinson
Bonnie Rogers
Robin Rozewiez

Susan Rudy
Veronica Ruffin
Marion Samuel

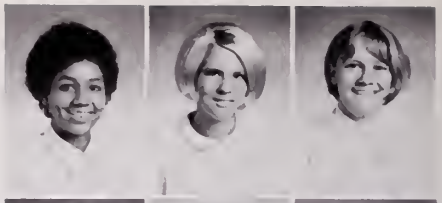
Clifford Sandefur
Danny Sandefur
Bonita Saunders

Charles Scott
Linda Seamster
James Sebra

Robert Seeds
Groege Segar
Scott Selby



Deryl Smith
Sheryl Smith
Yvonne Smith



Johnny Smithey
Marie Spears
Tommy Stenzel

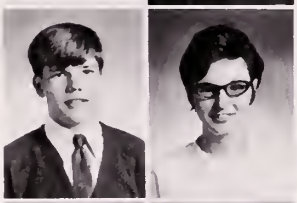
Rodney Stephens
Brenda Stevenson
Cynthia Stewart

Linda Stinger
Jim Stitterson
Phillip Stockton

Bruce Stone
Richard Stricklin
Janice Suggs

Alva Sharp
Carden Sharp

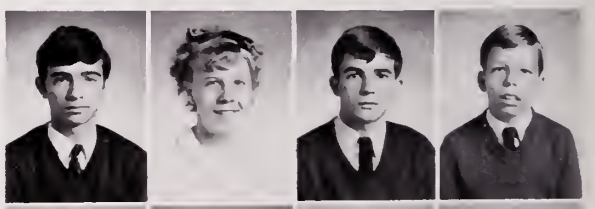
Pete Shaw
Debra Shelton



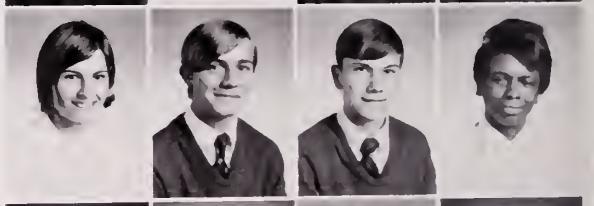
Pam Shoemaker
Sandra Shoemaker

Johnny Slaughter
Cherri Smith

John Swain
Kim Talley
Floyd Tate
Mike Taylor



Debbie Thompson
James Thompson
John Thompson
Rozita Thrower



Susan Thurman
Sherry Trollinger
Michelle Ullom
Janine Upton

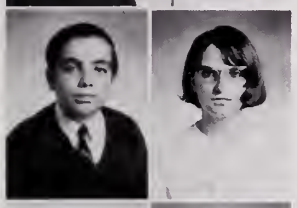
Cathie Ustick
Jewel Valentine
Jesse Vann
Wanda Vaughan

Bobby Vaughn
Valerie Vinson

James Vogler
Tommy Walker

Virginia Walker
Bonnie Ward

Michael Webb
Theresa Webb



Sarah Wertz
Millie West

Theresa Weston
Sylvia Whaley

Ronnie Ward
Sharon Ward

Freshman Student Forum: Front row: Rodney Nipper, Sheryl Smith, Linda Amory, Sharon Miller, Karen Burkeholder, Nancy Faust. Back row: Donna Gable, Robyn Dail, Jo Ellen Wyer, Susie Bradley, David Monell.

Student Forum Links Homerooms With S.C.A.

Janice Whiddon
Eileen White
Freddy White
Lucretia Wiggins
Tim Williams
Janet Wilson

Lillian Wilson
Dane Woodard
Linda Woodruff
Beth Wray
Evelyn Wright
JoEllen Wyer

Faculty

. . . just, reserved - yet ever
willing to supply with a
resounding abundance of
knowledge,
. . . the commanding bass drum.

School Board Keeps In Step With Changing Needs

The Portsmouth School Board, composed of many prominent citizens and under the direction of Superintendent of Schools, Dr. M.E. Alford, changes its standards as the times and needs of the students change. They understand the changing society which the students will face in future years and help to prepare them for it.

Dr. M.E. Alford, Superintendent of Schools

Portsmouth School Board–First Row: B.M. Hutchuns, vice-president; Mrs. Hilda C. Watson; Dr. M.A. Kise, president; Mrs. A.P. Hopwell. Second Row: Robert W. Wentz, Jr., Dr. Robert W. Adams, Mrs. Bernard Rivin, Les Fry, and Paul L. Wilson, Sr.

C.S. Jenkins Added to Administrative Personnel

Principal T.W. Gray

The administrative personnel of Cradock enables all the problems and questions that arise from the faculty and the student body to be solved and be beneficial to all involved. This year in addition to Principal T.W. Gray and Assistant Principal R.E. Byrd, Cradock has added to this staff Assistant Principal C.S. Jenkins. Mr. Jenkins' chief jobs will work in with curriculum and instructional aids. Mr. Byrd now is involved with enforcing discipline in the school.

Assistant Principal, R.E. Byrd

Assistant Principal, C.S. Jenkins

The People Behind the Scenes

With the help of Mrs. Williamson, Mrs. Gibbs, and Mrs. Nance, Cradock is able to function properly and smoothly. Mrs. Ayres, school nurse, helps to solve any physical problems students might have. Mrs. Williamson keeps all the money matters straight and Mrs. Gibbs and Mrs. Nance perform any jobs they might be called on to do.

Mrs. Nance, Secretary

Mrs. Williamson, Bookkeeper

Mrs. Gibbs, Secretary

Mrs. Ayers, Nurse

Audrey H. Pannell
Junior Counselor
B.S., Madison College
M.Ed., College of William and Mary

Rose E. Pollard
Senior Counselor
Guidance Director
B.S., Mary Washington College

Guidance Counselors Help Solve Student Problems

Mrs. Rose E. Pollard, in addition to being Senior Counselor, is the Director of Guidance at Cradock. She is assisted by four counselors and a full-time secretary. The new members of the department are: Mr. Singletary (Freshman Counselor), Mrs. Vick (Sophomore Counselor), and Mrs. Walsh (Secretary). These new members work in conjunction with Mrs. Pannell, Mr. Wade, and Mrs. Pollard. All members of the department meet the necessary requirements by the State Board of Education to be qualified counselors. The department exists for the students. Through the guidance services provided for students, they learn to recognize their own abilities and to plan for the future.

James D. Singletary, II
English 8, Guidance Couselor
B.A., College of William and Mary
M.S., Richmond Professional Institute

Mamie S. Vick
Guidance Counselor
Co-sponsor of FTA
B.A., Virginia State College
M.S., Virginia State College

Charles P. Wade
Freshman Counselor
Head Football Coach
B.A., Belmont Abbey College
M.Ed., University of Virginia

Mrs. Walsh, Guidance Secretary, performs one of her many daily duties.

Mrs. Hawkins Takes Over as Department Head

Mrs. Julia H. Hawkins, English chairman has helped the English department become more interesting and more challenging to the students. The Creative Arts Contest sponsored by the **Log** staff has helped to stimulate creativity and originality. The addition of filmstrips, tapes and records has added interest to the classes. Many electives, such as speech, dramatics, and journalism are also included in the department. Students may help to publish their school newspaper, yearbook, or magazine. The English department helps to provide enjoyment for future years.

Anne Bennett Borum
English III, IV
B.A., University of North Carolina

Linda Ruth Butler
English II, Dramatics
Sponsor of Thespians, Senior Class Play
B.A., Longwood College

James Edward Fulmer
English I, II
Co-sponsor of The Admiral
B.A., Old Dominion College

Rhoda Ward Hampton
English I, II
B.A. Appalachian State Teachers College

Julia H. Hawkins
English IV
B.A., Madison College

Marti Hunt
English III, Speech
Co-sponsor of The Admiral
B.A., College of William and Mary

Frederica G. Johnson
English III, IV
Sponsor of S.C.A.
B.A., Campbell College

Pamela Huff Lewis
English I, II
B.A. East Carolina University

Phyllis Dickerson Lyon
English II, III
Co-sponsor of Inter-Club Council
B.A., Old Dominion College

Barbara Ann Phillips
English I, II
B.A., Wake Forest University

Trudy Elizabeth Pond
English I
Sponsor of The Log and Debate Team
Co-sponsor of J.V. Cheerleaders
B.A., College of William and Mary

Mr. Fulmer's English class would rather look out the windows.

Mary Ellen Richardson
English III, Speech
Co-sponsor of The Admiral
B.A., Madison College

Amy Kay Virnelson
English I, II
B.A., Lynchburg College

Josephine M. Wimbush
English III, IV
Student Forum Sponsor
A.B., Norfolk State College

Marjorie Y. Weaver
Librarian
B.A., Mary Washington College

Mathematics Increases Knowledge

The Mathematics Department at Cradock, under the supervision of Mrs. Elizabeth O. Morgan, presents a varied and well-prepared program. In addition to a regular five-year math schedule, general and vocational math is taught. These two subjects help our students to prepare for tradesman and to apply the principles taught to their everyday living. This variation meets every students personal need.

Phoebe M. Boykin
Algebra I, Consumer and General Math
B.A., Randolph-Macon Woman's College

Nancy Lee Jacob
Algebra II, General Math
Co-sponsor of Admiralettes
B.S., Bucknell University

Doris Dial Mayfield
Algebra I, II, General Math
A.B., Marshall University
M.A., Marshall University

Elizabeth O. Morgan
Analysis, Algebra I, Trigonometry
Co-sponsor of Senior Class
B.S., Longwood College
M.Ed., University of Virginia

Lydia Rea Riddick
Algebra II and Geometry
B.S., North Carolina State University

Jerry L. Shackelford
Algebra I, II
J.V. Baseball Coach
Sophomore Class Co-sponsor
B.A., M.Ed., East Carolina University

Bessie A. Stanback
Algebra I, General Math
B.S., Virginia Union University
M.A.T., Michigan State University

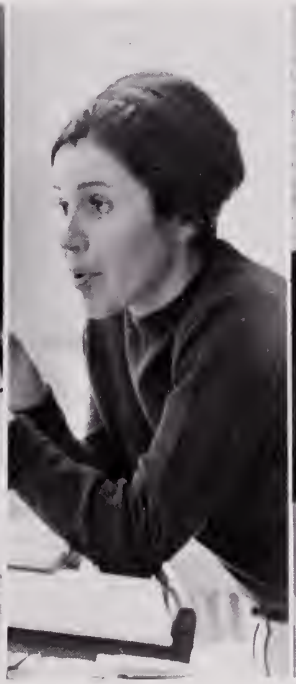
John J. Wulzer, Jr.
General and Vocational Math, Algebra I
Senior Class Co-sponsor
FTA Co-sponsor
A.A., Belmont Abbey
A.B., St. Benedict's

Foreign Language Enrollment Expands at Cradock

The Foreign Language Department with Mrs. Elizabeth Bruce as the departmental head, helps to provoke the students to involve themselves in foreign affairs. French and Spanish taught by Mrs. Bruce, Miss Edgar, and Mr. Ficenec provide enjoyment as well as knowledge to the students. The use of the lab facilities gives the students the ability to record and listen to their own accented voices. There is a hope of expansion in the department concerning courses and personnel.

"I must not talk in class, I must not talk in class, I must . . ."

Elizabeth Jack Bruce
French
Sponsor of National Honor Society
A.B., Randolph-Macon Woman's College



Rosemary Edgar
Spanish
Co-sponsor of Kappa
A.B., University of North Carolina and University of Madrid

William Anthony Ficenec
Spanish and French
Sponsor of Bible Club
B.A., Old Dominion College

Foreign language students do their thing!

Alvin W. Anderson
Geography, History
Co-sponsor of Delta
Indoor Track Coach
Spring Track Assistant
Coach
B.S., Old Dominion
College

David Charles Aument
History and Government
Sponsor of Y.M.A.
B.S., Old Dominion
College

Jacqueline B. Bempong
Geography
B.A., Norfolk State College

E. Dana Dickens
History and Georgraphy
Co-sponsor of Varsity
Cheerleaders
B.A., North Carolina
Wesleyan

Jane H. Glazer
Government, Journalism
and International
Relations
Sponsor of **The Shipmate**
B.A., George Washington
University
M.A., Stanford University

Mrs. Wilkinson looks over her student's work.

Teachers Open Doors to the Past, Present and Future

Betty Parent
Geography and History
B.A., College of William and Mary

Bonnie B. Paul
Geography and History
Co-sponsor of the Varsity Cheerleaders
B.S., Madison College

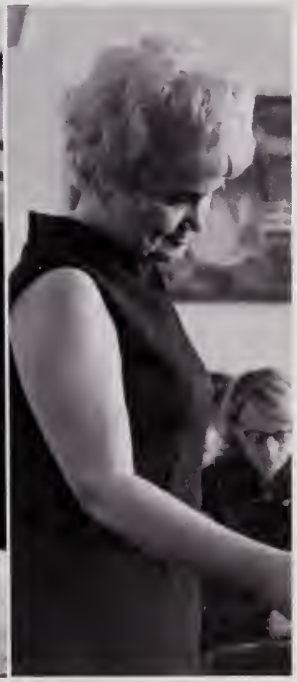
Sarah M. Ward
History
B.A., Virginia State College

The Social Studies Department of Cradock High School, under the excellent supervision of Mrs. Jayne Wilkinson, has one of the largest collections of filmstrips, records, and tapes of any high school in the state of Virginia. These audio-visual and visual aids help our students to fully understand the importance of history in their own lives. The majority of the student body is involved in social study activities. While participating in these activities, students can begin to understand and realize the social, political and economic conditions of the nation. This seems to be the main objective of the department. The Social Studies Curriculum includes United States and Virginia Government, United States and Virginia History, world history, and world geography.

Mr. Anderson's geography class participates in a class discussion.

Larry D. Weldon
Geography
Athletic Director
B.A., Presbyterian College

Jayne Cosby Wilkinson
Government and History
A.B., Duke University
M.A., University of Richmond



Physical Science

Experiments with batteries is one of the many aspects of physical science.

The Science Department of Cradock High School entered the 1969-70 school year proudly proclaiming two consecutive years of Tidewater Science Congress winners and top place winners in the International Science Fair.

This year the entire freshman science program has become all physical science. The new investigative approach and inquiry method is dominating the scene. More students are recognizing a need for the advanced courses. The physics enrollment has over doubled since last year and an extra chemistry class has been added. Ours is the only science department in the city with three chemistry teachers.

Edna H. Corbett
Introductory Physical Science, BSCS Biology
B.S., Virginia State College, Norfolk Div.
M.A., Hampton Institute

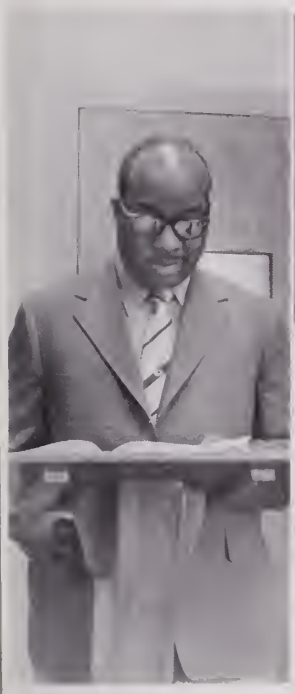
Ted Wells Gardner
Introductory Physical Science, Chemistry
A.B., University of North Carolina

Olivia T. Hinton
Physics and Chemistry
Co-sponsor of Science and Math Club
B.S., East Carolina University
M.S., College of William and Mary

Sarah Jo Jennings
Biology
Co-sponsor of J.V. Cheerleaders
B.S., Radford College

Sandra Y. Mennis
Introductory Physical Science, BSCS Biology
Chemistry
Co-sponsor of Kappa
B.S., Medical Technology
Louisiana State University

for Freshmen



Joseph Myers
Introductory Physical Science
B.S., Hampton Institute
M.S., Virginia State College

George Albert Perkins
Quantitive Physical Science, Earth Science
Cross-country Coach
Spring Track Coach
B.S., Old Dominion College

A Cradock student learns what happens with too much static.

Students struggle over a difficult experiment.

Forrest R. Ross
BSCS Biology
Co-sponsor of Junior Class
B.S., North Carolina State
M.S., University of Virginia

Jo Anne S. Vance
BSCS Biology
B.S., Longwood College
M.S., Old Dominion College

A First for Cradock: Intramurals

Wanda B. Barnes
Physical Education
Volleyball Intramurals
B.S., Hampton Institute

Willis H. Bell, III
Physical Education
Driver's Education
Varsity Baseball and
J.V. Football Coach
B.S., William and Mary
M.Ed., University of
Virginia

Raymond T. Carson, Jr.
Driver's Education
Varsity Basketball and
Golf Coach
B.S., Old Dominion College

Francis R. Gale
Physical Education
Softball Intramurals
B.A., Berea College

Richard K. Huneycutt
Physical Education
Driver's Education
Coach of Football and
Wrestling Teams
B.S., East Carolina
College

Mr. Langston's class looks like it enjoys learning.

Up, up, and away!

Joe Gerald Langston
Physical Education
Driver's Education
Weight Training and
Football Coach
B.S., Norfolk State
College

John Lamarr Preythe
Physical Education
Tennis Coach
B.S., Atlantic
Christian College

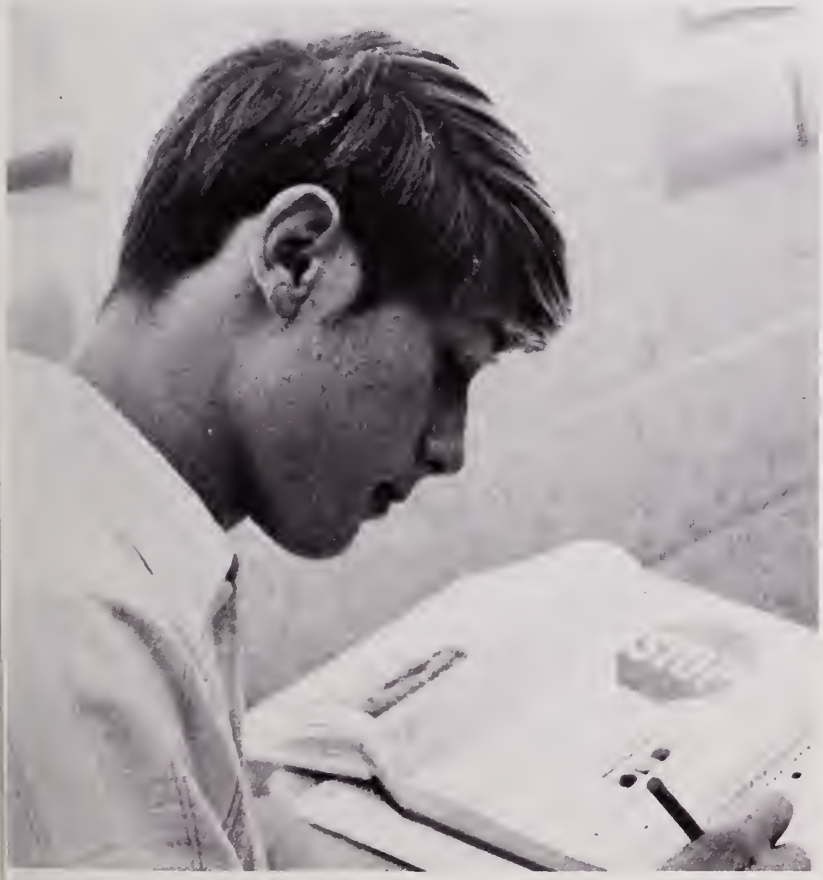
The Physical Education Department with Mr. Willis Bell as head, started this year with the expansion of its staff. The new members—Mrs. Branes, Miss Spruill, Mr. Waff, and Mr. Precythe—aid in cultivating sportsman-like conduct and physical fitness in our students.

Intramurals are new at Cradock this year. Volleyball, gymnastics, and basketball are among the first intramural sports. Miss Spruill, Mrs. Barnes, and Mrs. Gale feel these will add more interest to girls taking physical education.

Another addition to the physical education department is the new look the gymnasium floor received over the summer.

Driver's education has increased in importance to all students. It helps students to follow the rules of driving and to decrease the percentage of accidents on today's highways.

Driver's Education is a part of every sophomore's curriculum.



Mary Paulette Spruill
Physical Education
Basketball Intramurals
B.S., Radford College

Wayne Stevenson Waff
Physical Education
Football and J.V.
Basketball Coach
B.S., East Tennessee
State University

Stenography and Clerk Typist Added to Curriculum

The Business Department offered two new programs to the students. Mrs. Delores Paine, department head, taught Stenography I. This was a program consisting of both shorthand and typing. The students also learned how to use the many business machines—duplicators, adding machines, and transcription and calculating machines. The other new program, taught by Mrs. Patricia Self, was involved in mainly the business machines and typing. Both of these courses were two hours long and students taking them received two credits. Other business courses, typing, general business, bookkeeping and recordkeeping also were available. The Business Department prepares students for jobs in the wonderful world of business.

Edna Glyn Compton
Typing I, Shorthand II
Co-sponsor of FBLA
B.S., Radford College

LaVonne P. Ellis
Business Law, Economics
Typing I
Co-sponsor of Inter-Club Council
B.S., Hampton Institute

Linda H. Henderson
V.O.T., C.O.T., Typing II
A.A., Old Dominion College
B.S., Old Dominion College

Jessie B. Linycar
General Business,
Bookkeeping,
Recordkeeping
Co-sponsor of FBLA
B.S., Norfolk State College

Delores K. Paine
Stenography I
B.S., Madison College

Patricia G. Self
General Business
Typing I, and Clerk-Typist I
B.S., Campbell College

Shelby F. Watson
General Business
Typing I
B.S., Mississippi State University and Old Dominion College

Students Excel in Industrial Arts

The Industrial Arts Department is composed of mechanical drawing, wood shop, metal shop, and the electricity shop. The new members include Mr. Smithwick and Mr. Riddick. They teach wood and electricity, respectively. The metal students and the mechanical drawing students won state awards in the Virginia Industrial Arts Association. Mechanical drawing offers experience as architects and draftsman. The wood shops help meet the requirements for the apprentice programs. In the metal shop students learn how to cast metals and how to weld them. Basic electricity offers a general course in electronics. With these courses, our students are able to be experienced tradesmen.

Lonnie B. Clements
Mechanical Drawing
Co-sponsor of Y.M.A.
B.S., Old Dominion College

Vernon B. Kloeppel
General Math, General Metals
B.S., Old Dominion College
M.Ed., North Carolina University

The Metals Shop helps students to mold various objects for use in everyday life.

Rayford L. Riddick
Basic Electronics I, II
Audio-Visual Coordinator
B.S., Virginia State College

Thomas M. Smithwick, Jr.
Wood I, II and General Industrial Arts
B.S., East Carolina University

Nursing - A New Program

The Vocational Educational Department of Cradock High School is comprised of four programs. Mrs. Katherine Decker heads the Licensed Practical Nursing Program. This program is designed for pre-clinical and classroom training in nursing.

The second program, Distributive Education, headed by Mr. Nicholas Ashby, helps our students adapt to the expanding economy of our nation today.

Industrial Cooperative Training, under Mr. Ernie Prillaman's supervision, provides part-time jobs for the students. This aids them in realizing the importance of learning while earning.

Mrs. Barbara West instructs the Home Economics classes. Particular attention is devoted to consumer problems and management as needed for strengthening family living.

Nicholas G. Ashby
D.E.
Co-sponsor of DECA
B.B.A., A.A., Old Dominion College

Annette J. Barnes
D.E.
Co-sponsor of DECA
B.S., Virginia Commonwealth University

Katherine B. Decker
Pratical Nursing
B.S.N., Emory University School of Nursing

Dorothy W. DeSue
Practical Nursing
A.D., Norfolk State College

Jane Greenwood
Practical Nursing
B.S.N., Medical College of Virginia

Ernie E. Prillaman
I.C.T.
Sponsor of V.I.C.A.
B.S., Virginia Polytechnic Institute

Barbara Ann West
Home Economics
B.S., East Carolina University

Creativity is Focused in Fine Arts

William P. Barley
Band
B.M.Ed., Shenandoah Music Conservatory

Harriet C. Heath
Chorus
Sponsor of Madrigal Singers
B.M.Ed., Greensboro College

Netta B. Staffon
Art
Sponsor of Art Club
B.A., Carnegie Institute of Technology

The Fine Arts Department, under the general supervision of Mrs. Netta B. Staffon, plans another combined art exhibit and band and choral concert this year.

Mrs. Harriet Heath's choral department consist of five groups; Boy's Glee Club, Girl's Glee Club, Girl's Ensemble, Mixed Chorus and the Madrigal Singers. These groups present programs in the community as well as assemblies and concerts for the school. The Madrigal Singers performed at Shenandoah College for the Tri-State Music Festival. The annual Christmas trip to Williamsburg was a great success. Twenty-four choral members were selected to participate in the Eastern Regional Chorus.

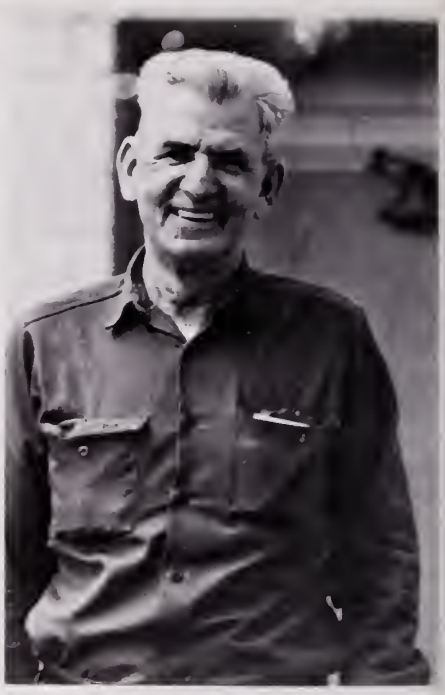
The Art Department offers a four-year program. Mrs. Netta Staffon encourages her students to participate in city wide exhibits. Their art work is on display in auditorium hall and in the cafeteria. The department was especially active during homecoming and the Christmas season.

Mr. William Barley and his band again hosted the All-Regional band at Cradock. They participated in a marching contest in Williamsburg and received an excellent rating.

Mrs. Staffon instructs her students in the basic fundamentals of sculpturing.

The French horn is one of the many band instruments.

Guidance Assistants–First Row: Kathy Christopher, Cathy Modlin, Susan Grigas. Second Row: Tommy Machingo, Donna Large, Connie Davis, Billie Sue Taylor, Renee Baggett.



Mr. Matthews
Custodian

Library Assistants–First Row: Mike Buck, Charles Kennison, Eugene Williams, Veronica Willis, Linda Gainey, Debbie Barbour, Linda Shelburne, Susan Piland. Second Row: Linda Amory, Joannie Beaver, Kathy Trent, Karen Gingras, Audrea Moyer, Pat Cox, Billy Jordan. Third Row: Karen Burkholder, Peggy Jenkins, Sylvia Fox, Wesley Struart, Karen Gowdy.

Main Office Assistants–First Row: Steve Cowart, Toni Johnson, Patty Selley, Lynette Caharity, Cathy Corprew, Dale White, Tricia Lathan, Janet Callahan, Billy Deal. Second Row: Jeryl Carr, Coleen Green, Shirley Root, Janis Buchanan.

Student Assistants Are Kept on the Run

Infirmary Assistants–Nancy Babb, Pat Rife, Patricia Cherry.

Student assistants aid the secretaries, the nurse, the librarian, the guidance counselors, and the cafeteria staff. These students do this work during their study periods. They are kept busy running errands, filing, answering the telephone, and aiding visitors in any way possible. The cafeteria assistants help the staff to prepare the lunches. The nurse's aids aid her in recording the number of students sent to the infirmary and the reason why they are sent. They help Cradock to operate smoothly by their volunteer service.

Cafeteria Assistants–Janice Jacobs, Sally Virnelson, Hoover Lee, Clarence Gray, and Berlene Bunch.

Cafeteria Manager–Mrs. Hollins.

Organizations

The drums roll
. . . participation . . . tension
The finale
. . . progress . . . success.

Student Council A Service

This year the Student Council was lead through a successful year by our President, Maureen McNabb; Vice-President, Leslie Trent; Secretary, Barbara Bailey; Treasurer, Cathy Modlin, and our sponsor, Mrs. Frederica Johnson.

Student Council members successfully completed such projects as the Children's Christmas Party, the Thanksgiving Food Drive, Homecoming, and the "Miss Cradock" Contest.

The Student Council had a very successful year. The Student Forum, headed by Leslie Trent, has aided the students and their school government in becoming a closer organization.

Secretary Barbara Bailey, Treasurer Cathy Modlin, Vice-President Leslie Trent, and Sponsor Mrs. Johnson talk over plans for "Miss Cradock" Contest.

Maureen McNabb, President of the S.C.A., lead the school to one of its greatest years.

Patty Harris contemplates during one of the many S.C.A. discussions.

to the School

Senior Representatives Jean Cromartie, Acey Ballard, Beverly Stone, Mary McEachern, and Jimmy Upton, are trying to paint the Senior Door.

Freshman Representatives Michelle Maxom, Terry Bleckley, Tyron Belton, Janine Upton, and Cathy Ustick get their hands into the new life of high school.

Junior Representatives Dixie Stroupe, Alice Hervey, JoAnn Bales, Robyn Gomer and Pam Bryant, our great up-coming Seniors?

Sophomore Representatives Susan McCormick, Betty Ann Borum, Anita Edwards, Patty Harris, Jimmy Smith relax after a business meeting.

Shades of glory!?? Staff members: Lillian Ford, Mike Miller, Paul Kitchen.

Doing their homework for the Annual are Pam Light and Vickie Jepson.

Our hardworking co-editors, Lillian Ford and Lynn Hawkins.

Penny Carter studies possible shots for her cheerleader section.

A tower of strength in our Sports Editors: John Prather, Mike Mays, Paul Kitchen, and Mike Miller.

Annual Staff Records A Year Of History

Staff photographers Shelton Meeter and John Prather wade through their negatives.

The main goal of the 1970 Annual staff has been to produce a better book than the year before. To do this a summer workshop was held under the direction of the sponsors, Mrs. Richardson and Mr. Fulmer, and the co-editors, Lillian Ford and Lynn Hawkins.

To get more students interested in "The Admiral", members of the staff went to each English class to hold discussions. The students revealed their complaints about the annual. The staff members discussed mistakes made in previous years, new ideas to improve the quality of the yearbook, the costs of putting together a yearbook, and the actual responsibilities of the staff members.

The result of these discussions has been a more enthusiastic and eager-to-please staff.

The Editors of Class sections put their heads together! Debbie Thomas, Cheryl West, Jan Shuler, Betsy Remnet, and Patty Selley.

Log sponsor: Miss Pond.

This year, as it has in the past, the **Log** has sponsored a Creative Arts Contest. Out of the five catagories–essay, short story, long poem, short poem, and art–first, second, and third place winners were selected. These were printed in the magazine, along with those works we considered worthwhile.

More than ever, the **Log** has presented as accurate as possible, a cross-section of the literary and artistic talent of Cradock. The material, as any true anthology should, aptly reflected the moods and attitudes of its time.

Log Staff Creates Award Winning Magazine

Beverly Ross, Joyce Wilborn, Sue Wyer, Lynette Charity, Bill Miller, Lesley Stewart, and Lilia Printz salute Linda Wright, Edito of the Log.

Log Staff members: Linda Wright, Glenda Ervin, Lynette Charity, Bill Miller, Joyce Wilborn, Lesley Stewart, Sue Wyer, Lilia Printz, and Beverly Ross.

ilia Printz, co-editor of the Log, shows how responsible he is.

Bill Miller, and Lesley Stewart show off their remarkable ability to drive?

Shipmate Takes Award at S.I.P.A.

The Shipmate serves its useful purpose as the media for news in and around Cradock High. With the combined efforts of the four co-editors, a semi-professional photographers, the regular journalism class, and Mrs. Jane Glazer, sponsor, four issues of the Shipmate have been put together. (Plans had been made for six issues but a lack of money forced the staff to limit the number. Boosting school spirit and giving informative news and constructive criticism, the Shipmate will continue to function as one of the school's number one activities.

Hi there!

Cradock put forth its best.

Left to right: Pat Pharam, Roberta Langley, Denise Faircloth, Clementine Spellman, and Donna Moose.

Peggy Jenkins shows full extent of her power.

Co-editors: Larry Mancuso, Cecil Reneau, John Lloyd, and Peggy Jenkins.

Moscow Spencer, Cornell Gordon, cornerback for the N.Y. Jets, Debbie Tibbitts, Mary Barnes, and Alice DeArmond.

Jobynia Gary, Sharon Haywood, Vickie Snyder, Nancy Tessenear, and Robert Neely.

Quill and Scroll Is Composed of Literary Staffs

This year Quill and Scroll members started early to arouse the student body's interest in the three publications. New ideas were presented, contests organized, and fees reduced.

Quill and Scroll is an honorary club for those who work for either The Admiral, The Log, or The Shipmate. Juniors and Seniors from these staffs who are outstanding in the literary field and have a good scholastic average are admitted to Quill and Scroll.

Members of the Annual Staff—Debbie Thomas, Cynthia Ruiz, Mike Miller, Lynn Hawkins, Mike Mays, Pat Weiss, Cheryl West, Debbie Weaver, Paul Kitchen, Betsy Remnet, Lillian Ford, and Penny Carter—demonstrate the hard work they have done throughout the year.

The Log and Shipmate Staffs include—Susan Wyer, Charlotte, Doris Overton, Pat Gordon, Denise Faircloth, Linda Wright, Bev Ross, John Lloyd, Larry Mancuso, Cecil Reneau, Clementine Spellman, Jobynia Gary, Lila Printz, Peggy Jenkins, Debbie Tibbits, Mike Murrey, Mike Miller, Nancy Tessenear.

The Thespian Troupe is an honor society designed to honor students who have participated in high school dramatic productions. Thespian members participated in the Senior Class Play, **Visit To A Small Planet** and in the Music department's **Where's Charley?**

Several members offered technical help in other school and coummunity productions.

Officers Jim Malcolm–Vice-President, Linda Wright–Secretary, Miss Butler–Sponsor, Susan Balsor–Treasurer, and Hank Jacobs–President talk over plans for upcoming events.

Barbara Flanagan, Ulysees Freeman, David Boyer, and Linda Wright try to make Jim Malcolm look his best.

Linda Wright, Barbara Flanagan, Denise Faircloth, Ulysees Freeman, Robert Neely, David Boyer, and Bill Miller take time to pose for a picture.

Bible Club Inspires Youth Leadership

Cradock's Bible Club, sponsored by Mr. William Ficenec and under the leadership of President Cynthia Ruiz, held as its purpose this year the spreading of an atmosphere of Christian fellowship. Members conducted a year of service. A float was entered in the Homecoming parade. A child was sponsored at the annual Children's Christmas Party and singing at a Home for the Aged, donating to charities, and engaging in other goodwill projects and other services included giving devotions over the public address system and at many area schools' Parent-Teacher Association meetings, members also participated in the Annual Tidewater Bible Club Banquet. The Bible Club well accomplished it's goal of fellowship.

Cynthis Ruiz shows her power as President of the Bible Club

Left to right: Karen Gowdy, Treasurer; Mr. William Ficenec, Sponsor; Susan Piland, Secretary; Lu Anne Tillery, Chaplain; Jo Anne Truitt, Vice-president (absent from picture).

Cynthia Ruiz says Peek-a-boo

Susan Piland and Karen Gowdy work hard on their float.

uth Mangus, Ruth Nelson, Pattie Ashe, Barbara Bivens, and Cynthia Ruiz give cheers to a successful oat.

Karen Gowdy, Susan Piland, Cynthia Ruiz, Pattie Ashe, and Lu Ann Tillery rest after a hard night's work.

Admiralettes Distinguish themselves in the Community

Under the leadership of sponsor Mrs. Jacob and President Jan Shuler, Admiralettes fulfilled a very profitable year. The club's homecoming float was named "Most Original" and one of Admiralettes own members, Mary McEachern was Homecoming Queen. The club also worked with the March of Dimes, donated food to the Humane Society, and participated in the school's Thanksgiving Food Drive, along with a windshield wash to promote safe driving, and many more such projects. Admiralettes succeeded in it's goal—bettering the club, it's members, and the school and community for which it worked.

First Row: Left to Right—Teresa Kretzer, Beverly Stone, Pat Crutcher, Leslie Trent, Debbie Gunnell. Second Row: Left to Right—Jo Ellen Wyer, Leora Sellers, Karen Gingras, Rachel Borum, Renee Morton, Betsy Bonner, Gail Murray.

Officers: First Row—Beverly Stone, treasurer; Pat Weiss, Chaplain; Leslie Trent, Secretary. Second Row—Lynn Hawkins, Vice President; Jan Shuler, President; Pat Sigmon, Reporter; Mrs. Jacob, Sponsor.

Becky Quattlebaum pauses during a race with the "Boy's Home Team" for a quick picture.

After a hard night of making flowers Alice Hervey settles down for a well-deserved rest.

Left to Right—Debbie Gunnell, Betsy Bonner, Joey Brown, Gail Murray, Judy Beazley, Becky Quattlebaum, Alice Hervey, Ingrid Chapman, and friends from the Boys Home.

Admiralettes "Most Original" Octapus slithers proudly through the parade.

Linda Wright–President, Sharon Philpot–Reporter, Debbie Boyer–Secretary, Debbie Tibbits–Vice-President, Becky McKee–Treasurer, Lillian Ford–Chaplain, and Vickie Snyder Point Chairman get into the hang of teaching with sponsors, Mrs. Vick and Mr. Wulzer.

F.T.A. Stimulates Interest in Teaching

Under the leadership of Sponsor and Linda Wright as President, F.T.A.'s main concern has been to stimulate an interest in the teaching career and to show appreciation of the teachers' work through various projects. Through the efforts of active members and affiliation with the district and state associations, we have succeeded in the accomplishment of these goals.

Linda Wright directs a meeting.

Gail Lapresti, Valenica Provitt, Evelyn Wright, Lynn Kelly, JoAnne Truitt, Cyn Kelly, Teresa Ramsey, Corinne Perdue, Linda Wright, Debbie Boyer, Christine Drion, Mike Murray, Alice De Armond.

Debbie Boyer, Gail Lapresti, Christine Drion, Teresa Ramsey, JoAnne Truitt, Evelyn Wright.

"If it's your bag, take it!" says Carlton Page as Janise Wilson and Brenda Taylor look on.

Art Club Students Display Creative Ability

Under the leadership of Mrs. Staffon and President Norma Shook, the Art Club participated in many worthwhile projects, including Homecoming, decorating the main office for Christmas, and visiting museums. One of the highlights of the year was on February 19, 1970, when the Art Club was invited to the Portsmouth Women's Club. There the club presented an Arts and Crafts Program. These are only examples of the many projects which helped the Art Club have an eventful year.

Art Club officers: Cecil Reneau–Treasurer, Norma Shook–President, Darlene Townsend–Vice President, Carolton Page–Secretary, and Mrs. Staffon, Sponsor.

Riley Cowan has fun while helping decorate the main office for Christmas.

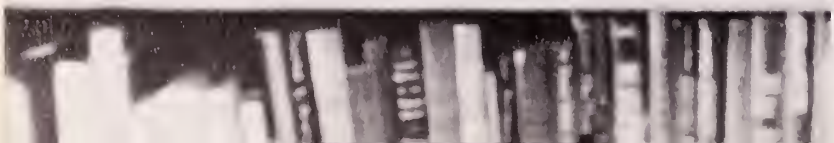
Under the leadership of Miss Trudy Pond and co-captains David Bradley and Jim Pardo, the Debate team had a successful year. The team participated in the Chesapeake Invitational and Warwick and many others, also in the Southeastern District tournament. The team had a successful year after a hard year of practicing and hours of working the team had a rewarding season.

Experienced debators know they have to do their homework! Jim Pardo, David Boyer, Robert Neely, and David Bradley.

Debate Team Has Another Successful Year

Co-captains Jim Pardo and David Bradley make plans for the next debate with Miss Pond, Sponsor.

Members of the 1st-year team include John Thompson, Sam Turner, David Allison, John Buchanan, Richard Strickland, and Tommy Stenzil.



Science and Math Specialize In New Frontiers

The Science and Math Club prepares for a meeting. Mr. Shakleford, Sponsor; Larry Mancuso, Vice President; Paula Varney, Secretary; Mike Miller, Treasurer; John Lloyd, President, and Mrs. Hinton, Sponsor.

"Charge!" get going again—Demonstrated by LeAnna Jepson, Lucinda Barrett, Paula Varney, and Mike Mays.

Under the leadership of Mrs. Hinton, Mr. Shackleford, and President John Lloyd, the Science and Math Club accomplished many things. They won First Place in the Thanksgiving Food Drive, and donated five dollars to the United Fund. They sponsored a child at the Christmas Party, cleaned Mr. Shackleford's projector roll and viewed the Solar Eclipse. They had a drug seminar with Sgt. Ciotti and one of their members, Joe DiPietro, entered a project in the Science Fair. This has been a rewarding year for Cradock's Science and Math Club.

Tapping Ceremony Highlights NHS Year

The Honor Society gives distinguished recognition to those juniors and seniors of Cradock who achieve a high degree of academic profficiency (a 3.0 average is the minimum) and extracurricular activities. As an honorary society, the National Honor Society is not classified as a regular activity club, but has participated in two activities for the school (contributions for the United Fund and the sponsoring of a child at the Christmas party). The main function of the society is to twice a year tap in new members by way of a formal induction ceremony. These inductions usually take place one in the fall and one in the spring. Other activities are the giving away of a seventy-five dollar scholarship to a deserving senior (based on financial need and scholastic ability) and the annual banquet in May.

National Honor Society Officers pursue their intellectual interests enthusiastically! John Lloyd Vice President; Lillian Ford, Treasurer; Jank Jacocks, Sgt. at Arms; Mrs. Bruce, Sponsor; and Larry Mancuso, President.

N.H.S. Juniors include Sharon Philpott, Debbie Weaver, Becky McKee, Donna McClellan, Millicent Chancey, Jim Pardo, David Bradley, Mike Mays, and Zebedee Wooten.

New member Debbie Weaver lights a candle at the Induction Ceremony.

N.H.S. Seniors include Linda Wright, Lillian Ford, Marcia Reed, Regina Cummings, Pat Weiss, Debbie Boyer, Debbie Bryant, Jim Malcolm, John Lloyd, Larry Mancuso, Joanne Truitt, David Butler, Billy Jenkins, Joe DiPietro, Peggy Jenkins, Lynette Charity, Gerald Wall, Shelly Ellis.

ICT Reaps A Productive Year

Officers: Ann Taylor–Treasurer, Keith Baker–President, Pansy Smith–Vice-President, Bunny Humphries–Parliamentarian, Don Seburn–Reporter, Christine McFarland–Secretary.

This year's V.I.C.A. Club has done many worthwhile projects such as sponsoring two children at Christmas and selling candy for raising money. They won "Best Looking" Float in our Homecoming parade. They attended numerous rallies and held meetings at school. Six students won third place at the district festival and attended the state convention. V.I.C.A.'s year of hard work proved to be worthwhile.

First row: Ann Taylor, Linda Gainey, Carol Ward, Pansey Smith, Bunny Humphries, Sandra Freeman, Ruth Neagle, Phylis Stanton, Denise Brown, Christine McFarland; Second row: Keith Baker, Richard Joise, Wayne Riggs, Jim Whitley, Glenn Davenport, John Blake, Charles Hunley; Third row: Norman Respess, David Sturgill, Ray Shumaker, Doug Bradshaw, Don Hogge, Fred House.

Kappa's By-word is Service

Kappa's officers and sponsors: Miss Edgar, Dale White, Mrs. Mennis, Peggy Jenkins, Debbie Boyer, Lila Printz, and Donna McClellan.

Kappa had a very successful year as a service club at Cradock. It sponsored many activities such as candy sales to raise money, a March of Dimes campaign, sponsoring a child at the Christmas Party, and entering a prize-winning float in the Homecoming Parade.

This was a very enthusiastic year for the Kappa members under the leadership of President, Peggy Jenkins and the sponsorship of Mrs. Mennis and Miss Edgar.

Kappa Sweethearts for the year were Shelly Ellis and Paul Kitchen.

Kappa sells balloons for the March of Dimes. Dale White, Donna McClellan, Cheryl West, Debbie Weaver, Betsy Remnet, and Lillian Vinsant.

Kappa shows school spirit! Becky McKee, Betsy Remnet, Cheryl West, Dale White, and Charlotte Carter.

Our clean-up committee at work. Debbie Weaver, Charlotte Carter, and Dale White.

More Balloons?? Donna McClellan, Dale White, Lillian Vinsant, Debbie Weaver, Betsy Remnet, and Cheryl West.

Kappa's Sweethearts, Shelly Ellis and Paul Kitchen say "chug-a-lug."

More school spirit??? Debby Boyer, Becky McKee, Cheryl West, Debbie Weaver, Bev Ross, and Betsy Remnet.

The Inter-club Council is composed of the presidents of various clubs. The Council, directed and advised by the co-sponsors, Mrs. Lyon and Mrs. Ellis, approves co-ordinates all clubs' activities. A big aim for this year's Council was to work and involve the club in projects within the community.

Co-Sponsors–Mrs. Ellis and Mrs. Lyon. Officers–Jan Shuler, Secretary; Cathy Modlin, President.

Inter-Club Council Directs Club Activities

Members: Jan Shuler, Admiralettes; Linda Wright, F.T.A.; Peggy Jenkins, Kappa; Larry Mancuso, N.H.S.; John Moore, Band; John Lloyd, Science & Math Club; Marcella Taylor, F.B.L.A.; Nancy Babb, Delta; Cynthia Ruiz, Bible Club.

Students Who Are Always Willing to Serve

Stage Crew: Paul Kitchen, Andy Meeks, Sidney Savoy, Hank Jacobs, Jim Upton, Donald Gwaltney, and Tommy Machingo.

Fire Drill Committee: Hank Jacobs, Andy Meeks, Sidney Savoy, Milton Wilkins, Horace Davis, Mike Miller, G.C. Overton, Jimmy Upton, Tommy Machingo, Wesley Stewart.

Traffic Committee: First row–Luther Freeman, Hank Jacobs, Jimmy Upton, Tommy Machingo. Second row–Johnny Garner, Paul Kitchen, Norman Davenport, G.C. Overton, Wesley Stewart. Third row–Mike Miller, Wayne Person, Milton Wilkens, Lesley Stewart, Sidney Savoy, Andy Meeks.

Announcers: Debbie Tibbets, David Boyer.

Attendance Assistants: Susan Balsor, Marilyn Gatling, Jo Lee Stone, Becky Leighton, Judy Heartman, Laura Radcliff, and Becky Leighton.

Left to Right–Linda Lower, Reporter; Ingrid Chapman, Vice President; Miss Edna Compton, Sponsor, Carol Whitacker, Secretary; Suzanne White, Treasurer; Mrs. Jessie Linyear, Sponsor; Joanie Beaver, Historian; and Marcella Taylor, President.

Dedicated Business Students Lead FBLA

Under the guidance of Mrs. Jessie Linyear, Miss Edna Compton, sponsors, and Marcella Taylor, President, the F.B.L.A. have accomplished the following things for the year 1969-1970.

1. Several car washes
2. Participated in Homecoming
3. Sponsored a child at Christmas
4. Had a Christmas bowling party
5. Gave Valentine favors to teachers
6. Had a party for F.B.L.A. members
7. Participated in the 2nd annual F.B.L.A. Regional Meeting
8. Had a Pj. party.
9. Promoted business vocations in way of bulletin boards
10. Put mimeograph sheets on cars reminding people to drive carefully.
11. Gave sponsors Valentine gifts
12. Will give awards on Award Day

Linda Lowers, Carol Whitacker, Glenda Pharom, Mary Ann Larson, and Judy Hartmen participate in a car wash.

Marcella Taylor, President.

Ingrid Chapaman, Glenda Pharom, and Marcella Taylor.

Miss Edna Compton, Ingrid Chapman, and Mary Gartley.

Ingrid Chapman, Susie McCormack and Joanie Beaver.

First Row: Alice Bunting, Carol Whitaker, Mary Gartley, and Judy Harteman. Second Row: Glenda Pharom.

Distributive Education Club of America Engages Students in a Work Program

D.E., sponsored by Mrs. Barnes and Mr. Ashby is an effort to engage high school students in an active work-employment program. This program prepares students in business basics and administration.

The D.E. Club members were represented at the annual District Fall Rally held at Great Bridge High School. The Fall Rally is an annual event incorporating the ten high school D.E. Club Chapters in District II to "kick off" the D.E.C.A. Year. Highlighting this event was a "Mod" Fashion Show and refreshments.

The Virginia State D.E.C.A. Leadership Conference was held in Richmond, Virginia at the John Marshall Hotel, and Cradock was represented there with four voting delegates: Susan Canady, Mike Liverman, Tommy Beacham, and John Anton.

The Annual Employer–Employee Banquet is scheduled for the later part of April, 1970, where the D.E. student honors his employer by having him out to a steak dinner.

Vickie Allison, Kenny Kumm, Tommy Beacham, Mike Liverman, and Nancy Morgan were third place winners.

D.E. Officers are Kenny Kumm–Vice-President, Pam Story–Reporter, Barbara Freeman–Parliamentarian, Tommy Beacham–Chaplain, John Anton–President, Vidkie Allison–Treasurer, and Sheila Widener–Secretary, who was absent.

Left to Right: Judy Gilliland, Margaret Chappel, Tommy Beacham, Vickie Allison, Fred Riley, Richard Wall, Ronnie Wallington, Kenny Kumm, Milton, Wilkins, John Anton, and Billy Joedon.

Mrs. Barnes shows one of her students the art of displaying.

L–R: Virginia Moseberger, Charles Foust, Larry Baker, James Williamson, Wayne Harrell, Susan Griffin, Frances Melfries, Robert Parrish, Charles Insley, Clayton Jenson, and Joanie Beaver.

The Many Phases of Band

This year Cradock has had one of the best bands in the school's history. Our superiority was demonstrated when the power-packed band moved on to the field doing precision drills.

The marching band participated in many activities including Cradock's Homecoming, Veterans' Day, Christmas, and the Oyster Bowl parades. The band was awarded first place in the State Wide Parade-Halftime Contest in Williamsburg, Va. At the District Festival, the Admirals played grade VL music, the most difficult, and received a "Superior" rating from all judges. This was a "first" for Cradock.

The Cradock High School band and Majorettes, after a successful year.

Stage Band: Top: Larry Mancuso, John Lloyd, David Bradly, Joe DiPietro, David Bond, Preston Piercy. Middle: Steve Cowart, Marvin Swimpson, Edward Williams, Randy Florke. Bottom: John Moore, Richard Martin, Pam Light, Mike Brown, Tommy White, Ray McClenney, William Britton, and Piano, Jim Malcolm.

The big "C" drum

Steve Cowart and Tommy White are high stepping it at the Oyster Bowl.

Drum Majors Steve Cowart and Tommy White.

Regional Members: Row one: John Lloyd, Jim Malcolm, Marcella Taylor, Rodyn Ward, Regina Davis, Roger Moncovich, Leonard Giles, Deborah Battle. Row Two: John Moore, Preston Piercy, Larry Mancuso, Marvin Swimpson, Steve Cowart, Richard Martin, Roy Loehr.

Cradock High School Band Is Number One

The trend of the concert and stage bands was equally successful. Christmas brought an exciting program from the concert band and the stage band, with the choral department, presented the musical, "Where's Charley?" Both entertained the student body in several assemblies.

Fifteen band members passed their auditions for Regional Band, six holding "first chair," and twenty-three in Workshop.

The success of Cradock's band is the result of its willing and hard-working members and its director, Mr. Wm. P. Barley.

That face! That smile!! It belongs to Lynn Hawkins.

The Marching Band poses for a picture after the Homecoming Parade.

The great Cradock Admiral Band in their annual Spring Concert, "Spring Fever". The title explains the outcome of their great performance.

The class representatives for the band are: Joe DiPietro, Willa Davis, David Bradley, Robyn Ward, and Bobby Wilburn.

But who's Mr. Barley directing?

The band officers are: Left to right, John Lloyd, Marvin Swimpson, John Moore, Richard Martin, Lecta Riddle, Marsha Taylor, and Bonnie Ward.

Mrs. Heath Creates A Year Of Choral Music

The Madrigal Singers include Lillian Ford, Paula Varney, Solomon Carey, David Brown, Jo Anne Truitt, David Boyer, Sheila Widener, Peter Bastinelli, Pam Wiseman, Carol Hamilton, Becky Quattlebaum, Debbie Thomas, Frances Etheridge, Jim Malcolm, Sharon Philpott, Glenda Ervin, Arnold Barrow, and Jean Cromartie.

Mrs. Harriet Heath's Choral Department consists of five groups: Boy's Glee Club, Girl's Glee Club, Girls Ensemble, Mixed Chorus, and the Madrigal Singers. These groups all presented programs in the community as well as assemblies and concerts for school. The annual Christmas trip to Williamsburg was a great success. The Madrigal Singers performed at Shenandoah Conservatory of Music for the Tri-State Music Festival. Twenty-four Choral members were selected to participate in the Eastern Regional Chorus. Members of the Mixed Chorus and Girl's Ensemble performed in the All-City Chorus in April. The combined effort of the band and choral departments presented the musical "Where's Charlie?" in April and the finale of the Choral year was the annual Spring Concert in May.

Chorus officers include Jim Malcolm, Susan Bunting, Lila Ward, Becky Quattlebaum, Jan Shuler, Ruth Nelson, Geraldine Harris, Sheila Widener, and Debby Thomas.

The All-Regional Chorus includes Regina Cummings, Gerald Wall, Glenda Ervin, Rodney Nipper, Jean Cromartie, Jim Malcolm, Paula Varney, Solomon Carey, Emily Langford, Jose Farrar, Frances Etheridge, Bill Miller, Arnold Barrow, Debbie Thomas, Warren Bryant, Marilyn Battle, Earl Cornegay, Karen Gowdy, David Boyer, Vanessa Martin, and Peter Bastinelli.

Mixed Chorus includes: First row—Susan Balsor, Glenda Ervin, Vanessa Martin, Pam Wiseman, Carol Hamilton, Sharon Philpott, Frances Etheridge, Judy Gilliland, Rosa Green, Becky Quattlebaum, Debbie Thomas. Second row—Jan Shuler, Lynn Hawkins, Lillian Ford, Susan Canady, Jean Cromartie, Wanda Dowell, Sharon Heywood, Debbie Boyer, Joanne Truitt, Moscow Spencer, Patty Sigman, Geraldine Harris. Third row—John Garner, Kenny Mann, David Brown, Debbie Charles, Sheila Widener, Mary Jo Coley, Paula Varney, Solomon Carey, Richard Williams, Arnold Barrow. Fourth row—Peter Bastinelli, Tommy Frazier, Warren Bryant, David Boyer, Jim Malcolm, Phil Smith, Mike Brown, and Earl Carnegy.

Proud members of All-State are Glenda Ervin and Jim Malcolm.

Student Directors are Carol Hamilton, Jim Malcolm, and Emily Langford.

Members of Girls Ensemble are: First row—Susan Howard, Mary Coleman, Pat Davenport, Yvonne Smith, Susan Bunting, Emily Langford. Second row—Donna Tuttle, Ruth Nelson, Joy Smith, Fredia Jones, Karen Gowdy, Jackie Horan, Kathy West, Lila Ward, Marilyn Battle, Pat Latham, Peggy Pittman.

The Orchestra Is New at Cradock

Members of the Orchestra take a night out at the Golden Triangle for their banquet.

Now where is that boy I was looking for?

String players relax after a strenuous afternoon of playing.

Orchestra members enjoy themselves at the skating rink.

Woodwind and string players pose on the front steps for a picture.

Is this our orchestra?

Brass players play a good tune.

Majorettes and Banner and Flag Bearers Perform Outstandingly

Head Majorette – Glenda Ervin

Lynn Hawkins

The Cradock High School Majorettes and Banner and Flag Bearers of the 1969-70 school year worked hard and diligently throughout the year to accomplish the many outstanding half-time performances of the football season. They participated in the Oyster Bowl and Christmas parades, and in the state wide band muster in Williamsburg. Through these many activities both the majorettes, banner and flag bearers and the Band claimed the title of "Best in the State."

Pam Light

Bunny Humphries

left-right: Glenda Ervin, Lin Vinsant, Pam Light, Lynn Hawkins, Bunny Humphries, and Michelle Forbes.

Lynn Vinsant

Michelle Forbes

Banner Carriers–Tony Johnson, Cynthia Harris

Flag and Banner Carriers take time out to pose for a picture.

Flag Bearer–Ann Taylor

Flag Bearer–Vickie Jepson

Flag Bearer–Pat Pharam

Flag Bearer–Regina Cummings

Mrs. Decker. explains what an eye is to her L.P.N. students.

Don't make me get out of bed pleads Crystal Bowen to Phyllis Williams, Linda Pendleton, and Barbara Flannagan.

Diane Earls tells Janet Jones, Charlotte, and Patricia Latham "that's where it hurts."

Practical Nursing Creates New Opportunities

Jerry Caprio shows Joyce Dozier, Ann Bailey, Peggy White how to hold a baby.

Portsmouth School of Practical Nursing founded in January, 1967, is the first school of practical nursing in Portsmouth. The school is jointly sponsored by the Portsmouth School Board, Maryview Hospital and Portsmouth General Hospital.

The aim of the school is to provide qualified applicants opportunity to develop into competent practical nurses.

Rising seniors from the four high schools in Portsmouth are admitted to class in early September. Nursing theory is taught during an academic year of 180 days. Clinical instruction is in one of the two hospitals for a duration of 33 weeks.

The program is approved by the Virginia State Department of Education and the Virginia State Board of Examiners for Nurses.

High School seniors receive three credits upon completion of the program. The present director is Mrs. Katherine Decker and the Clinical Instructors are Mrs. Jane Greenwood and Mrs. Dorothy Desue.

Lettie Hutchson, Ann Braswell, and Lyndia Smith inform Marjorie Henderson that she sounds very good.

Brenda Magnus, Dora Williams, Dorothy Borden, Carol King, "But thats not what it says here".

Athletics

. . . the hard hitting Admirals,
dexterous, agile.
. . . the meekness of a tabor;
the might of a tympani.

The Admirals Possess the Best Coaching Staff in the Area

Mr. Langston–Defensive Coach.

Mr. Waff–End Coach.

Mr. Allen–General Assistant.

Mr. Bell–Defensive Assistant.

Mr. Huneycutt–Line Coach.

Satan Huneycutt–Mascot.

Charles Wade, Cradock's new Head Coach, begins career with 4–5–1 record.

Front row–Shelton Gordon, John Jones, Clyde Jacobs, Robert Larsen, Stephen Jones, Johnny Slaughter, Joey Johnson, Eppa Barkley, David Monnell, Robert Green, and Satan Huneycutt (mascot). Second row–John Prather, Steve Harmon, Mike Brown, Luther Freeman, Sidney Savoy, Reggie Jordan, Wayne Pearson, Billy Deal, Phil Smith, Tommy Frazier, Jerry Seager, Tracy Mutter, and Jerry Chinn. Third row–Chuck Rhoton, Wade Shuler, George Jobson, Mike Szwydek, Wesley Smith, Andy Meeks, Dean Richardson, Larry Chambers, Cannon White, Mike Lantham, and Arnold Smith.

Senior Members–Billy Deal, Sidney Savoy, Chuck Rhoton, Wayne Pearson, Andy Meeks, Reggie Jordan, Robert Green. Missing–Acey Ballard, Larry Gent, Ronald Steele, and John Waters.

Cradock Rates Highest in Spirit

Acey Ballard draws a crowd of Bruins.

Andy Meeks watches a teammate drive for yardage.

Mac Brown gets a little help from Andy Meeks.

Cradock 21
Deep Creek 0

Cradock opened its season by blanking the Deep Creek Hornets 21–0. Acey Ballard led the Admirals since quarterback Billy Deal was sidelined with a leg injury. Eppa Barkley boomed a 47-yard punt early in the first half from which the Hornets never recovered. Under the direction of Tony Adams the Hornets never scored and managed to cross midfield only once. Larry Gent led the game in rushing with 51 yards in seven carries.

Cradock 14
Great Bridge 34

The Wildcats of Great Bridge pounced on the Admirals with all twenty-two feet, especially the two feet of Lora Hinton, who compiled almost as much yardage himself as did the entire Cradock team. It was Cradock's first loss of the season.

Cradock 8
I.C. Norcom 7

The Cradock Admirals squeezed past the Norcom Greyhounds in the first clash between the two local schools. Neither team had managed to score in the brilliant defensive game until the final two minutes. The Greyhounds recovered a fumble on the Cradock sixteen and drove in three plays later with less than two minutes left. The Admirals suddenly went 63 yards in two plays for a touchdown and then added a two point conversion to squeak past the Greyhounds 8–7.

Eppa and the coaches seem disenchanted.

Acey gets wrapped up while Mike and Reggie look on.

The Admirals survey Halifax County.

Cradock 34
Oscar Smith 6

Cradock produced its most explosive offense of the year during this game with five Admirals breaking into the scoring column led by Reggie Jordan with 10 points. The lone Tiger score came when quarterback McHorney passed to end Housand for the touchdown. Mac Brown Led the game in rushing by grinding out 71 yards in six carries. It was the third victory of the season for the Admirals.

Cradock 7
Western Branch 6

The Admirals slipped by the Bruins of Western Branch, by only one point, while seeing four drives stall within the 20 yardline of the Bruins. Western Branch had the go ahead touchdown at one point, but it was called back due to a clipping penalty that put Ronald Steele out for the season. The victory gave Cradock a record of four wins and one loss.

Cradock 2
Indian River 6

The Admirals were upset when Bobby Voight, the area's leading passer, flipped a nine yard pass to Cornell Jackson with less than three minutes of game time left. Up to that point the Admirals had played a splendid defensive game, intercepting four passes and scoring a safety. The loss left Cradock four and two for the record.

Jordan and Ballard make persuit unnecessary.

Chuck Rhoton gets a little help.

Admirals find rough sailing against the Greyhounds.

Cradock 14
Maury 14

The Admirals played to a 14–14 tie against the Maury Commodores, before a Homecoming crowd of 3,100. The Commodores drew first blood giving them an 8–0 edge. The Admirals then scored twice to take the lead by a score of 14–8. The Admirals then had two drives sputter within the five yardline and then watched Maury pass for a twenty-five yard touchdown that tied the game 14–14.

Cradock 12
Halifax 29

Cradock bowed to Halifax County with all three of our top running backs out for the season. David Monnell and Mile Lantham compiled Cradock's 12 points, each with a touchdown. However, Frosty Owens intercepted three Cradock passes and scrambled for two touchdowns which pretty well capped Cradock's morale. It was the third loss of the season for the Admirals.

Cradock 6
Churchland 14

Churchland handed Cradock its fourth loss of the season by an upset victory of 14–6. The Truckers pulled off a 41 yard quarterback sneak and a 1-yard dive for its two scores. Cradock's only score came when Clyde Jacobs ran a 10 yard sweep after Larwence Chambers recovered a fumble. Ronnie Psimas led the game in rushing with 94 yards in 15 carries.

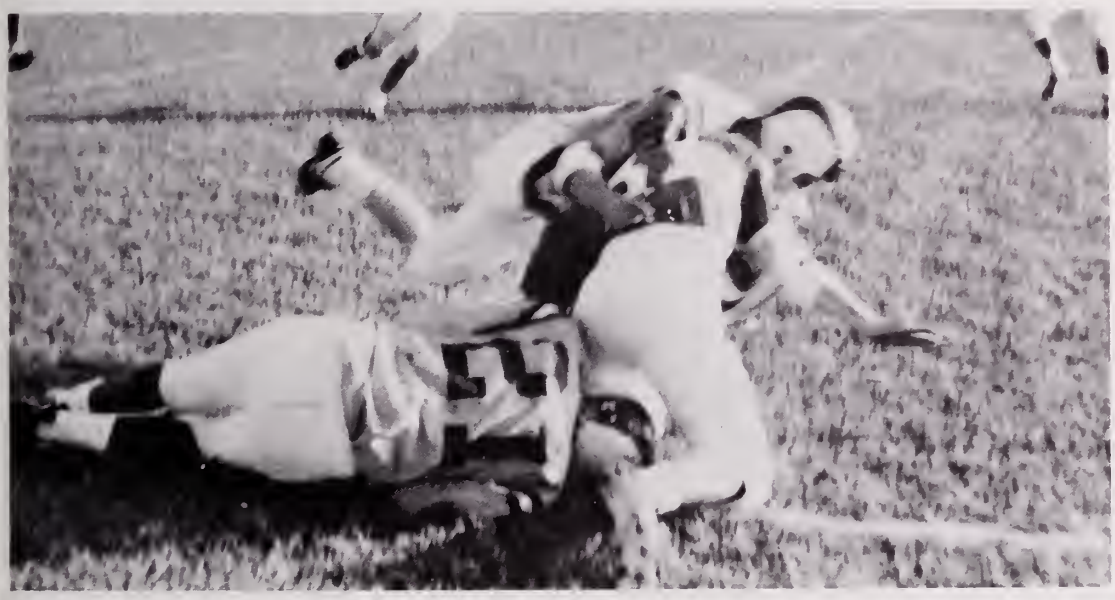
Cradock 6
Wilson 47

We would rather not talk about that one!

Junior Varsity in Action

A sweep that didn't go.

Coach Bell tells it like it is.



An opponent that didn't go.

A play that didn't go.

Maroon and Gold Has Winning Season

Although many of our top performers will retire this year, we have much to be optimistic about. There are many coming back who are part of coach Carson's 70–71 dream. One element that inspired our team to a 10–8 winning season was the amount of spirit which seemed to flow from the Craddock stands not only at home games but also many away games. Cradock's drive and determination in the end brought to the district tournament where it lost narrowly to Western Branch. The Admirals will indeed miss the standouts which it will be losing. Among these all round athletes that will be retiring this year are Eddie Smith, Wayne White, Chuck Rhoton, Acey Ballard, Joe Herring, and Paul Weathers. As we turn our attention toward the 70–71 season we should be very optimistic. Come on Cradock! Next year tune for the district.

The 1970 Basketball Team members were: Mr. Carson, coach, Cherry Lewis, Bobby Larsen, Eppa Barkley, Wayne White, Acey Ballard; Second row: Wesley Smith, Joe Herring, Chuck Rooten, Wade Shuler, Paul Weathers, Randy Bailey; Third row: Bean Lewis, Charlie Johnson, Mathew Hart, Myron Moore.

Retiring Admiral Vets

E. Smith

A. Ballard

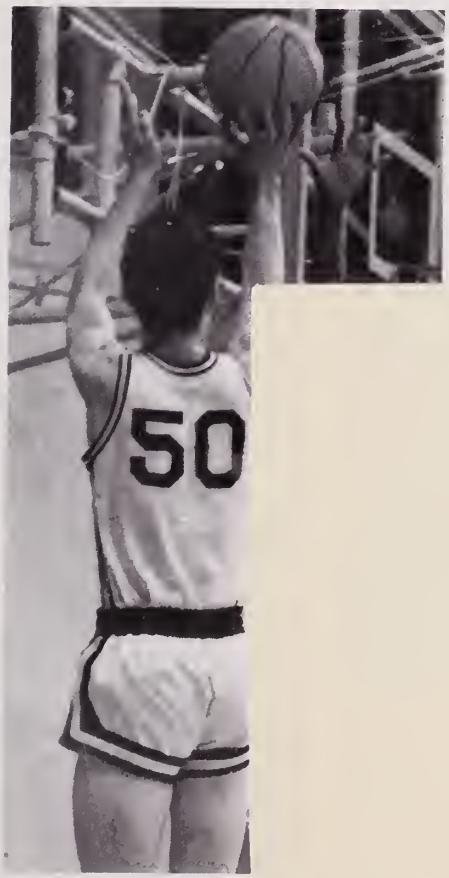
P. Weathers

W. White

Wesley Smith waits to see if a rebound will be necessary to make Paul Weather's outside shot good.

Eddie Smith is shown on the hot-spot during a tip-off. His proficiency at this position is exemplified by this photograph.

C. Rhoton



Wade Shuler ignores the
him and shoots from the
points on the board for the

69-70 Scoreboard

Cradock	51	Indian River	48
Cradock	58	Western Branch	59
Cradock	62	Wilson	59
Cradock	50	Churchland	36

Wesley Smith shows that he is a big threat to the other team either under or twenty feet from the basket.

Chuck Rhoton shoots from his favorite spot on the court. The statistics show that this young man was deadly accurate from this position.

Admirals Swing Into Action For Fans

Wayne Cherry trys to prevent the opposition from bringing the ball into play while the rest of the Admirals set up downcourt.

Chuck Rhoton attempts his favorite outside shot as Paul Weathers trys to move into position for a possible rebound.

Chuck Rhoton makes a fine defensive effort againt the Presidents but is clearly outnumbered in his task.

Coach Raymond Carson shouts instructions to his players. This information is always beneficial because it represents an extra set of eyes viewing a situation.

Wayne White really gets off the ground to make the very difficult corner shot against Wilson.

J.V. Team Gains Valuable Experience

A jump, and Cradock gains possession of the ball for a few more seconds of play.

Cradock's bench before a game. You can see tension in all faces as they prepare to take to the courts to do battle with opposing teams.

This year's J.V. team under the direction of coach Wayne Waff was successful in the job of drinking in all the experience possible. This years J.V. players will be next years varsity. We think this years J.V. will send some seasoned players into next years varsity ranks. We also believe that the J.V. players this year have gained the determination and drive that are necessary in the varsity players.

Wayne Garner scores two points for his team and draws a foul from a Wilson defender trying to block his shot.

The J.V. team realizes that there is one other person on the court during a game and that his guidance is necessary to achieve victory.

A Cradock player patiently waits for a ball in Pre-game warm-up.

A twenty footer is attempted while under heavy guard, and although the basket is not good, an infraction is called on a member of the opposite team.

A major component of victory is spirit, and this group can take most of the credit for that.

The Admirals' warm-up circle.

Wrestling A Sport of Endurance

The '70 wrestling team had a slow start but as the season wore on they jelled. The team was weak, as usual, in the light-weights. It was weakest in its support from the student body. The team only sent one wrestler to State this year. He was Robert Adams and placed fifth in the State. The coach Mr. Huneycutt was like the light-weights but is coming along.

Wyatt defeats his man, team shows gratitude.

Coach Huneycutt and most valuable wrestlers.

John Waters measures up his opponent.

John shows Slager his slam.

Adams stacks his man up.

Co-captains Robert Adams and John Waters.

Hard Work Always Produces A Pin

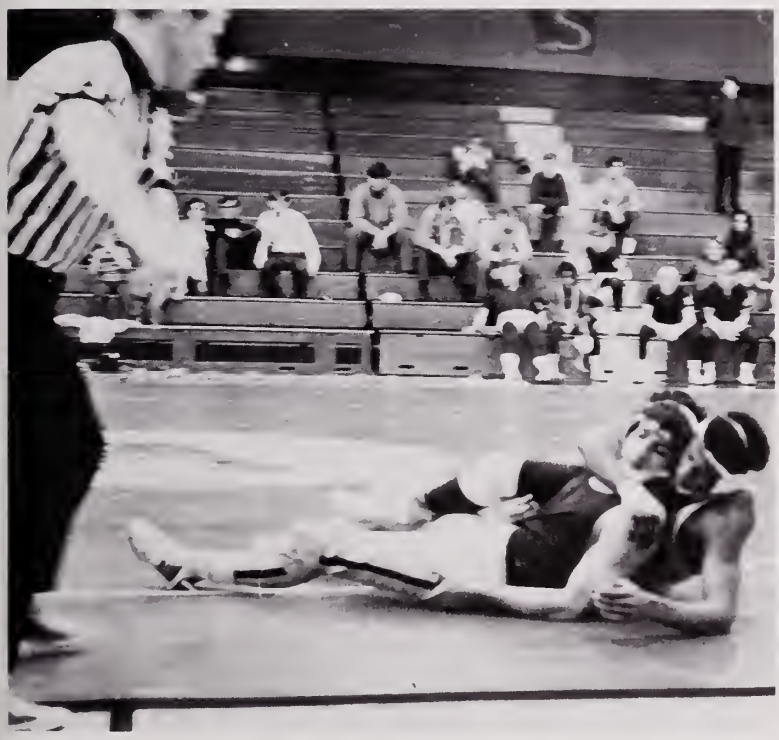
Pollock beats his man from Wilson.

The Admirals loosen up.

PEACE!

The wrestling team greets their visiting team.

The Varsity wrestlers never show their backs.



Robert works for a pin.

Clyde Jacobs moving for position.

Indoor and Cross Country Track

This year's cross country team, led by coach Al Perkins and tri-captains David Malbrough, Curtis Bowens, and Arthur Lee Richardson, dominated the Southeastern District, going undefeated in dual meet competition.

The fastest time of the year was turned in by Dave Malbrough, when he covered the 2.1 miles of the Great Bridge course in ten minutes and forty seconds. Other outstanding runners for the Admirals were Curtis Bowens, Otis Joyner, Dale Sisson and Sherman Byrd. In the final two meets of the season the team had perfect scores of 15–50, thus proving their supremacy.

The 1969-70 Cradock High School Cross-Country team. Standing: Ferris Boatwright, William Harrell, Arthur Lee Richardson, and Reginald Lewis. Sitting: Roderick Davis, David Malbrough and Curtis Bowens. Kneeling: Robert Bilko, Gerald Majette, James Holt and Otis Joyner.

Edward Williams, Roderick Davis, Reginald Lewis, and Dave Malbrough begin to move their way out of the pack against Western Branch.

At the mile mark Otis Joyner and Arthur Lee Richardson begin to pass opposing runners.

Teams Earn First Place in District

Mike Miller earns a first place against Indian River.

The indoor track team had a very successful year, going undefeated in dual meet competition and taking first place in the district.

Behind the coaching of Alvin Anderson and the leadership of co-captains Ronald Wertz and David Malbrough, twelve track members placed in thirteen events. These were: Ronald Wertz, Reginald Lewis, Phil King, Earl Cornegay, James Holt, Ronnie Joyner, Steve Price, Dave Malbrough, Curtis Bowens, and Lawrence Chambers.

Reginald Lewis shows great versitility by triple jumping as well as being Cradock's best 500 yarder.

Steve Price easily outdistances his opponents in the mile run.

Coach Anderson Lights the Way to the Championship

Standing: Tommy Barb, Dave Malbrough, Phil McKee, Donald Boykins, Roderick Davis, Ferris Boatwright, and Edward Williams. Kneeling; Robert Bilko, William Carter, Eugene Ramsey, Otis Joyner, Arthur Lee Richardson, Tommy Kleka, and Wayne Holt.

Standing: James Holt, Reginald Lewis, Ronald Wertz, Ronnie Joyner, and Phil King. Kneeling: Ronnie Steele, Harrel Rawls, Lawrence Chambers and Mike Miller.

Coach Anderson looks a bit worried before a meet.

Myron Moore makes another successful jump against Deep Creek.

Outdoor Track Team Wins District Title

The outdoor track team was undefeated in dual meet competition, and went on to win the Southeastern District meet held at Churchland High School.

Due to exhausting workouts and unity of effort, the team had one of its most successful years.

Particularly outstanding members of the team were: Ronald Wertz, Reginald Lewis, Steve Price, Dave Malbrough, Otis Joyner, James Holt, Ronald Steele, Lawrence Chambers, Ronnie Joyner and John Jones.

John Jones, school record holder in the triple jump, leaps his way to another first place.

Dave Malbrough, Cradock's best two-miler, begins his final sprint.

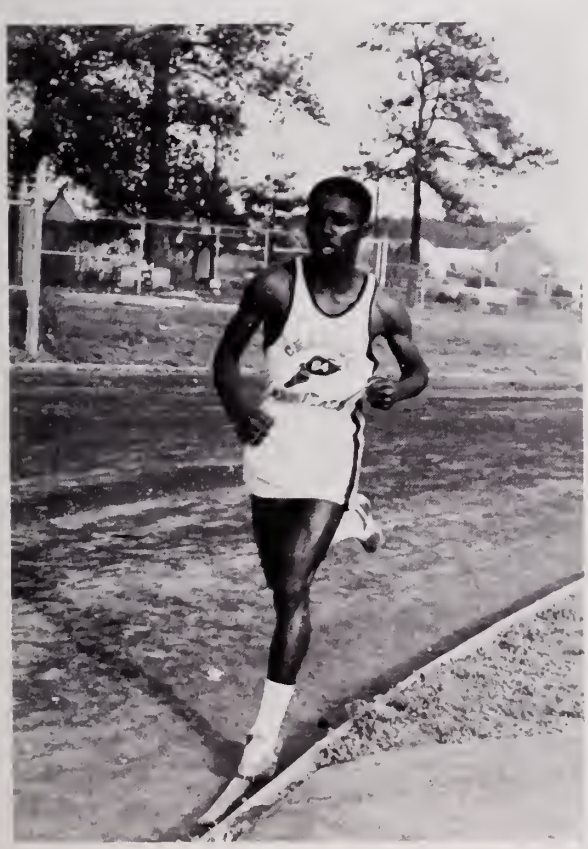
Lawrence Chambers heaves the shot to a fourth place in the District.

Arthur Richardson, Mathew Hill and Otis Joyner sweep the 880 yard run.

Ronald Wertz, one of the Admiral's most outstanding trackmen, dashes by in a blur of speed.

Coach Perkins smiles after leading the track team to another victory.

Freshman Donald Hawkins has become another Cradock's finest miler.



Veteran member Edward Williams rounds the final curve of the two-mile run.

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Tennis Team's 6 - 2 Record Wins Third Place

Cradock's 1970 net squad ended up its season with a very impressive 6-2 record. At one time the Admirals had a four shutout blitz of their opponents going for them. With loses to district champions Churchland and a heartbreaking 5-4 loss to Wilson the team was to receive third place for their seasons effort. Under the leadership of coach Prescythe the emphasis was on condition rather than showmanship. If you don't outclass your opponent you simply outrun him.

Standing left to right, coach Prescythe, "top six" performers Eppa Barkley, Jim Pardo, David Boyer, G.C. Overton, Paul Kitchen, Tommy White, William Cowan, and Hank Jacocks. Other members (kneeling) Mike Johnson (manager), Carlton Paige, Ronnie Curtis, Doug Green, and Clareance Johnson.

1970 SCOREBOARD

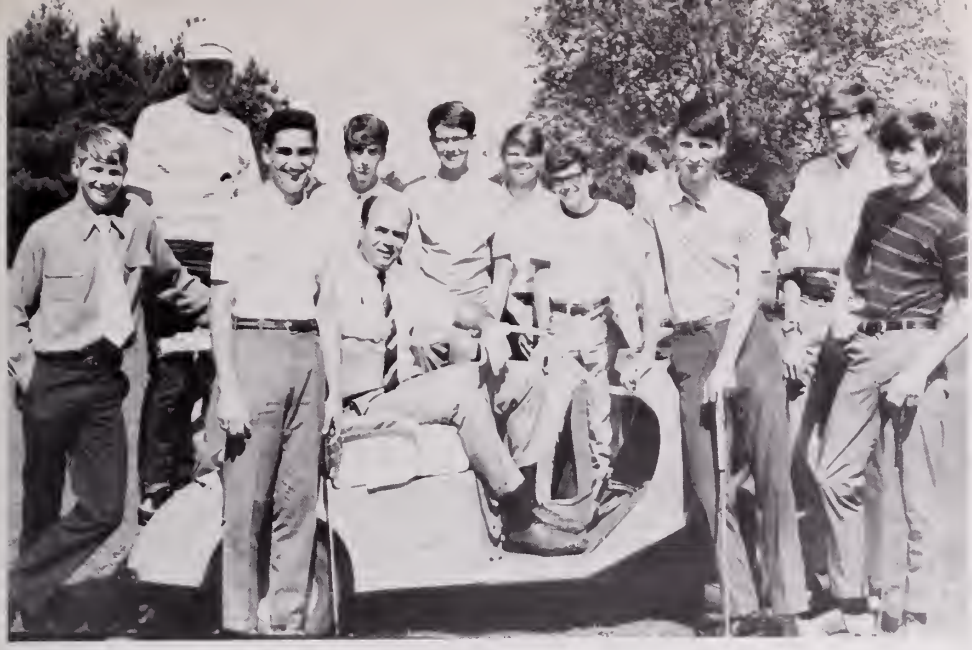
Admirals	8	Princess Anne	1
Admirals	0	Churchland	9
Admirals	9	Oscar F. Smith	0
Admirals	9	Great Bridge	0
Admirals	9	Crestwood	0
Admirals	9	Deep Creek	0
Admirals	6	Norcum	3
Admirals	4	Wilson	5

Jim Pardo moves toward the net to execute a slam. His opponent will undoubtably have to move back.

Tommy White shows the form that led him to his no loss record.

Below: Next years team???

Golf



Arnold Palmer must be in this shot somewhere but maybe he stays away from Cradock's home course because of the stiff competition there.

Jimmy Upton gets the feel of his club before he begins a scheduled match.

Don Broce working on a six footer.

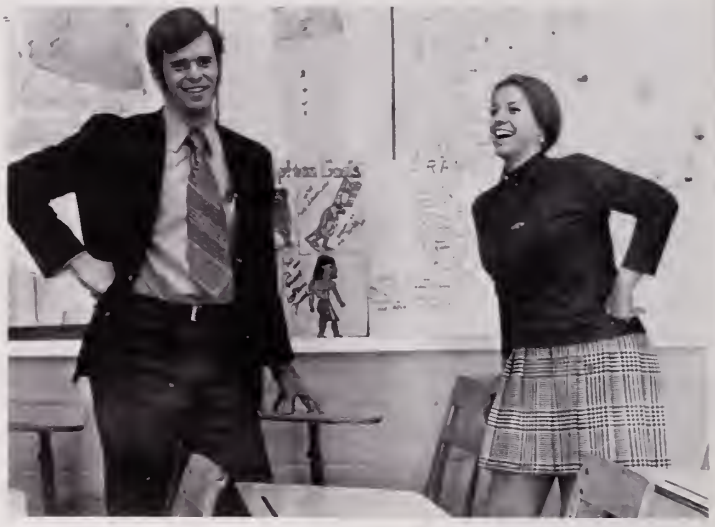
Brad Saunders executes a difficult chip shot.

Doc Diddle gets off to a good start with a beautiful drive.

Cradock's Cheerleaders Grow into

Debbie Carroll, Jackie Smith, and JV co-captain Betty Ann Borum don't always end up cheering when they get out of class early for a game.

And the alternate cheerleaders, also standing in as varsity co-sponsers in emergencies, are Mr. Dickens and Miss Paul.



While the varsity cheerleaders are away, Barbara Curtis, Patty Harris, Kathy Christopher, Susie Bradley, and Michele Maxon show off.

Mrs. Pond and Miss Jennings have taken on the responsibility of sponsering the junior varsity cheerleaders.

It was spring 1969 and some eighty girls were competing against each other for the honor of being a varsity or junior varsity cheerleader. On long summer afternoons the winners could be found practicing and perfecting their techniques. Fall arrived and the cheerleaders were promoting school spirit and uniting the student body at the pep rallies. On cold Friday nights, they led a roaring, excited crowd behind the football team, stimulated with triumph, but unbroken in defeat. Winter caught them in the bright and heated gym, breaking the tense quiet at half-time with their victory shouts. Spring came again, but without a break. The cheerleaders took charge of tryouts, using their own knowledge and skills to instruct the upcoming cheerleaders and passing down both the honor and the work to the next class.

Varsity cheerleaders Shirley Root and Donna McClellan escort Cradock's Admiral, Furman Baker, to his opening night on the football field.

Student Life

Dee Dee Kramer, JV co-captain, and Terry Halstead demonstrate the art of selling football programs.

Geting in a little practice in diplomacy, Joyce Wilborn and Mary McEadhern show the Western Branch cheerleaders that they're good sports.

Varsity co-captains Susan Grigas and Colleen Green present Coach Wade and the football team with a lucky horse shoe to start the season off.

Joyce Wilborn, Mary McEachern, and Pam Bryant display their school spirit to encourage the student body during a pep rally.

Cathy Kramer, Maureen McNabb, and Dixie Stroupe give their definition of a cheerleader: One who cheers.

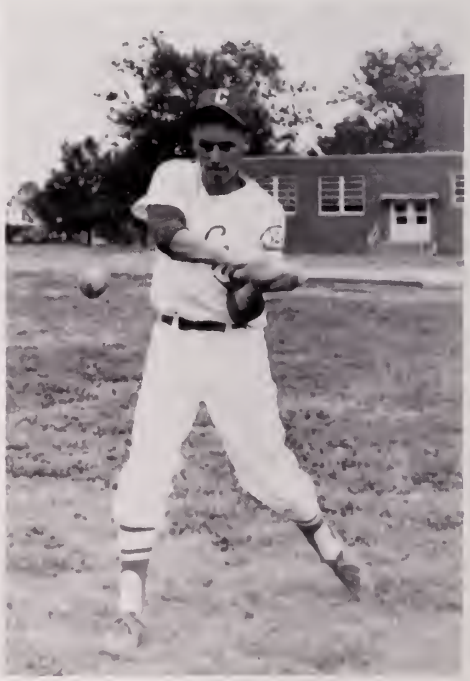
Baseball Team

First row: Glenn Loehr, Mack Brown, Bobby Larsen, Wayne White, David Wade. Second row: Joey Johnson, Acey Ballard, Billy Deal, Paul Weathers, Wally Miller. Third row: Lance Nyman, Mike Swydek, Dale Beaver, Bobby Hughes. Fourth row: Larry Gent, Randy Bailey, Bubba Walke. Standing: Coach Willis Bell, Manager Mike Brown.

Cradock's varsity baseball team ended this season with an outstanding record of ten wins, one loss and the Southeastern District championship trophy. This year's co-captains were Glenn Loehr and Larry Gent. The team's manager was Mike Brown.

Contrary to the talk of a lack of spirit around Cradock, the baseball team has been the prime example of cooperation and teamwork. This is due to the fact that the team as a whole has been together for many years. Even before their varsity baseball days, most of the members had played together on the junior varsity and little league teams. Another factor involved in the high spirit was the team's fearless leader. Every team has a coach, but only one team has a Mr. Bell. The team will remember him for his devotion and hard work to shape the team into championship form. The team was also very fortunate to have the support of a sizable crowd at every game. Friends on and off the field, the team's spirit was at its best.

Manager Mike Brown keeps records of each game.



"Hold still, it won't hurt a bit."

Takes District

Randy Bailey stoops for a scoop.

Larry Gent calls for a steal.

David Wade whips off a single.

Mack Brown fires on target.

Glenn Loehr Chosen Most Valuable Senior

A veteran of two years of varsity baseball, Glenn Loehr was voted by his fellow teammates "Most Valuable Senior."

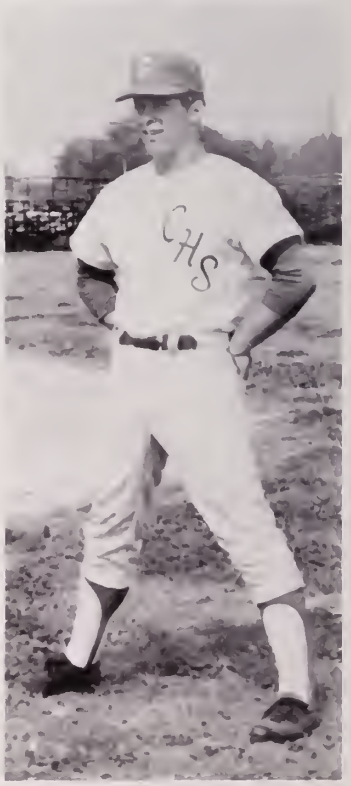
Cut from the team in his sophomore year, Glenn came back for a very successful junior year, playing left field and having one of the highest batting averages on the team.

This year Glenn played center field, batting .270 for the season, and having a fantastic average in the last eight games of .425.

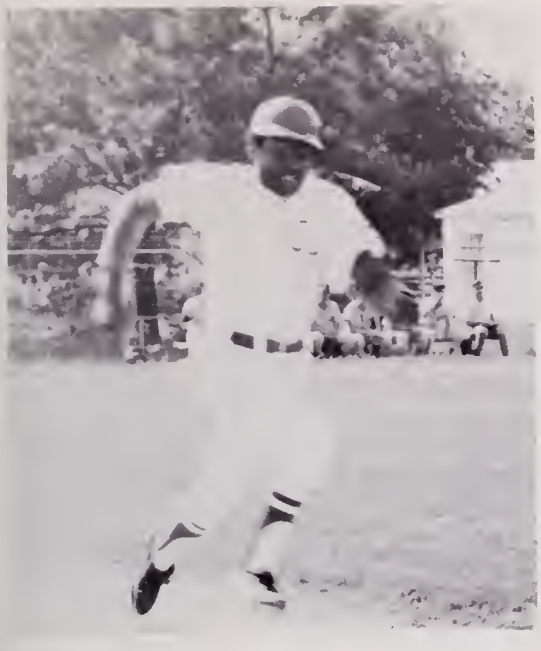
Not only his playing aided the team, but his spirit helped them to two of the most successful years in Cradock's history.

Glenn Loehr shows winning form in this slide into third.

Wally Miller rests up before an important game.

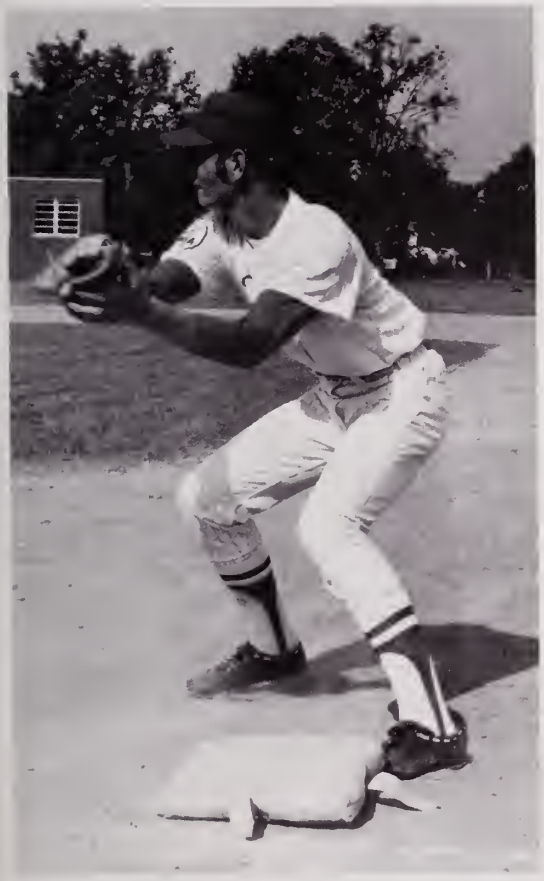


Bobby Larsen stands watch over first base.

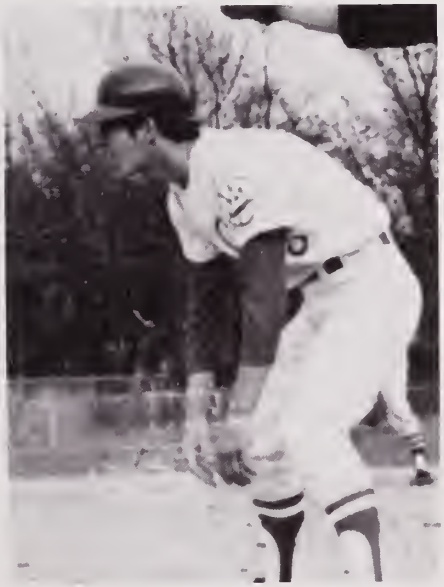


Mack Brown beats out a throw to first.

The Admirals intently observe a game.



Paul Weathers snags a ground ball.



Dale Beaver gets ready to steal second.

Acey Ballard steals third base.

Bobby Hughes, Mike Szwydek, and Bobby Larsen warm up before a game.

Dust flying, Paul Weathers slides safely into third.

Dale Beaver runs up on a grounder.

Six of the Admirals clown around before a game.

Weight Program Aids Athletics

Steve Harmon proves a freshman can do something right.

This year's weight program, led by Coach Langston and veterans Sidney Savoy and Reggie Jordan, trained athletes from nearly every sport here at Cradock.

A relatively new part of the physical education department, the program has had an immediate effect on all rival sports. Through hard work and determination the athletes are becoming stronger with greater endurance and a better attitude.

Reggie Jordan makes it look like child's play.

Albert Askew Wayne Cherry, and (assist.) Eddie Smith.

Student Life

. . . Anticipation of Tomorrow
. . . Enchantment of Today
. . . Abandonment of the Past
. . . Life to its Fullest

The 1969 Homecoming conjured a beautiful "Aquatic Mystery" for the school and community. The day, though bitterly cold, enchanted children as well as adults. The Class of 1959 was warmly welcomed by the participating clubs with floats and a banquet. Principal T.W. Gray crowned Mary McEachern, Homecoming Queen, in a coronation ceremony on the field at half-time. Homecoming is a unique part of Cradock that has the power to unite students and faculty.

Students are in a swarm of activities as they prepare the 1969 Homecoming.

Mrs. Johnson SCA sponsor lends SCA members a helping hand.

Students Help At Homecoming

What do you get when you cross a VW with a whale? "Best Theme!"

Admiraletts' "Most Original" Octupus welcomes alumni with open arms.

S.C.A. Officers are happy that this year's Homecoming activities have come to an end.

With this kind of football players no wonder we lost the game to Maury.

Mary McEachern Crowned Queen

V.O.T.'s Oyster win's "Most Beautiful" float.

Here is one club with a very vivid imagination.

The band had its part in rounding out this year's Homecoming.

Spectators 'whoop it up' before the parade.

Who will fill the empty chair?

Mike Liverman considers last minute over-haul.

This year's Homecoming court were left to right: Seniors, Debbie Barbour, Mary McEachern, Susan Grigas; Junior, Robyn Gomer, Sophomore, Betty Anne Borum, and Freshman, Sharon Miller.

Mary McEachern's anticipation is later climaxed by her winning the honor of 1969 Homecoming Queen.

The Senior Representatives to the Homecoming Court are left to right: Debbie Barbour, Mary McEachern, and Susan Grigas.

A Variety of Assemblies

The chorus shows their enthusiasm in the "Pre-Bach to Rock" Assembly.

Cradock Students joyfully donate to the "March of Dimes".

Seniors; Larry Mancuso, Linda Wright, Cecil Reneau, John Lloyd, Jim Malcolm, Lynn Hawkins, David Boyer, and Lillian Ford receive Literary letters.

Assemblies are the instrument with which the Admirals are entertained, informed, and often encouraged. Assemblies display all purposes and protray all emotions. Some of the occurrances during a Cradock year are plays, musical presentations, literary and athletic awards, and gatherings for many other honors and recognitions. Some of the more significant of which are the chorus' Christmas concert, the band's spectacular spring performance, the suspenseful literary awards assembly and the Senior assembly's emotional tribute to the graduating class and to Cradock. Assemblies are the combination of all phases of Admiral life.

The Stage Band sounds off in an Assembly.

Shelly Ellis lights the candle of honor.

Mrs. Hinton presents the Science Department Award to David Butler.

Jim Malcolm entertains during the solemn National Honor Society Assembly.

Joe DiPietro receives special awards during the literary assembly.

Candidates Have Opinions

Students presented their positions, opinions, and promises to the Student Body in an assembly of skits and speeches. Election Day was a memorable occasion for those students not acquainted with the voting machine. The voting resulted in electing capable and qualified people. Officers for 1970-1971 are Richard Jackson, president; Jimmy Smith, vice-president; Dixie Stroupe, secretary; and Alice Hervey, treasurer.

The 1970-1971 SCA Officers are: Left to Right; Richard Jackson, President; Jimmy Smith, Vice-President; Dixie Stroupe, Secretary; and Alice Hearvey, Treasurer.

Jimmy Smith stepped out of Fractured Fairy Tales into the Cradock SCA, as Vice-President.

Jimmy Upton, Senior Representative, helps with the SCA Thanksgiving Food Drive.

Jimmy Smith, Patti Harris, Richard Jackson, and Leslie Trent discuss school problems and solutions.

Students are Very Enthusiastic

Students are cheering on the Mighty Admirals.

Hey who's pushing?

Pep rallies are an essential part of the school year which emphasizes football. All the classes are represented in the bleachers, where the cheerleaders lead the students in cheers pushing the mighty Admirals towards victories. The band also does its part, along with majorettes and banner carriers. Among the more popular songs are: The Horse, and Dixie. The more popular cheers are: Two Bits, and People, People, Have You Heard?

Juniors are waiting to display their spirit.

Seniors are exuberant in supporting the pep rallies.

Barbara Bailey Represents Cradock

Mr. Gray congratulates Barbara Bailey for representing Cradock at at the Bellamy awards and Beverly Sell for designing the new award.

Peter Bellamy, Grandson of Francis Bellamy, leads Salute to flag.

Representatives of schools having received the Bellamy Award.

The first Bellamy Flag Award was presented in 1942 on the fiftieth anniversary of Francis Bellamy's writing the Pledge of Allegiance. Dr. Margarette S. Miller, former office worker at Cradock High School, originated and has ever since directed the awards. Her research, which identified Francis Bellamy as actual author of the pledge, was affirmed in August, 1957, by the Library of Congress, Legislative and Reference Service. In 1943 Cradock became the second school presented a Bellamy award. SCA Secretary, Barbara Bailey, attended the 1969 ceremonies when Massachuttes' Holyoke High School was recognized.

Bobby Wilburn is proud to display Mr. Ross' door, the first place winner in the Christmas Door Contest.

Norma Shook and Cynthia Ruiz are happy that Homeroom 211, Mr. Aument, got third place.

Mrs. Gale's homeroom delegate stands with the second place winner in the Contest.

This year the SCA sponsored a Toys for Tots campaign throughout the school, where toys that were in good condition were donated so that they could be repaired and given to those underprivileged children that were unable to attend the party.

The SCA also sponsored a Christmas door contest, where each homeroom entered their door with some sort of festive greeting. This is done to contribute to the over all Christmas spirit of the school.

Christmas Spirit Shines Bright At Cradock

The children tear into their presents with delight and joy.

Students watch over their charges for the Christmas Party.

In each child's face you can see the wonderful and exciting Christmas spirit.

Students gather all the presents for the Christmas Party.

Anticipation mounts as the children await Santa.

Cradock students get the children ready to sing carols.

Christmas Is In The Air

The students went all out to supply the kids with enough presents to let them know that their wanted.

Christmas means different things to different people, as can be noted on the faces of these children.

The Portsmouth Public Schools sent a list of underprivileged children to Cradock's Student Council. In an attempt to supply seasonal gifts for welfare children, parents of listed students were sent invitational letters. Each homeroom was urged to sponsor a child with gifts and a stocking. Many clubs also sponsored children. A transportation committee provided rides to and from the after-school party. To highlight the occasion, an exuberant Santa presented the gifts. Refreshments followed for the children as they opened their presents in holiday spirited wonderment.

Children anxious to see Santa and their gifts!

Seniors Display Their Talent

This year's great and talented class put on Gore Vidal's "Visit To A Small Planet" under the direction of Miss Linda Butler. The Senior Class went all out to supply a great cast and a very good backstage crew. After many rehearsals and a few excedrin bottles, Miss Butler presented this play to a responsive audience. The class showed that it had all sorts of talent; some nailed, some painted, and some hammed it up. All in all the play went off without a hitch.

"Oh no, Ronny is gonna get tough on us," Bob Phillips contemplates.

Hank Jacocks, Paul Kitchen, and Ronny Curtis prepare the props for the play.

"Visit To A Small Planet"

Bill Miller practices his salute as General Powers for the rehearsal.

Pat Pharom and Robert Neely take a few minutes to relax from their roles.

Cynthia Ruiz, Ulysses Freeman, and Harriet Stevens discuss the weird Earth people they've met.

"Where's Charley?", a musical comedy, was presented by the choral department of Cradock in the spring. Select members of Cradock's band supplied the musical background. The audience mused over the role of Jim Malcolm who played a dual part of both Charley and Charley's rich aunt. The hilarious complications started when "Auntie" herself made the scene!

One more word about my Hair and I'll slug ya'!" shouts an enraged Jim Malcolm.

Some members of the Chorus' get ready to say cheese?

Chorus Present "Where's Charlie?"

Is it Jim Malcolm or Myra Brackenridge?!?!

"Could ya' speak a little louder, honey, I can't hear ya."

Arnold Barrow and Debbie Boyer reminice about "those good ol' days!!

This Magic Moment

Sophomore representatives: Betty Anne Borum, DeeDee Kramer, Denise Lamb, Bambi Festa, and Patti Harris.

Susan Bailey goes forward to crown the new "Miss Cradock".

From each of the four classes, five representatives were elected for competition. In order to have a variety for judging, the girls modeled the traditional formals and in informal wear. During eliminations, where semi-finalists and finalists were chosen, the Five Keys provided musical entertainment. After judging was completed, contestants, and their escorts assembled on stage to await the judges' climatic decision. Master of Ceremonies, Senior Class President, Billy Deal, announced junior Becky Quattlehbaum second runner-up; sophomore Bambi Festa first runner-up; junior Robyn Gomer Miss Congeniality; and senior Colleen Green as Miss Cradock. Miss Cradock of 1969 Susan Bailey, performed the coronation.

Freshman representatives: Terry Blakely, Sharon Miller, Sheryl Smith, Linda Amory, and Phyllis Robinson.

Senior representatives: Mary McEachern, Maureen McNabb, Colleen Green, Susan Grigas, and Debbie Barbour.

Junior representatives: Marilyn Gatling, Anita Pearson, Becky Quattlebaum, Joyce Wilborn, and Robyn Gomer.

A future "Miss Cradock"?

The contestants are all smiles for the judges.

Colleen Green cries tears of happiness with her escort, Kenny Kumm.

Now for that fateful moment—the new "Miss Cradock"

Nervousness Grows Among Contestants

Contestants model the traditional formals.

Earl Chinn looks on as Susan transfers her crown.

There are mixed feelings among the contestants before the "Magic Moment."

Colleen Green is "Miss Cradock" 1970

Out of the Black Hat came Miss Green's fateful question.

Contestants mingle and exchange their nervous butterflies.

Miss Cradock 1970–Miss Colleen Green; Former Miss Cradock–Miss Susan Bailey; Second-Runner-Up–Miss Rebecca Quattlebaum.

Miss Congeniality, Miss Robyn Gomer, gives us a warm friendly winning smile.

First Runner-Up, Miss Bambi Festa, clutches her trophy and flowers.

And the winner is . . . No. 7, Miss Colleen Green.

BeckyQuattlebaum is all smiles, as she is announced Second Runner-Up.

Student enter "Up, Up and Away" for that long awaited night.

Mr. Shackleford looks at the students, perhaps thinking how fast they are growing.

What's taking so long?

The Ace of Spades blares out the beat for the Freshman-Sophomore Prom.

This year's Freshman-Sophomore Prom was headed by Robyn Tyler as Chairman and Mr. Shackelford and Miss Pond as sponsors. The theme "Up, Up, and Away" was elaborated in scenic murals of helium balloons and parachutes giving it a cloudy affect. Wrist carnations were given to the young ladies attending the prom. The Ace of Spades supplied the lively, rhythmic music. Students obviously enjoyed themselves working before the prom, dancing during the prom, and cleaning up after the prom.

Chaperoning are Mr. and Mrs. Byrd, Mr. Chackleford and Miss Pond; all of whom seem to be having a lovely time.

"Up, Up, And Away"
A big success

Students cross the bridge for an evening in the clouds.

Students gather for a brief moment to exchange happy and memorable experiences.

Deanna Baldwin and Hank Jacocks pause during the night's dancing to pose.

Memories of the Freshman-Sophomore Prom will linger on forever.

Memories Are Made

The Junior Class, under the Sponsorship of Mr. Ross and Mr. Smithwick, presented the Senior Class with "Sayanara." Music was provided by the Sheepherders. To add to the Oriental atmosphere of the evening there were murals of dragons, different scenes, and one of a twenty-foot Buddha. For refreshments there was fortune cookies and egg rolls. There was a gold-fish pond in the center of the gym, where various Seniors threw pennies in and wished for a bright tomorrow. All in all the Junior Class successfully wished the Senior Class a fond and memorable Good-bye.

Even the chaperones seem to be having a nice time.

Seniors occasionally throw in a coin in hopes that their wishes will come true.

Students exchange small talk while consuming some delectable refreshments.

A twenty-foot Buddha was one of the many decorations for the spectacular Prom.

"Sayanara"
Class of '70

Students dance away the hours.

The Sheepherders provided the music for the Junior-Senior Prom.

Mr. and Mrs. Gray exchange greetings with chaperones Mr. and Mrs. Hinton.

Some of the students seem to be somewhere else.

Juniors seem to be pondering on the fact that a year goes by so fast.

Graduation

This is Graduation–
A time of memory–
A day that's filled with promise
Of the great things yet to be–

Anonymous

Who said Seniors were camera shy?

Mrs. Bruce and former principal, Mr. J.J. Booker, are among the many honored guests.

Ummm Good!!!!

Mrs. Lyon receives her gift for being one of the Senior homeroom teachers.

David Wade, class historian, proceeds with the reading of the history of the mighty Class of '70.

Mrs. Morgan and Mr. Wulzer, class sponsors, seem to be enjoying the Senior Banquet.

"Here We Come World, But In Diapers"

Mr. and Mrs. T.W. Gray are present at all school activities.

Held in the school cafeteria and catered, the banquet offered good food and an occasion for the Seniors to get together as a class and with their teachers. Carol Hamilton, the banquet chairman, distributed gifts to each of the homeroom teachers. The class laughed and remarked jokingly on the Last Will and Testament, read by G.C. Overton, the Class Lawyer. David Wade read the Class History, freshening memories of past trips, contests, and proms. Linda Wright read the Class Poem and Carol Hamilton and Jim Malcolm lead in the singing of the Class Song, composed by them. After the banquet, several Seniors attended parties and later went to the beach for additional entertainment. The following day, it seemed evident that the banquet had proved too much for some, the absentee list was quite long!

Seniors enjoy one of their last gatherings together.

Miss Hunt seems delighted as she receives a gift from Carol Hamilton, who was the Chairman of the Senior Class Banquet.

Carol Hamilton and Jim Malcolm, class song writers, wonder when the Senior Class Song will be sung.

Seniors stand, and with saddened faces, sing the Senior Class Song.

Senior Assembly Provokes Last Senior Privilege - - Detention

The gym was scattered with the remaining underclassmen. The Senior processional began, familiar faces, solemn and expectant lighted the atmosphere. Accounts from the officers went by quickly,.the Seniors held the spotlight. David Wade gave the class history and G.C. Overton read the Last Will and Testament, much to the amusement of most of the audience. Skits depicting memorable events such as the Washington trip, Miss Cradock Contest, and the prom were presented by members of the class. Awards and scholarships were awarded and these Seniors were recognized. To a standing ovation, Mrs. Bruce arose to accept the 1970 Admiral Dedication. The class presented the school with a portrait of Mr. Byrd. Choked voices were raised in the singing of the class song, written by Jim Malcolm and Carol Hamilton. Then the student body joined in the singing of the Alma Mater. The Senior recessional began and ended leaving fresh tears as the Senior Class of Cradock High filed out quietly to a background of music mixed with sobs and crumbled programs. After the assembly, Seniors took their traditional walk around Cradock after which they planned to adjourn to the beach. While the majority of the class was soaking up the sun, the school officials were faced with the problem of "How to punish two hundred graduating Seniors?" The answer, made evident the following day was—detention, of course! Perhaps this is a class to be remembered . . .

Mrs. Bruce receives a standing ovation as she accepts the **Admiral** Dedication from co-editors Lynn Hawkins and Lillian Ford.

Miss (?) Bubbles Brinson proudly takes her place in the Miss (?) Cradock Contest.

For teachers, detention means a "FREE CAR WASH."

Nicky Nostrils turnes'em on, tunes'em in, and psyches'em out.

"O.K., boys and girls, the next person who shoots me in the back with a pea shooter is getting off this bus and walking to Washington."

Seniors remember their first prom with Nicky Nostrils and his band.

Remember, guys, to get those corners!

Cathy Modlin does her part in the "after-school curriculum" activities.

Class lawyer, G.C. Overton, couldn't talk his way out of this one.

Seniors Receive Much Recognition

The 1970 Honor Graduates are: First row–Marcia Reed, Pat Weiss, Jo Anne Truitt, Billy Deal, Nancy Morgan, Jim Malcolm, Debbie Briggs, John Lloyd, and Debbie Boyer. Second row–Wally Miller, Barbara Bivens, Pat Riffe, David Butler, Colleen Green, Hank Jacocks, Debbie Bryant, Joe DiPietro, Linda Wright, and Gerald Wall. Third row–Peggy Jenkins, John Buchanan, Christine MacFarland, Shelley Ellis, Lillian Ford, Billy Jenkins, Lynette Charity, and Larry Mancuso.

Literary award winners–Lynn Hawkins, David Boyer, Larry Mancuso, Linda Wright, John Lloyd, Cecil Reneau, and Lillian Ford–display their talents on the tennis courts.

Departmental awards–Christine MacFarland–I.C.T.; Norma Shook–Art; John Lloyd–Band; Marilyn Garling–Orchestra; Jo Anne Truitt–French; Carolyn King–V.O.T.; Becky McKee–Spanish; Billie Sue Taylor–Business; Carol Hamilton–Chorus; Barbara Gatling– Girls' Physical Education; Harriet Stevens–Home Economics; Linda Wright–English and Social Sutdies; David Butler–Science; Jimmy Upton–Boys' Physical Education; Billy Jenkins–Math; and Lance Nyman–Industrial Arts.

John Lloyd, Pat Riffe, and Debbie Briggs join in the singing of the class song.

A Solemn Occasion- - Baccalaureate

The auditorium overtook a serious atmosphere Sunday, June 7, during the Baccalaureate services. The Reverend Emory E. Byrum of Cradock Baptist Church delivered the sermon. The Cradock High School Chorus presented the musical selection, "The Impossible Dream" with many seniors singing in the chorus for the last time. The seniors attentively listened and reflected their past and future lives on the sermon. After the benediction by the Reverend Charles C. Buchanan, the audience stood as the seniors left the auditorium for the last time of their high school career.

Pat Sigmon and Debbie Thomas attentively listen to the sermon delivered by the Reverend Emory E. Byrum.

Carol Hamilton, one of the class song writers, leads the class in their Senior Class Song.

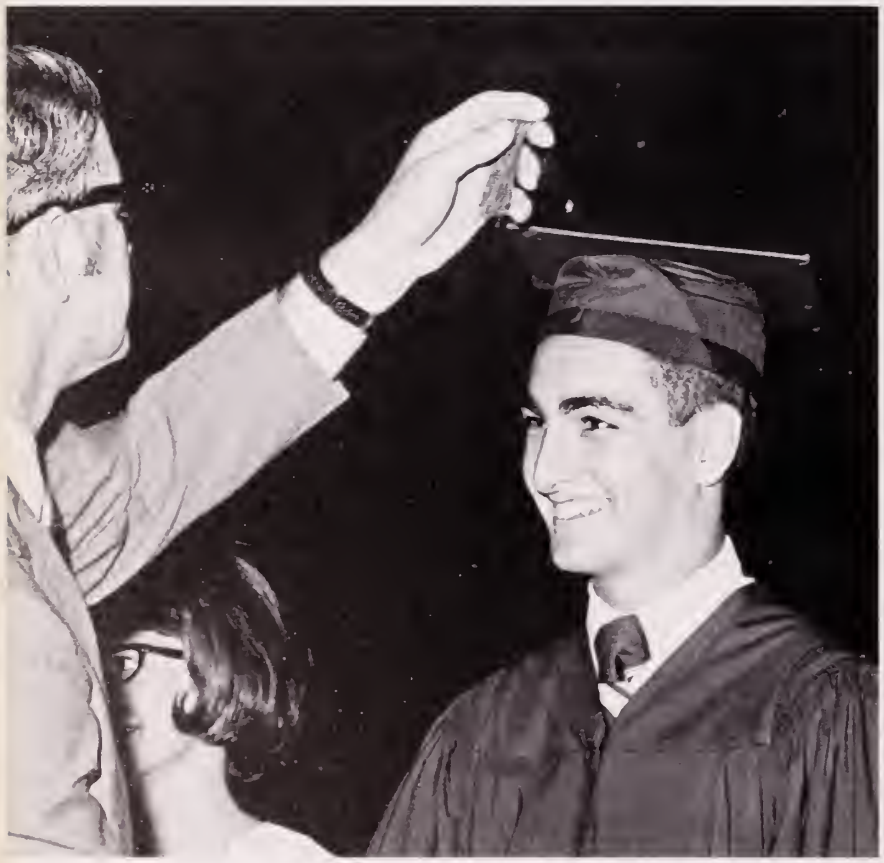
The Reverend Charles C. Buchanan gives the invocation at the Baccalaureate services.

David Butler solemnly leads part of the class into the auditorium.

Tears of Joy

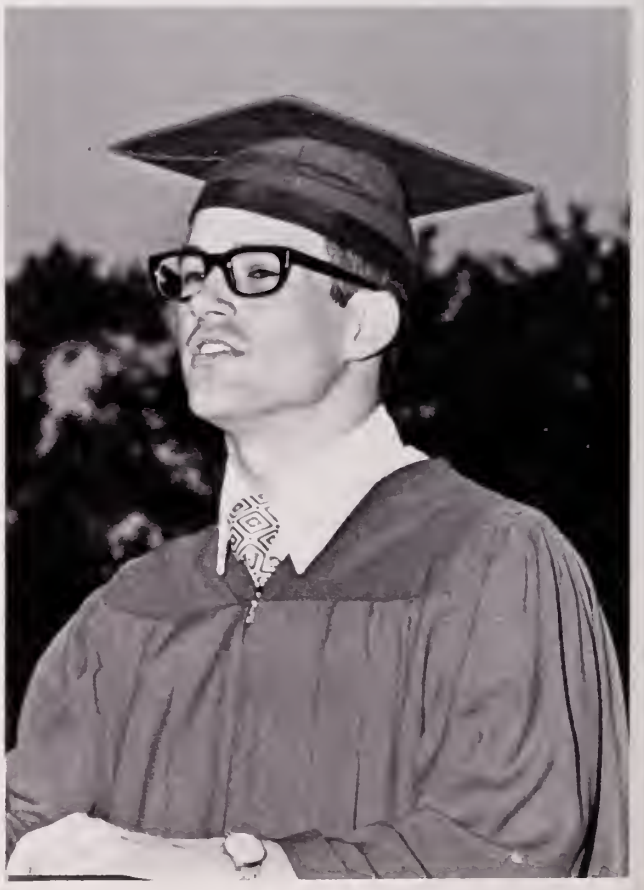
Commencement exercises began promptly at 8:00 in the Cradock High School Stadium on June 9. As the band played "Pomp and Circumstances" the seniors entered as the audience stood. After the invocation by the Reverend Charles Buchanan, the four speakers spoke on the generalized subject of the social problems in today's world. David Butler, salutatorian, spoke on "The Decline of a Mighty Nation"; Robert Neeley on "Social Unrest: Our Responsibility"; Jim Malcolm on "Inside or Outside"; and Valedictorian Linda Wright on "Our Outspoken Generation". Mr. Jenkins presented many important awards such as the Bausch and Lomb Science Award to David Butler, the Balfour Award to Billy Deal, and the Daughters of the American Revolution to Clementine Spellman. The seniors then filed past Mr. Gray to receive their diploomas. After the singing of their class song and the Alma Mater, and the benediction the alumni filed out of the stadium.

Billy Deal accepts the Balfour Award from Assistant Principal Mr. Jenkins.



Jimmy Upton proudly smiles as Mr. Gray flips his tassle signifying his status as an alumnus.

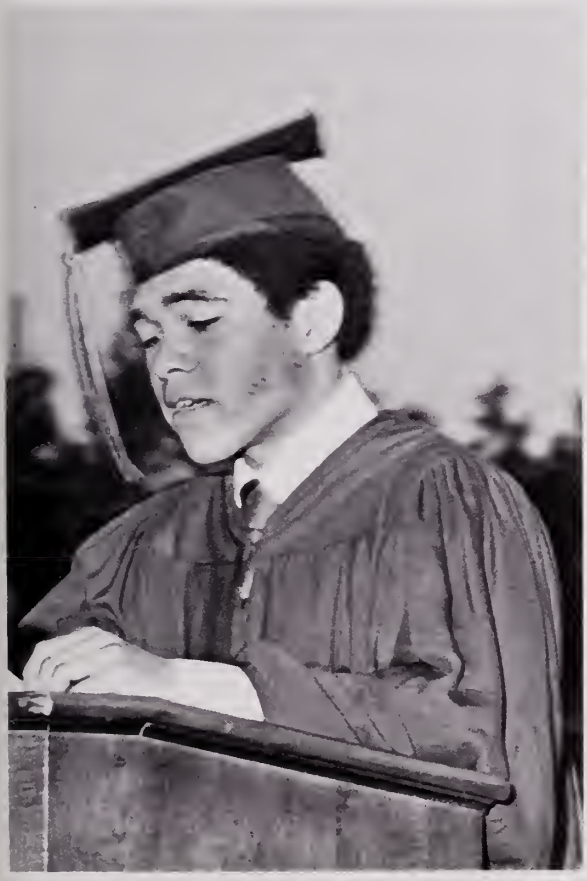
Jim Malcolm delivers his speech on "Inside or Outside."



and Sadness

Salutorian David Butler chose the topic, "The Decline of a Mighty Nation" for his speech.

Linda Wright, Valedictorian, speaks on "Our Outspoken Generation."



"Social Unrest; Our Responsibility" is the topic chosen by Robert Neely.

With the toss of a tassle Mr. Gray launches Linda into a new world.

Billy Deal waits for the signal to proceed into the stadium.

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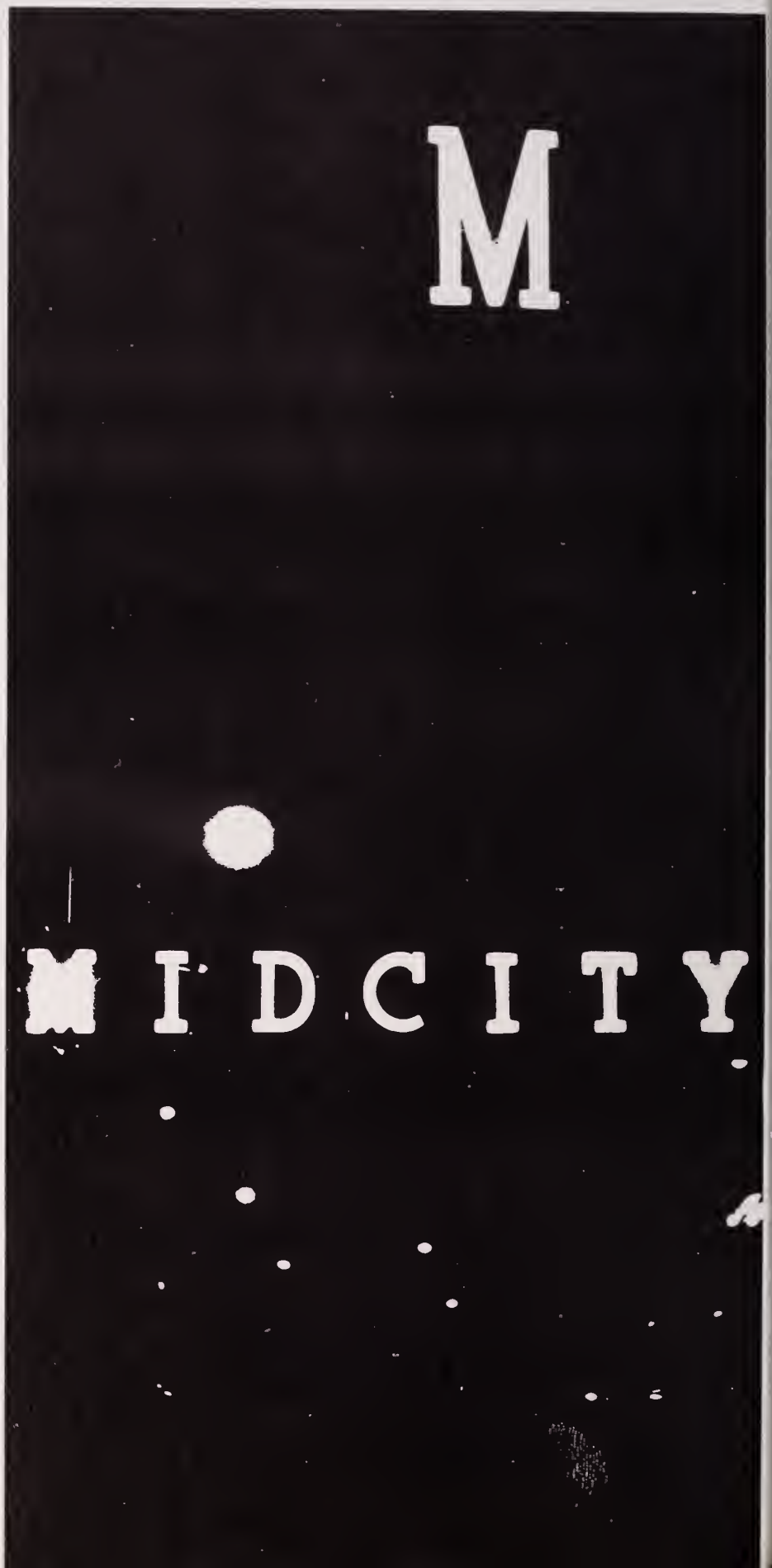

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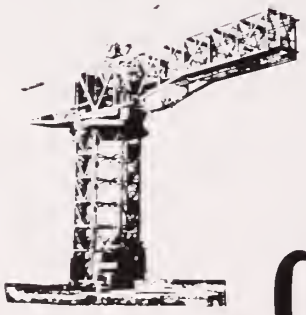

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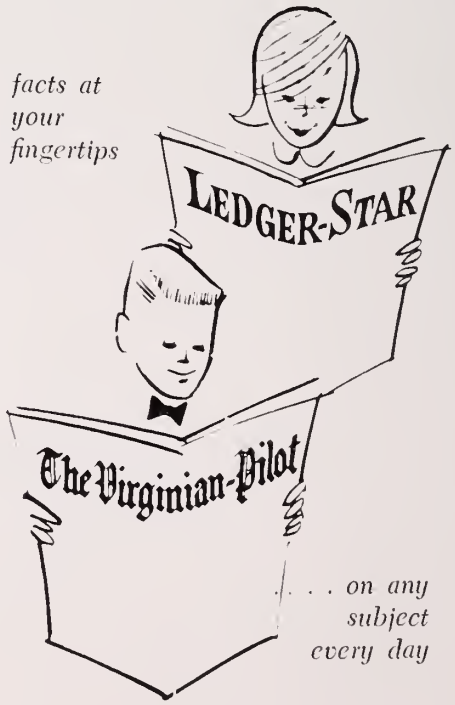

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Epilogue

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away.

. . . Henry David Thoreau

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